

Texas Woman's University
Department of Nutrition and Food Sciences
Department of Kinesiology
M.S. in Exercise and Sports Nutrition

Coursework Option

Group I - Required Core Courses: (13 hours)

NFS 5314 Human Nutrition and Metabolism*
NFS 5363 Human Nutrition and Disease
KINS 5023 Methods of Research
KINS 5033 Applied Statistics

*Students must earn a "B" or better in this core course

Group II - Additional Required Courses: (15 hours)

KINS 5553 Advanced Exercise Physiology
KINS 5613 Cardiovascular Response to Exercise
KINS 5683 Exercise Evaluation & Prescription
NFS 5583 Nutrition and Exercise
NFS 5681 Practicum in Exercise and Sports Nutrition*

*Students must take NFS 5681 three times in different semesters

Group III – Electives: (18 hours)

Students should select at least two courses from Department of Kinesiology and at least two courses from Department of Nutrition and Food Sciences. Graduate elective courses will be chosen that complement the student's goals and meet the approval of the student's graduate advisory committee.

Total Program Hours: Minimum 43 hours

Written comprehensive examination:

A written comprehensive examination based on formal coursework is required and can be taken after satisfactory completion of 21 graduate credit hours including the required core courses. Students must satisfactorily pass the written examination with a score of 70% or better, and it can be taken more than once. The examination will be offered only one time each semester.

Minor:

A minor of 9 graduate credit hours in an area of emphasis can be achieved within the total number of program hours or by taking additional coursework. If a minor is declared, a faculty member in that minor area of study must serve on the academic committee.