

**Texas Woman's University
Suggested Degree Plan for**

**B.S. in Nutrition: Emphasis in Nutrition Sciences
Department of Nutrition and Food Sciences**

First Year at Texas Woman's University

	Hours		Hours
ENG 1013 Composition and Literature	3	ENG 1023 Composition and Literature	3
HIST 1013 History of U.S. (1492-1865)	3	HIST 1023 History of U.S. (1865-Present)	3
NFS 1302, 1301 Food Prep & Principles & Lab	3	GOVT 2013 U.S. National Government	3
CSCI 1403 First Course in Computing	3	MATH 1013 Quantitative Literacy	3
Visual or Performing Arts (from approved list) ¹	3	PSY 1013 Introduction to Psychology	3
	15		15

Second Year at Texas Woman's University

	Hours		Hours
CHEM 1113, 1111 Chem Principles I + Lab	4	CHEM 1123, 1121 Chem Principles II + Lab	4
ZOOL 2013, 2011 Human Anatomy & Physiology + Lab	4	NFS 2323 Introduction to Nutrition	3
MATH 2014 Introductory Calculus I	3	ZOOL 2023, 2021 Human Anatomy & Physiology + Lab	4
PHYS 1133, 1131 Principles of Physics I + Lab	4	GOVT 2023 Texas Government	3
	15		14

Third Year at Texas Woman's University

	Hours		Hours
CHEM 2213, 2211 Organic Chem I + Lab	4	CHEM 3223, 3221 Organic Chem II + Lab	4
NFS 3033 Nutrition Through the Life Cycle	3	NFS 3323, 3321 Food Science + Lab	4
SPCH 1013 Oral Communication	3	ZOOL 4243, 4241 Mammalian Physiology + Lab	4
Multicultural Women's Studies (from approved list) ¹	3	NFS 3063 Ecology of Food & Nutrition (Global Pers) ²	3
Humanities (from approved list) ¹	3		
	16		15

Fourth Year at Texas Woman's University

	Hours		Hours
CHEM 3643 Metabolic Biochemistry	3	NFS 4601 Literature in NFS Seminar	1
NFS 2033, 2031 Food Microbiology + Lab	4	NFS 4983 Research in NFS	3
NFS 3043 Community Nutrition	3	NFS 3103, 3101 Advanced Nutrition + Lab	4
NFS 3173 Culture & Food (Global Pers) ²	3	NFS 4943 Trends & Controversies in Nutrition & Food Sciences	3
Elective	3	Elective (Global Pers) ²	3
	16		14

1. Approved list of core courses in each component available at: <http://www.twu.edu/academic-affairs/core-curriculum.asp>

2. Approved list of Global Perspective courses available at: <http://www.twu.edu/academic-affairs/global-perspectives-courses.asp>

Total hours of NFS courses 37

Total all hours for degree 120

- Computer literacy competency included
- Oral Communication competency included
- Degree Plan and Course Rotation Attached