

Texas Woman's University
Suggested Degree Plan for
B.S. in Nutrition
Department: Nutrition and Food Sciences

First Year at Texas Woman's University

Hours		Hours	
ENG 1013 Composition & Literature	3	ENG 1023 Composition & Literature	3
HIST 1013 History of U.S., 1492-1865	3	HIST 1023 History of U.S., 1865-Present	3
NFS 1302,1301 Food Prep Principles & Lab	3	CHEM 1123,1121 Chem Principles II	4
CHEM 1113,1111 Chem Principles I & Lab	4	& Lab	
Social/Behavioral Science (core course)	3	NFS 2323 Intro to Nutrition	3
		Global Perspectives Course	3
Total Hours	16	Total Hours	16

Second Year at Texas Woman's University

Hours		Hours	
GOV 2013 U.S. National Government	3	GOV 2023 Texas Government	3
Humanities (core course)	3	ZOOL 2043, 2041 Human Anatomy &	4
MATH 1013 Quantitative Literacy	3	Lab	
SPCH 1013 Oral Communication	3	PHYS 1133,1131 Principles of Physics	4
Multicultural Women's Studies (core)	3	& Lab	
		Visual or Performing Arts (core course)	3
Total Hours	15	Total Hours	14

Third Year at Texas Woman's University

Hours		Hours	
CHEM 2213,2211 Organic Chem I & Lab	4	CHEM 3323,3221 Organic Chem II &	4
NFS 3033 Nutrition throughout Life Cycle	3	Lab	
*NFS 3043 Community Nutrition	3	*NFS 3063 Ecology of Food or	3
or NFS Elective		NFS Elective	
MATH 2014 Intro to Calculus	4	NFS 3323,3321 Food Science & Lab	4
NFS Elective	3	CSCI 1403 – First Course in Computing	3
Total Hours	17	Total Hours	14

Fourth Year at Texas Woman's University

Hours		Hours	
CHEM 3643 Biochemistry	3	NFS 3103,3101 Advanced Nutrition & Lab	4
NFS 4601 Literature in NFS Seminar	1	NFS 4983 Research in NFS	3
ZOOL 4243,4241 Mammalian Physiology	4	Electives	6
Elective	3		
Global Perspectives Course	3		
Total Hours	15	Total Hours	13

*Students required to complete NFS 3043 or NFS 3063 plus 6 additional hours of NFS electives

**Global perspectives graduation requirement: Six (6) hours from core or major credit hours.

Approved list of core courses in each component available at:

<http://www.twu.edu/academicaffairs/coreCurriculum.htm>

Total hours for major courses: 30

Total hours for minor (if used) courses:

Total all hours for degree: 120

 X Computer literacy competency included

 X Oral Communication competency included

 X Degree Plan and Course Rotation Attached

Updated 07/07