

**Texas Woman's University**  
**Department of Nutrition and Food Sciences**  
**M.S. in Nutrition**

**Coursework Option**

**Group I – Required Core Courses:** (11 hours)

NFS 5314 Human Nutrition and Metabolism\*

NFS 5363 Human Nutrition and Disease

1 hour seminar

3 hours statistics or research design

\*Students must earn a "B" or better in this core course

**Group II – Additional courses in major to be selected from the following:** (17-18 hours)

NFS 5033 Eating Disorders and Eating Behaviors

NFS 5043 Vegetarianism

NFS 5343 Advanced Nutrition Care

NFS 5433 Women's Health

NFS 5453 Nutrition Education

NFS 5473 Advanced Preventive Nutrition

NFS 5585 Nutrition and Exercise

NFS 5623 Nutraceuticals and Dietary Supplements

NFS 5723 Nutrition and Metabolic Syndrome

NFS 5893 Nutritional Epidemiology

NFS 5901 or NFS 5903 Special Topics

6000 level courses offered in Nutrition with approval of advisory committee and permission of the instructor

Note: A maximum of 6 credit hours for internship experience, independent study, or cooperative education is permitted in this option. Research hours are not permitted.

**Group III – Additional coursework:** (13-14 hours)

Coursework to be selected from additional courses above, other NFS program areas (Food Systems Management or Food Science), coursework from another department, or coursework transferred from another institution (up to 3 hrs) with approval of the advisory committee.

**Total Program Hours: Minimum 42 hours**

**Written comprehensive examination:**

A written comprehensive examination based on formal coursework is required and can be taken after satisfactory completion of 21 graduate credit hours including the required core courses. Students must satisfactorily pass the written examination with a score of 70% or better, and it can be taken more than once. The examination will be offered only one time each semester.

**Minor:**

A minor of 9 graduate credit hours in an area of emphasis can be achieved within the total number of program hours or by taking additional coursework. If a minor is declared, a faculty member in that minor area of study must serve on the academic committee.