

CURRICULUM VITAE

Martha L. Rew, MS, RD/ LD

October 2009

Education

M.S.	1972	Home Economics (Foods and Nutrition) Louisiana State University
B.S.	1971	Home Economics Education University of Southwestern Louisiana

Certifications

Certificate of Training in Adult Weight Management, 2002
Licensed Dietitian, State of Texas, 1988 to present
Registered Dietitian, Commission on Dietetic Registration, 1982 to present

Employment

Associate Clinical Professor and Dietetic Internship Director
Department of Nutrition and Food Sciences, Texas Woman's University,
Denton, TX. September 2001 to present (non-tenure position).

Assistant Clinical Professor and Dietetic Internship Director
Department of Nutrition and Food Sciences, Texas Woman's University,
Denton, TX. May 1991 to August 2001 (non-tenure position).

Clinic Manager, Baylor Weight Management Centers, Dallas, TX
Sept 1988 to Dec 1990.

Program Coordinator, LifeTrim, Lafayette, LA
Mar 1986 to August 1988.

Nutrition Consultant, Gastroenterology Clinic of Acadiana, Lafayette,
LA Mar 1986 to Aug 1988.

Nutrition Consultant, Diabetology-Endocrinology Clinic, Lafayette,
LA Mar 1986 to Aug 1988.

Clinical Dietitian and Diabetic Unit Head Dietitian, Lafayette General
Medical Center, Lafayette, LA Aug 1982 to March 1986.

Instructor, Louisiana State University, School of Home Economics,
Baton Rouge, LA Jan 1981 to May 1982.

Medical Transcriptionist, Endocrinology-Nephrology Clinic, Miami,
FL May 1978 to Dec 1980.

Medical Transcriptionist and Receptionist, Family Practice Clinic,
Boulder, CO May 1973 to Mar 1978.

Research Assistant, Louisiana Agricultural Experiment Station,
Louisiana State University, Baton Rouge, LA Sept 1971 to Dec 1972

TEACHING

Courses Taught at TWU

Undergraduate

NFS 1301	Principles of Food Preparation Laboratory
NFS 1302	Principles of Food Preparation
NFS 3001	Introduction to the Profession
NFS 3031/4701	Dietetics As A Profession
NFS 3043	Community Nutrition
NFS 4473	Nutrition Therapy and Education Methods

Graduate

NFS 5813	Internship Experience in Nutrition Care
NFS 5911	Independent Study – Medical Terminology

Distance Education Experience

NFS 3031/4701	Dietetics As a Profession (online format)
NFS 3043	Community Nutrition (videoconference format)
NFS 3043	Community Nutrition (online format)

Master's Theses – Committee Member

2008

Sheets, Jordan. "Physician compliance with registered dietitian's recommendations in TPN patients".

2007

Crawford, Lauren. "Effects of knowledge, attitudes and food selection behaviors of high school students before and after completion of a nutrition course".

Murphy, Michelle. "Incentive programs and labor turnover in hospital foodservice".

2006

None

2005

None

2004

Cole, Annette. "Effectiveness of parental education on Increasing Preschoolers consumption of fruits and vegetables as snacks".

Lemons, Sharon. "The effects of training on the knowledge of school foodservice employees about food allergies".

Ostendorf, Jill. "Impact of a policy change on prescribing practices and costs of distributing oral supplements".

2003

None

2002

Allen-White, Esther. "General nutrition and folate knowledge of two adolescent Groups".

Brooks, Angie. "The influence of flaxseed or flaxseed oil on risk factors for diabetes in healthy adults".

Vene-Dwyer, Donna. "Effects of ground flaxseed and flaxseed oil capsules on blood lipids in healthy adults".

2001

Davison, Nancy. "Effect of transplantable sarcoma on the endotoxin-induced tumor necrosis factor and nitric oxide synthesis by the host".

Meeke, Susan. "Impact of nutritional counseling on knowledge outcomes in adult inpatients and outpatients with type 2 diabetes mellitus".

Pratt, Peggy. "Perceived importance of job performance and satisfaction of clinical nutrition management responsibilities".

Stoner-Davis, Keri. "Does body image affect success rate in reaching fitness, nutrition and wellness goals?"

2000

George, Shannon. "Tumor growth of MCA-induced sarcoma in F344 rats fed a soy and protein-based or a casein-based diet with and without 20% energy".

Jones, Brandi. “Effects of soy protein Isolate or casein with or without retinyl acetate supplementation on serum and hepatic lipids in rats”.

Smith, Tina. “Comparison of employee educational levels and accuracy of menu data input for automated diet office programs at hospitals”.

Trahan, Michelle. “Behavior modification techniques to improve serum albumin levels in hemodialysis patients”.

Master’s Professional Papers – Committee Member

2008

Collins, Annick, “RD awareness, knowledge and attitudes regarding the nutrition care process and model: a pilot study”.

Kotter, Erin. “Macronutrient and micronutrient needs and exercise recommendations for women who are pregnant and vegetarian”.

2007

Mutta, Neha. “Survey of policies and practices related to managing student food allergies in school foodservice operations”.

Sample, Amy. “Nutritional considerations for infants with short bowel syndrome”.

Prabhavalkar, Aditi. “An assessment of food selection, consumption and nutritional intake of elementary school children in grades K – 2”.

2006

Brown, Alicia. “Nutrition and exercise during pregnancy: An Educational module”.

Edwards, Jinny. “Dietary acculturation among Mexican-Americans: A review of literature”.

Goodson, Amy. “Nutrition and exercise during pregnancy: An educational module”.

Thomas, Bela. “Evaluation of maternal and infant outcomes in patients with gestational diabetes mellitus after one nutrition intervention”.

Worden, Emily. “Nutrition support during liver transplantation: Ar 2005
Williams, Christina. “The effects of nicotine and soy nut consumption on risk factors of cardiovascular disease: A review update”.

Reitz, June. "Diabetes and the metabolic syndrome: An educational module".

2004

Carrillo, Maria-Paula. "The effects of pecans and soy nuts on serum fatty acids in adults: A comparative analysis".

2003

Osborne, Stephanie. "Aspects of obesity in children with spina bifida".

2002

None

2001

Robinson, Kathy. "HIV-associated lipodystrophy: A comprehensive literature review".

2000

None

Other Scholarly Teaching, Mentoring and Curricular Achievements

Creative Accomplishments

Dietetic Internship Director, 1991 to present

CADE 5-year Program Assessment Report, 2004

CADE Dietetic Internship Self-Study, 1999

TWU Dietetic Internship Student Manual, revised annually

TWU Dietetic Internship Preceptor Workshops, conducted annually

Reviewer

Helm Publishing

Jones and Bartlett Publishers

Prentice-Hall Publishing Co.

West-Wadsworth Publishing Company

Mentoring

Mentor for new Delegate in the ADA House of Delegates, 2009

Mentor for NFS 1301 Food Preparation Laboratory, 2006 to present

Mentor for NFS 1302 Food Preparation Principles, 2006 to present

Mentor for NFS 3043 Community Nutrition (online format), 2003 to present

Honors and Awards

Fifteen-Year Service Recognition, TWU, 2006
TWU Faculty Development Leave Award, 2005
Who's Who Among America's Teachers, 1998, 1999, 2002
TWU, Redbud Award Nominee, 2002
TWU, Distinction in Service Award, 2001
TWU Outstanding Faculty Advisor for a Student Organization Nominee
Redbud Awards Festival, 2001
TWU Outstanding Faculty Advisor for a Student Organization Nominee
Redbud Awards Festival, 2000
Texas Dietetic Association Outstanding Dietetics Educator Award
for Dietetic Internship Programs, 1999
TWU Outstanding Faculty Advisor for a Student Organization Nominee
Redbud Awards Festival, 1999
TWU Faculty Development Leave Award, 1998

SCHOLARSHIP / CREATIVE ACHIEVEMENTS

Refereed Publications or Other Creative Achievements

Crawford L, Kwon J, Nichols D, Rew M. Evaluation of the nutrition knowledge, attitudes, and food consumption behaviors of high school students before and after completion of a nutrition course. (In Progress: Manuscript being revised for submission to the *Family and Consumer Sciences Research Journal*). February 2008.

Crawford L, Kwon J, Rew M, Nichols N. Evaluation of the knowledge, attitudes, and behaviors of students before and after completion of a high school nutrition course. *J Am Diet Assoc.* 2007;107(8S):A-61.

Pratt P, Kwon J, Rew M. Perceived job importance and job performance satisfaction of selected clinical nutrition management responsibilities. *J Amer Diet Assoc.* 2005, 1128-1133.

Reagan J, Bednar C, Rew M, Worley M. Benchmarking in Health Care Foodservice Operations. Supple to *J Amer Diet Assoc.* 2001;101:A-28.

Korb-Sollohub H, Czajka-Narins DM, Wright D, Marshall D, Rew M. An evaluation of food commercials during prime time television. FASEB J 13 A440.4, 1999.

Non-Refereed Publications or Other Creative Achievements

Rew, M. (contributor) Healthy eating tips. Fort Worth Star Telegram, November, 2008.

Myers D, Rew M, Czajka-Narins D. Attitudes regarding breastfeeding among african-american women from a WIC population. Journal of the Texas State Nutrition Council, 6:10 1996.

Presentations at Professional Meetings

Rew, M. A Glimpse at Dietetic Internships. Presented at Texas Christian University. September 15, 2009.

Murphy M, Bednar C, Kwon J, Rew M. Employee incentive programs and labor turnover in hospital foodservice. Presented at The American Dietetic Association Annual Food and Nutrition Conference. 2008.

Tiernan C, Kwon J, Rew, M. Texas dietetic students' knowledge and attitudes toward breastfeeding. Presented at The American Dietetic Association Annual Food and Nutrition Conference. 2008.

Rew M. "ADA and TDA: Envisioning the future of dietetics practice". Presented at the North Texas Dietetic Association meeting. October 16, 2008.

Rew M. "Nutritional Informatics and Nutritional Genomics – Impact on the Dietetics Profession". Presented at the Central Texas Dietetic Association meeting. October 14, 2008.

Rew M. "Nutrition Care Process: Current Update", Central Texas Dietetic Association, Waco, TX, February 2008.

Rew M. "ADA Delegates Report: Health Disparities", North Central Dietetic Association, Lewisville, TX, November 2007.

Rew M. "ADA Delegates Report: Health Disparities", Central Texas Dietetic Association, Waco, TX, October 2007.

Rew M. "Implementing the Nutrition Care Process", Harris Methodist Hospital System, Fort Worth, TX, July 2007.

Rew M. "Nutrition Care Process: Advancing the Process, Dallas Dietetic Association, Dallas, TX, April 2007.

Rew M. "Nutrition Care Process and Model", Medical Center of McKinney,

McKinney, TX, February, 2007.

Rew M. "Nutrition Care Process and Model, Parkland Health and Hospital System, Dallas, TX, November, 2006.

Rew M, Israel D. Workshop on the Nutrition Care Process and Nutrition Diagnosis, TWU Dietetic Internship Preceptors, Dallas, TX, July, 2006.

Davis K, Rew M, Imrhan V. Relationship Between Body Image and Success in Reaching Health Goals. Presented at the Texas Dietetic Association, Food and Nutrition Conference and Exhibition, Dallas, TX, 2002.

Smith T, Bednar C, Rew M, Moffitt K. Menu data entry practices related to the use of automated diet office programs at hospitals. Presented at The Food and Nutrition Conference and Exhibition, Denver, CO, 2000.

Sollohub H, Czajka-Narins DM, Wright D, Rew M. An evaluation of food commercials during soap operas. Presented at The American Dietetic Association's Annual Meeting, Atlanta, GA. 1999.

Bourg, D, Narins, D, Imrhan V, Rew M. The relationship between insulin and insulin-like growth factor-1 and body composition in postmenopausal women. Presented at The American Dietetic Association's Annual Meeting, Kansas City, MO, 1998.

O'Hearn DL, Bednar C, Rew, M and Imrhan V. Computer skills needed by entry-level clinical management and food service systems management dietitians, Presented at the Annual Student Research Symposium, Texas Woman's University, April 1998.

Korb H, Czajka-Narins DM, Wright DE and Rew M. A comparison of nutritional messages of commercials during Saturday morning, mid-day, and prime-time television, Presented at the Annual Student Research Symposium, Texas Woman's University, April 1998.

Bourg, D, Czajka-Narins DM, Rew M and Imrhan V. The relationship between the chromium status of postmenopausal women and their concentrations of circulating insulin, IGF-1, and glucose values, Presented at the Annual Student Research Symposium, Texas Woman's University, April 1998.

Bope AA, Alford BB, Francis CC, Rew ML. Resting energy expenditure, activity patterns, percent body fat and dietary patterns in nonobese children. Presented at the Texas Dietetic Association Annual Meeting, Austin, TX April 1997.

Stalls S, Bednar C, Narins D, Rew M. Sensory testing of low-fat bar cookies by elementary school students. Presented at the College of Health Sciences Research Conference, Texas Woman's University, 1996.

Baumann L, Narins D, Francis C, Rew M, Rastrelli G. The effect of nutrition intervention on pregnant women with inadequate weight gain in a WIC population. Presented at the TWU Research Days, 1996.

Rew, M. "Advancing your education: credentials that make the difference". Presented at the Texas Dietetic Association's Annual Meeting and Trade Show. Corpus Christi, TX 1996.

Rastrelli G, Alford B, Leipa G, Rew M. The effect of nutrition education on anemic african american children enrolled in a WIC program. Presented at The American Dietetic Association's Annual Meeting, Chicago, IL 1995.

Henson C, Bednar C, Alford B, Rew M. Effects of nutrition education on menu planning at sorority houses. Presented at The American Dietetic Association's Annual Meeting, Chicago, IL 1995.

Smith E, Bednar C, Mann N, Rew M. Qualitative program planning for school food service: input from managers and principals. Presented at The American School Food Service Association, 1995.

Honors, Grants and Fellowships

Funded:

TWU Grant for participating in the 8th Annual Wakonse South Conference on College Teaching, sponsored by Texas A & M Center for Teaching Excellence. (\$385), 2005.

Pending:

International Collaborative Development of Master's of Science Degree Program in Nutrition with Emphasis in Global Nutrition. (Key Personnel) USDA, \$149,613 (submitted February 2008).

Submitted but not funded:

TWU-UANL Childhood Obesity Study – International collaboration in research, extension and teaching. (PI: Co-PI V. Imrhan). USDA, \$99,750 (submitted February 2008).

Other Research and Creative Achievements

Successful completion of the five-year Program Assessment Report (PAR) for the Commission on Accreditation of Dietetic Education (CADE). Result: Accreditation for the dietetic Internship at TWU-Denton will continue until the Accreditation Site Visit planned for 2011. (2004).

PROFESSIONAL SERVICE

Service Activities for the University, College, Component

University Service

C.O.L.O.R.S. Mentor, 1997 to 1999, 2003
General Scholarship Committee, 1997 to 1999
Health Fair Committee, 1993 to 2000
SACS Self-Study Sub-Committee, 2001-2002
Sigma, Sigma, Sigma Advisor, 2003
Student Code of Conduct Committee, 2004 to present
Student Health Advisory, 1994 to 1999
Student Travel Fund Committee, 1994 to present
Tarrant County College – North East Campus Advising, 2001
TWU/Texas Health Resources Focus Group, Community Health, 1999
Who's Who Undergraduate Committee, 2003 to present

College of Health Sciences Service

Curriculum Committee, 2003-2004
Faculty Search Committees, Dental Hygiene, 1994-1995, 2000-2001
Future Directions Committee, 2004
Third Thursday Advising, 2000 - 2002

Departmental Service

Administrative Assistant Search Committee, 2008
Bylaws Revision Committee, 2005-2006
Clinical Peer Review Committee, 1995 - 2002
Clinical Peer Review Committee, Chair, 1995 - 2002
Curriculum and Departmental Effectiveness Committee, 2002-2006
Chair, 2003, 2004; Co-Chair 2005
Denton Course Scheduling Committee, 1995 - 2006
Didactic Program in Dietetics Self-Study Committee, 2000-2001
Dietetic Internship Accreditation Site Visit Committee, 1998 -1999
Dietetic Internship Selection Committee, Chair 1991 to present
Faculty Search Committee, NFS, Asst. Professor (2 positions), 2008
Faculty Search Committee, NFS, Assoc. Professor, 2008
Faculty Search Committee, NFS, Asst. Prof, 2006-2007
Faculty Search Committee, NFS, Asst. Prof, 2007
Faculty Search Committee, NFS, NFS Chair, 2006
Faculty Search Committee, NFS, Asst. Prof, 2006

Faculty Search Committee, NFS, Asst Prof, 1997-1998
Institutional Effectiveness Committee-Undergraduate, Co-Chair, 2006 to present
Online Nutrition Master's Committee, 2008
Master's Review Committee, Co-Chair, 2006
NFS Newsletter Faculty Editor, 2006 to present
NFS Website Manager, 2006 to present
Outcomes/Assessment Measures Committee for Undergraduate Programs, 2003
Professional Development Committee, 1997-1999
Promotion and Tenure Ad Hoc Committee, 2006
Scholarship Committee, 1994 to present; Co-Chair, 2002-2003
Student Dietetic Association Co-Advisor, 1991- 2002; 2006 to present
Undergraduate Institutional Effectiveness Committee, 2004 to present

Service to the Profession

American Dietetic Association, Member, 1982 to present
Chair of Delegates, 2009-2010
Texas Delegate, 2007 - 2009
Current Practice Groups:
BN, Behavioral Nutrition Practice Group
DCE, Diabetes Care and Education Practice Group
DEP, Dietetic Educators of Practitioners Practice Group
HEN, Humber and Environmental Nutrition
WM, Weight Management Practice Group

American Heart Association, Dallas Division
Speaker's Bureau, 1995 to 1998, 2002 to present
Board of Directors, 1995 to 1999
Heart Walk Team Captain, Dallas, 1997 to 1999

Dallas Dietetic Association, Member 1990 to present
Spring Seminar Committee, 2001
Mentorship Chair, 2000
Past President, Mentorship Committee, Strategic Planning, 1999
President, 1998

Dallas Independent School District
Wellness Policy Committee, 2005-2006

Fort Worth Dietetic Association, Member 1990 to present

North Texas Dietetic Association, Member 1990 to present
Nominating Committee Member, 2007-2008
National Nutrition Month Committee, 2001 – 2005

National Nutrition Month Committee Chair, 2006 to present

Phi Upsilon Omicron, Honorary Member, 2007 to present

Tarrant County College, Fort Worth, Texas
Dietetic Technician Advisory Board Member, 1995 to present

Texas Christian University, Nutritional Sciences Department,
Advisory Board Member, 2006 to present

Texas Dietetic Association, Active Member, 1988 to present
ADA Delegate, 2007-2010
TDA BOD, 2007-2010
Strategic Planning Committee - 2009
Texas Student Dietetic Association Liaison, 2008-2009
Webinar Planning Committee, 2007-2008
Leadership Board – TDA Foundation Director, 2005-2006
Teller’s Committee, Chair, 2003
Vice President/FNCE Planning Advisory Team Leader, 2002
Vice President Elect, 2001
Awards Committee, 2001
Finance Committee Member, 2001
District President (Dallas), 1998 - 1999

Texas Dietetic Association Foundation
Past Director, 2006-2007
Director, 2005-2006
Director-Elect, 2004-2005

Texas Student Dietetic Association
Advisor/Liaison, 1998-1999; 2000-2001, 2008 to present

U.S. Military Consortium Advisory Council for Dietetic Internship Program,
External Member, 2008

Service to the Community

“Legislation in Dietetics”, TWU Student Dietetic Association, April 2008
 “Fast Facts about the TWU Dietetic Internship Program, NFS Graduate Club, 2008.
 “Nutrition and Careers”, Martin High School, Arlington, TX, 2007.
 “Mega Trends in Nutrition and Health”, Fort Worth Family and Consumer Sciences Alumnae Chapter, Fort Worth, TX, 2006.
 Planning and execution of the Student Exchange Program with the Universidad Autonoma de Nuevo Leon, Monterrey Mexico, 2005.
 “Mentorship – Dietitians in Education: A Panel Discussion” Dallas

Dietetic Association, Dallas, TX , 2004.
Leader of adult weight management group, Arlington, TX, 2003-2004.
“Catch the RD Spirit”, Texas Student Dietetic Association Convention,
Denton, TX , 2002.
City of Grapevine Employee Health Fair, Grapevine, TX, 2002.
“Step by Step to a Healthy Heart”, TWU Reagan/Houston Residence Hall,
Denton, TX, 2001.
“Make Your Career Soar: DDA’s Mentorship Program”, Dallas
Dietetic Association, Dallas, TX, 2000.
“Leadership Skills for Success”, Dallas Dietetic Association, Dallas, TX, 2000.
“All about Didactic and Dietetic Internship Programs”, Tarrant County College,
Arlington, TX, 1999.
“Nutrition Day at the Capitol, Austin, TX , 1999, 2007.
American Heart Association Heart Walk, Team Captain, Dallas, TX , 1999.

OTHER

Significant Professional Development Activities

Texas Dietetic Association Leadership Orientation, Austin, TX, July 2008.

Texas Dietetic Association Webinar, “Intensive Management of Diabetes”, Jan 23, 2008.

American Dietetic Association New Delegate Training, (teleconferences), 2007-2008.

Texas Dietetic Association Leadership Workshop, Dallas, TX, July, 2007.

TWU Taskstream Management Orientation, Denton, TX, 2007 to present.

Nutrition Care Process Workshop, TDA FNCE, The Woodlands, TX, April 6,
2006.

8th Annual Wakonse South Excellence in Teaching Conference, Lake Buchanan, Texas,
April 1-3, 2005.

Texas Dietetic Association Leadership Orientation, Austin, Texas, July, 2005.