

Texas Woman's University
Fall 2011 – Summer 2012 Suggested Sequence of Courses for
B.S. in Kinesiology, Exercise Science/Pre-PT - Department: Kinesiology
First Year at Texas Woman's University

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	MATH 1303 Elementary Analysis I	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assess. or KINS 1902/1901 Fitness and Health	3	KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment or KINS 1902/1901 Fitness and Health	3
ZOOL 2013/2011 Anatomy & Physiology I	4	ZOOL 2023/2021 Anatomy & Physiology II	4
CHEM 1013/1011 Introductory Chemistry or 1113/1111 Chemical Principles I	4	CHEM 1023/1021 Intro to Organ/Phys Chem or 1123/1121 Chemical Principles II	4
Total Hours	17	Total Hours	17

Second Year at Texas Woman's University

Hours		Hours	
HIST 1013 U.S. History 1492-1865	3	HIST 1023 U.S. History 1865-present	3
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4
GOV 2013 U.S. Gov't or MATH 1313 Analysis II	3	PSY 1013 Intro Psy	3
NFS 2323 Intro to Nutrition	3	GOV 2013 U.S. Gov't or Math 1313 Analy II	3
KINS 1573 Evolving Discipline or KINS 1583* Foundations of Assessment or KINS 1902/1901 Fitness and Health	3	KINS 3592/3591 Kines & Biomechanics or 3602/3601 Physiology of Exercise	3
KINS 1581 Fitness through Selected Activities	1		
Total Hours	17	Total Hours	16

Third Year at Texas Woman's University

Hours		Hours	
KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities; upper div)	3	KINS Upper Division Elective	3
KINS Upper Division Elective	3	KINS 2622/2621 APE Serv Delivery/Lab or Eng, Phil, Lang (Humanities; upper div)	3
KINS 3592/3591 Kines & Biomechanics or KINS 3602/3601 Physiology of Exercise	3	KINS Technique Course or KINS 3701 Practicum Sr Adult Fitness	1
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exer Test/Prescrip.	3
PSY 1603 or PSY 2513	3	PHYS 1143/1141 Principles of Physics II	4
KINS Technique Course or KINS 3701 Practicum Sr Adult Fitness	1	or BIOL 1123/1121 Principles of Biol II	
		MATH 1703 or PSY 2303 Applied Statistics	3
Total Hours	17	Total Hours	17

Fourth Year at Texas Woman's University

Hours		Hours	
KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exercise Test/Prescrip.	3	KINS 4933 Cardiac Rehab. Internship	3
KINS 4573 Motor Learning/Development	3	KINS 4943 Corporate Fitness Internship	3
KINS 4593 Measurement/Eval in Kinesiology	3		
GOV 2023 Texas Gov't	3		
Vis/Perf Art (Upper div; Global)	3		
WS 2013 (Global; Multi/Woman's Studies Core)	3		
Total Hours	18	Total Hours	6

Total hours for major courses: 45

Total hours for minor (if used) courses: NA

Total all hours for degree: 125

pass test Computer literacy competency

x Oral Communication competency *KINS 1573,1583

x Degree Plan and Course Rotation Attached

[June 2011 TAS & JLD]