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## **CURRICULUM VITA**

### **EDUCATION**

PhD (1989), Nutrition w/emphasis in Institutional Administration, University of Nebraska, Lincoln, NE

BS (1978), Elementary Education, Peru State College, Peru, NE

MS (1968), Home Management, Equipment and Family Economics w/minor in Finance, University of Tennessee, Knoxville, TN

BS (1957), Vocational Home Economics, University of Nebraska, Lincoln, NE

### **RESEARCH INTERESTS**

Dr. Bednar's research has focused on food systems administration, food safety and nutrition education, and school nutrition.

### **SELECTED PUBLICATIONS**

Kihato, M.W., & Bednar, C. (2007). Student perceptions of components of online food and nutrition courses: Impact of age and enrollment status. *International Journal of Educational Research*. (In press).

Bednar, C.M., Kwon, J., & Kennon, L.R. (2007). Assessment of food safety education needs of low income families. *Texas Association of Family & Consumer Sciences Research Journal*. (In press).

Bednar, C. (2005). Mexican/American exchange for cross-cultural nutrition education. American Dietetic Association Foundation. Available at:  
<http://webdietitians.org/public/7772.cfm>

Kennon, L.R., & Bednar, C.M. (2005). Analysis of food safety in the distribution system of home delivered meals in Texas. *Texas Association of Family and Consumer Sciences Research Journal*, 1 (10), 41-43.

Kihato, M., & Bednar, C. (2005). Usefulness of instructional components, communication methods and evaluation methods of online food and nutrition courses. *Texas Association of Family and Consumer Sciences Research Journal*, 1 (10): 51-52.

Connors, P., & Bednar, C. (2002). Promoting a calcium initiative in school cafeterias. *Journal of Child Nutrition and Management*, (2). Available at: [www.asfsa.org/childnutrition/jcnm](http://www.asfsa.org/childnutrition/jcnm)

Bednar, C.M., & Edwards, M.L. (2002). Consumer attitudes and preferences concerning peanuts and peanut products. *Texas Association of Family and Consumer Sciences Research Journal*, 1, 16-18.

Heetderks-Cox, J.E., Alford, B.B., Bednar, C.M., Heiss, C.J., Tauai, L.A., & Edgren, K.K. (2001). CD-ROM nutrient analysis database assists self-monitoring behavior of active duty Air Force personnel receiving nutrition counseling for weight loss. *Journal of the American Dietetic Association*, 101, 1041-1046.

Pangan, T., & Bednar, C. (2001). Dietitian business Web sites: A survey of their profitability and how you can make yours profitable. *Journal of the American Dietetic Association*, 101, 399-402.

Connors, P.L., Bednar, C.M., & Klammer, S. (2001). Cafeteria factors that influence milk-drinking behaviors of elementary school children: Grounded theory approach. *Journal of Nutrition Education*, 33, (1), 31-36.

Connors, P., Bednar, C., Imrhan, V., & Narins, D. (1999). Milk use and handling in elementary school child nutrition program. *Journal of Child Nutrition and Management*, 23 (2),96-100.

Yoon, H.R., Bednar, C., Czajka-Narins, D., & King, C.C. (1999). Effect of preparation methods on total fat content, moisture content and sensory characteristics of breaded chicken nuggets and beef steak fingers. *Family and Consumer Sciences Research Journal*, 28 (1),18-27.

Connors, P., Bednar, C., Imrhan, V., & Narins, D. (1999). Use of HACCP to determine milk handling practices in public elementary schools results in HACCP model development. *Journal of Child Nutrition and Management*, 23 (2),101-105.

Kennon, L.R., & Bednar, C. (1998). Improving senior health through food safety education. *A 5-Year Retrospective of the Massachusetts Avenue Building Assets Grants Program, 1992-1996*. Washington, DC: American Association of Family and Consumer Sciences.

Kennon, L., Bednar, C., Czajka-Narins, D., & Alford, B. (1998). A HACCP model for a home delivered meal system. *Texas Association of Family & Consumer Sciences Research Journal*, 1, 25-27.

Scott, M., Bednar, C., Czajka-Narins, D., & Alford, B. (1997). Nutrient analysis of menus in Texas long-term care facilities. *Journal of the Texas State Nutrition Council*, 6-9.