



& Community Building Workshops Schedule

Morning Schedule

Registration & Breakfast Snacks

7:15-8:00



Welcome

8:00-8:15



Optional: Texas Woman's School of Occupational Therapy Fieldwork Educator Course

8:15-10:45

Presenter: Shannon Levandowski, OTD, MS, OTR, BCP, SCSS

Abstract: As a Texas Woman's occupational therapy fieldwork educator, your knowledge, supervision and guidance are critical to the success of your students and to the future of occupational therapy (AOTA, 2017). As part of the School's commitment to our fieldwork educators, this course is designed to review basic fieldwork site requirements as well as provide a deepened discussion of more challenging topics, such as student learning styles and accommodations. The demands for the fieldwork educator have increased in the past several years, often a result of both internal (productivity expectations, job role expansions) and external (more OT school development, expanded knowledge base for the entry level therapist) factors (Thomas et al, 2007). This course seeks to provide a comprehensive, yet compact review of fieldwork educator roles and expectations as part of the Texas Woman's School of Occupational Therapy Fieldwork Program.



Concurrent Sessions 1

8:15-9:30

Topic: A Lifespan Approach to Cardiac-Based Diagnoses

Presenter: Stefanie Rogers, OTR, MOT

Abstract: Physical and occupational therapists have defined their rehabilitation niche within the adult acquired heart disease population. Children's Health is currently attempting to define standards of practice for pediatric cardiac rehabilitation through the Pediatric Cardiac Rehab Taskforce. Neither the adult cardiac rehabilitation nor the typical pediatric-based occupational

therapy approach is fully able to recognize the unique needs and challenges this group faces. Implications for clinical practice and lifespan transition in care will be discussed.

Topic: Occupational Therapy's Role in Transition to Adulthood for Individuals with Autism and Related Disabilities

Presenters: Kate Lundgren, OTR, MBA, CST, SIPT; Anna Morgan, OTR

Abstract: This lecture seeks to define occupational therapy's role in transitioning an ever growing population of adolescents with autism and other related disabilities successfully into adulthood. As a large population of adolescents with autism and other disabilities develop into young adults, treatment models often morph from a developmental approach to a rehabilitative approach; however, a rehabilitative model often dismisses the patients need for continuing development of increased independence of life skills. As many facilities define themselves as "pediatric" or "adult" based, are occupational therapy facilities neglecting an important group of patients who need client centered care? This lecture will help to clarify the occupational therapists role in treatment of young adults with Autism and other related disorders.

Topic: The Role of OT and Vision in Concussion Rehabilitation

Presenter: Connie Thomason, OTR, MOT

Abstract: This is a brief overview potential symptoms following a mild traumatic brain injury (concussion). As Occupational Therapists, we can play a vital role in a patient's recovery with our knowledge of environment modifications and our knowledge in the visual system. This presentation will help OTs to isolate appropriate vision screening tests and how to apply treatment techniques to improve patient symptoms with the overall goal of return to learn (school), play, and work. This presentation is more of an overview of the complex nature of the condition of mTBI and will hopefully encourage participants to seek out more extensive courses and training.



Moving Break

9:30-9:45



Knowledge Translation- Current Inquiry for Practice (snacks provided)

9:45-10:45



26th Annual Vanderkooi Endowed Lectureship

10:45-12:30

Topic: "Back to Basics: Supporting the Mental Health of the iGeneration"

Presenter: Susan M. Cahill, PhD, OTR/L, FAOTA

Abstract: Many occupational therapy practitioners, educators, and parents view everyday technology as a means to enhance skill development and equalize the playing field for children and youth. Apps and other forms of technology often serve as the basis for intervention and many rely on the capacity of these new technologies to foster social participation and offset the demands associated with traditional classroom occupations and environments. Though technology has provided many affordances to generations in the past, the iGeneration is particularly at-risk for developing mental health concerns due to technology overuse and over-reliance. More than their predecessors, the iGeneration is in need of occupation-focused interventions designed to support volitional development and effective habit use for living outside of the virtual context. Occupational therapy practitioners have the potential to contribute significant value to contemporary debates about technology use in schools and alter the perspectives that educators and parents hold about the importance of every day, real-world occupations in relation to children's mental health.



Afternoon Schedule

Lunch

12:30-1:30



Concurrent Sessions 2

1:30-2:45

Topic: Spirituality of Caregivers of Children Receiving Occupational Therapy in Early Intervention

Presenter: Linda Barnett, OTR, OTD

Abstract: This presentation will discuss the relevance and need of spirituality of caregivers of children who currently receive occupational therapy through Early Childhood Intervention of North Central Texas. Research supports the importance of incorporating spiritual care into the child's plan of care to attain positive outcomes when resolving crises and to attain optimal health. Caregivers would benefit from occupational therapists in early intervention addressing spiritual needs when completing the occupational profile and developing the individual family service plan, thus advancing the practice of occupational therapy. Results of a study on caregiver perception of having spiritual needs addressed will be shared, with implications for practice.

Topic: Introduction to Telehealth and Application to Occupational Therapy Practice Settings

Presenter: Jamie Hurst, OTR, MOT

Abstract: Telehealth is currently a recognized method for providing occupational therapy services in America. In this course, the presenter will discuss license and ethical standards required for performing treatment using telehealth services. The presentation will review all current technology and devices used for providing telehealth services, across professions and identify the most appropriate devices for providing occupational therapy services in a variety of settings. In a summary of the information, the presenter will also explore the potential benefits and challenges of using telehealth as a method of providing occupational therapy services.

Topic: Seating and Positioning: A Guided Case Study

Presenters: Thomas Halka, OTR, ATP; Alan Phillips OTR, ATP/SMS

Abstract: The purpose of this presentation is to discuss and identify important aspects of a seating evaluation along with wheelchair and cushion selection. The presentation will be centered around a case study with a focus on mat evaluations, rule out/in appropriate mobility devices and accessories, and emerging technologies available. At the end of this presentation the participant will be able to: identify the process of selecting the appropriate wheelchair and accessories; understand the benefits of a mat evaluation; discuss emerging technologies for complex rehab wheelchair users.



Snack Break

2:45-3:00



Concurrent Sessions 3

3:00-4:15

Topic: Visual-Perceptual-Motor Skills, Sensory Processing Behaviors, and Handwriting in School-Age Children with Autism

Presenter: Brynn Neason, OTR, MS

Abstract: Children with Autism Spectrum Disorder (ASD) have been shown to have challenges with visual-perceptual-motor (VPM) skills and sensory processing skills which impact their ability to successfully participate in everyday occupations. Handwriting is utilized throughout the school day and its legibility is impacted by fine motor skills, visual motor skills and kinesthesia. This presentation will include results of a study comparing typical and children with ASD in 1st to 4th grade using the Beery VMI-6, Test of Handwriting Skills-Revised (THS-R), and Sensory Profile-2 (parents). Results of the study and implications for practice will be discussed.

Topic: Ethical Issues in the Delivery of Itinerant Care

Presenter: Belinda Williams, OTR

Abstract: Protecting your license and right to command one's full scope of practice while observing regulatory and payer demands has become more complex over the last decade. This is especially true in autonomous settings such as school based care, home health, early intervention and solo contract arrangements. We will review the short list of best practices in making autonomous practice decisions that are likely to promote your personal career as well as the OT profession long term.

Topic: Total Worker Health - Employee Engagement through Well-Being Activities

Presenter: Heather McBride, OTR

Abstract: Total Worker Health® is defined as policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness prevention efforts to advance worker well-being. (NIOSH, 2016). This NIOSH program and its framework will be explained and how occupational therapists can partner with employers to provide a supportive work environment. Using this framework along with occupation-based teachings can help therapists promote a healthy worker well-being to include reducing the risk for injuries, promoting positive mental health and productivity. One occupational therapist employed at a multi-site manufacturer will share how an employer-sponsored well-being steering team was used to engage employees in the workplace and create access to employee well-being resources.

Topic: Treating and Assessing Functional Cognition for Clients with Acquired Brain Injuries

Presenter: Camille Ko, MOT, OTR, CBIS

Abstract: This presentation will discuss the definition of functional cognition and how it can be impacted by an acquired brain injury. We will explore current research on assessments and treatments related to cognition from an occupational therapy perspective.



Shaping Practice through Education and Research

4:15-5:00



Alumni Gathering

6:00-8:00