

CURRICULUM VITAE

Nicole Patrice Borman, PT, PhD(C)
June 2011

Texas Woman's University
School of Physical Therapy
8194 Walnut Hill Lane
Dallas, Texas 75231
214-706-2468

Education *(Post high school, from most recent to earliest, institution, location, duration of study of study, field of study, degree received)*

Texas Woman's University	Dallas Texas	PhD(C) Physical Therapy,	2004-Present
Texas Woman's University	Dallas Texas	MS Physical Therapy,	1999-2003
University of New Mexico	Albuquerque NM	BS Physical Therapy,	1990-1993
United States Air Force Academy	Colorado Springs, CO	BS Engineering,	1979-1983

Licensure Information/Registration Number:

Physical Therapy License: TX #1088508

Certifications:

OCS, American Board of Physical Therapy Specialties, 2007-present
NSCA Certified Strength and Conditioning Specialist (CSCS), 2004-present
APTA Credentialed Clinical Instructor, 2003
Basic Clinical Instructor (Texas Consortium for Physical Therapy Clinical Education, Inc.), 2001

Employment and Positions Held: *(From most recent to earliest, including title/position, faculty rank, tenure status or other institutional status, institution, location, duration (from-to))*

Contract Physical Therapist (PRN)	Pitman Creek Physical Therapy Plano, TX	2006–present
Contract Physical Therapist (PRN),	Vista Rehab Partners Las Colinas Physical Therapy Irving, TX	2008–present
	Allen Sports & Spine Care Allen, TX	
	Vista Rehab of Mesquite	

	Mesquite, TX	
	Sports Care & Rehabilitation Plano, TX	
Competency Laboratory Coordinator	Texas Woman's University Supplemental Learning Laboratory (SLL) School of Physical Therapy (Part-time →full-time). Dallas, Texas	1999–present
Graduate Research – Associate	The Cooper Institute, Sports Medicine Dallas, TX.	2007-2008
Graduate Research Assistant	Health Promotion and Research Center	1999-2002
Contract Physical Therapist (PRN)	Advanced Spine and Dallas, TX	2004–2008
Staff Physical Therapist	Presbyterian Hospital of Dallas Dallas, TX	2002–2004
Staff Physical Therapist Clinical Director	TheraSport of Plano Plano, TX	1999–2000
Staff Physical Therapist	Medical City Dallas Hospital Dallas, TX	1997–1998
Staff Physical Therapist Interim Clinical Director	Physiotherapy Associates Mesquite Q Sports Club Mesquite, TX	1996-1997
Staff Physical Therapist	NovaCare Outpatient Rehabilitation Division Dallas, Texas	1995–1996
Staff Physical Therapist	Presbyterian Hospital of Dallas Dallas, TX	1994–1996
Staff Physical Therapist	Summit Health Institute Mesquite, TX	1993
Scientific Analyst	United States Air Force Wright-Patterson AFB, OH and Kirtland AFB, NM	1983–1990

Peer Reviewed Publications: (from the most recent to the earliest {include those accepted for publication but not yet published but indicates as such). Include papers in journals A-V materials published monographs chapters in books and books; provide full bibliographic citation.)

Borman NP, Trudelle-Jackson E, Smith SS. Effect of stretch positions on hamstring muscle length, lumbar flexion range of motion and lumbar curvature in healthy adults. *Physiotherapy Theory & Pract* 2010 Aug 8 [Epub ahead of print] PMID:20690869.

Trudelle-Jackson E, Fleisher LA, Borman NP, Morrow JR, Frierson GM. Lumbar spine flexion and extension extremes of motion in women of different age and racial groups. *Spine*, Year? 35(16), 1539-1544.

Peer Reviewed Scientific and Professional Presentations: (from the most recent to the earliest include: presenter(s) title occasion and date)

Medley S, Borman N. Building physical therapy competence: supplemental learning laboratory. *APTA Annual Conference Meeting 2010; Boston, MA.*

Fleisher L, Borman N, Frierson G, Morrow JR, Trudelle-Jackson E. Reliability and validity of lumbar range of motion measurements using a single electronic goniometer in women. *APTA Combined Sections Meeting, 2009; Las Vegas, NV.*

Borman N, Trudelle-Jackson E, Dacus B, Saad D. Effects of an individualized exercise program on post-menopausal women with low bone mass. *APTA Combined Sections Meeting, 2007; Boston, MA.*

Dacus B, Saad D, Borman N, Trudelle-Jackson E. Effects of an individualized exercise program on post-menopausal women with low bone mass. *TPTA Annual Conference Meeting, 2006; Ft. Worth, TX.*

Borman NP, Smith SS. Effect of Position of Stretch on Hamstring Length, Lumbar Active Range of Motion and Lumbar Curvature. *APTA Combined Sections Meeting, 2004; Nashville, TN.*

Abstracts: (from the most recent to the earliest; provide full bibliographic citation)

Trudelle-Jackson E., Morrow JR, Jr., Fleisher L.A, Borman NP, & Frierson GM (2009). Lumbar spine flexion and extension extremes of motion in women of different age and racial groups. *Medicine and Science in Sports and Exercise*, 41(5), Suppl. S459.

Membership in Scientific/Professional Organizations: *(Include positions held)*

American Physical Therapy Association (APTA)
Orthopaedic Section
Sports Section
Education Section

Texas Physical Therapy Association (TPTA)
National Strength and Conditioning Association (NSCA)
American College of Sports Medicine

Reviewer for Texas Physical Therapy Association Continuing Education for General,
Orthopedic and Geriatric 2009-present

Community Service: *(Include title or nature (note if chairmanship is held) agency, duration (from - to --))*

Guest speaking engagements

September 2003 Presentation to Cross Country Club of Dallas Running Club, "Are
You Hamstrung? – General Stretching Techniques for Runners.
Dallas, TX

May 2008- present Habitat for Humanity Project, Irving, TX

Services to the University/College/School on Committees/Councils/Commissions:
(Cite memberships and chairmanships, and include university-wide, school, other schools in the university, department, and dates)

Post -Professional Curriculum Committee 2004-present

DPT Curriculum Musculoskeletal Sub-Committee 2004-2005
DPT Curriculum Therapeutic Exercise

Guest Speaker TWU Nursing – nurse practitioner lecture and lab on Fall 2010
evidence-based practice, differential diagnosis and physical
examination for common musculoskeletal diagnoses of the lower quarter

Guest speaker TWU Nursing program lecture and lab for differential Summer 2009
diagnosis and physical examination for diagnoses of shoulder,
knee and low back), Parkland Campus, Dallas, TX

Guest speaker for TWU Nurse practitioner musculoskeletal lecture and Fall 2008
lab for extremities (shoulder, knee & ankle/foot diagnoses),
Parkland Campus, Dallas, TX

Honors and Awards: *(Include title or nature, awarding agency, date)*

Who's Who Among Students in American Universities and Colleges 2010
Pioneer Proud Staff Award 2004

Continuing Education Attended: *(List only courses taken within the last 5 years that are specifically related to responsibilities in the entry level program)*

- 2010 Ethical Considerations for PTs, Irving, TX
TWU School of Physical Therapy- Dallas Research Day 2010
2010 American Physical Therapy Association (APTA) Annual Conference and Exposition, Boston, MA
Concentrated Education Series: Academic Teaching, APTA Annual Conference, Boston, MA
- 2009 TWU School of Physical Therapy- Dallas Research Day 2009
2009 APTA Combined Sections Meeting; Las Vegas, NV
Bone Estrogen Strength Training (BEST) exercise program for osteoporosis prevention, Correspondence
Ethics, web-based, Texas Physical Therapy Association, Austin, TX
Balance Training: A Program for Improving Balance in Older Adults, Correspondence, Tucson, AZ
- 2008 2008 Combined Sections Meeting of the American Physical Therapy Association, Nashville, TN
Core Conditioning Exercises, National Strength and Conditioning Association, Correspondence
Online: APTA Professionalism Module 1-Introduction to Professionalism
Online: APTA Professionalism Module 2-History of Professionalism
Online: APTA Professionalism Module 3-Ethical Compass
Physical Therapy Journal: Neuroimaging and Rehabilitation Series
Ethics, Dallas, TX
- 2007 TWU School of Physical Therapy Research Day-Dallas 2007
2007 APTA Combined Sections Meeting, Boston, MA
Ethical Decision-Making in Physical Therapy, Dallas, TX
- 2006 Ethics in Physical Therapy, Dallas, TX
TWU School of Physical Therapy – Dallas Research Day 2006
ISC 16.2 Current Concepts of Orthopaedic Therapy, Independent Study Course, APTA Orthopedics Section

Current Teaching Responsibilities in the Entry Level Program: *(In sequence, by term, do not include courses taught at other institutions)*

Semester 1

- PT 5014 Clinical Management in Internal Medicine – PRN assist with lab set-up
PT 5015 Gross Human Anatomy – PRN assist with lab set-up
PT 5072 Developmental Concepts: Adolescence to Geriatrics – Serve as lab assistant for content in 4 labs/semester
PT 5221 Exercise Testing and Prescription in PT – Serve as lab assistant for content in 4-5 labs/semester
PT 5811 Introduction to PT Skills – Serve as lab assistant for content in 3-4 labs/semester and test students on 2 practical exams

Semester 2

- PT 5033 Medical Kinesiology – Serve as lab assistant for content in most labs/semester and test students on practical or checkout exams
- PT 5303 Examination, Evaluation, and Outcomes – Serve as lab assistant for content in most labs/semester and test students on 2 practical and 2 checkout exams

Semester 3

- PT 5313 Therapeutic Exercise & Intervention I – Serve as lab assistant for content in most labs/semester and test students on 3-4 checkout exams
- PT 6002 Primary Care in Physical Therapy – Serve as lab assistant for content in all labs/semester and test students on 1 practical and 2 checkout exams
- PT 6383 Cardiopulmonary Physical Therapy – Serve as lab assistant for content in most labs/semester and test students on practical and checkout exams

Semester 4

- PT 5402 Therapeutic Exercise & Intervention II – Serve as lab assistant for content in most labs/semester and test students on 3-4 checkout exams
- PT 5933 Clinical Experience I – Make clinic visits for 1-3 students
- PT 6323 Neuromuscular Physical Therapy I – Serve as lab assistant for content in most labs/semester and test students on practical exams
- PT 6363 Musculoskeletal Physical Therapy: Lower Quadrant – Serve as lab assistant for content in most labs/semester and test students on 2 practicals and 2 checkout exams

Semester 5

- PT 6122 Prostheses, Orthoses, Advanced Gait – PRN assist with lab set-up
- PT 6343 Neuromuscular Physical Therapy II – Serve as lab assistant for content in most labs/semester and test students on practical exams
- PT 6343 – PRN assist with lab set-up
- PT 6373 Musculoskeletal Physical Therapy: Upper Quadrant – Serve as lab assistant for content in most labs/semester and test students on 2 practicals and 2 or 3 checkouts

Semester 6

- PT 6142 – Health Promotion & Wellness I – PRN assist with lab set-up
- PT 6402 Clinical Experience II – Make clinic visits for 1-3 students

Semester 7

- PT 6152 – Health Promotion & Wellness II – PRN assist with lab set-up
- PT 6161 Therapeutic Exercise & Intervention III – PRN assist with lab set-up
- PT 6414 Clinical Experience III – Make clinic visits for 1-3 students

Semester 8

- PT 6416 Clinical Internship – Make clinic visits for 1-3 students