

**Texas Woman's University  
Suggested Degree Plan for**

**B.S. in Nutrition: Emphasis in Dietetics  
Department of Nutrition and Food Sciences**

**First Year at Texas Woman's University**

	Hours		Hours
ENG 1013 Composition and Literature	3	ENG 1023 Composition and Literature	3
HIST 1013 History of U.S. (1492-1865)	3	HIST 1023 History of U.S. (1865-Present)	3
NFS 1302, 1301 Food Prep & Principles & Lab	3	GOVT 2013 U.S. National Government	3
CSCI 1403 First Course in Computing	3	MATH 1013 Quantitative Literacy	3
Visual or Performing Arts (from approved list) <sup>1</sup>	3	PSY 1013 Introduction to Psychology	3
	<b>15</b>		<b>15</b>

**Second Year at Texas Woman's University**

	Hours		Hours
CHEM 1013, 1011 General Chemistry + Lab	4	NFS 2323 Introduction to Nutrition	3
SPCH 1013 Oral Communication	3	GOVT 2023 Texas Government	3
NFS 2033, 2031 Food Microbiology + Lab	4	CHEM 1023, 1021 Organic Chemistry + Lab	4
Multicultural Women's Studies (from approved list) <sup>1</sup>	3	MATH 1703 Statistics	3
Humanities (from approved list) <sup>1</sup>	3	ZOOL 2033, 2031 Anatomy & Physiology + Lab	4
	<b>17</b>		<b>17</b>

**Third Year at Texas Woman's University**

	Hours		Hours
NFS 3033 Nutrition Through the Life Cycle	3	NFS 3103, 3101 Advanced Nutrition + Lab	4
NFS 3043 Community Nutrition	3	NFS 3713, 3722 Quantity Foods + Lab	5
BUS 3003 Principles of Management	3	NFS 3173 Culture & Food (Global Pers) <sup>2</sup>	3
NFS 3083 Bionutrition	3		
Elective (Global Pers) <sup>2</sup>	3		
	<b>15</b>		<b>12</b>

**Fourth Year at Texas Woman's University**

	Hours		Hours
NFS 3323, 3321 Food Science + Lab	4	NFS 4113 Medical Nutrition Therapy II	3
NFS 4103 Medical Nutrition Therapy I	3	NFS 4473 Nutr Therapy & Education Methods	3
NFS 4701 Dietetics as a Profession	1	NFS 4601 Literature in NFS Seminar	1
NFS 4744 Prin of Food Service Systems	4	Electives	7
Elective	3		
	<b>15</b>		<b>14</b>

1. Approved list of core courses in each component available at: <http://www.twu.edu/academic-affairs/core-curriculum.asp>

2. Approved list of Global Perspective courses available at: <http://www.twu.edu/academic-affairs/global-perspectives-courses.asp>

Total hours of NFS courses 50

Total all hours for degree 120

Computer literacy competency included

Oral Communication competency included

Degree Plan and Course Rotation Attached