

TWU PARTICIPATING IN NATIONAL STUDY

TWU is one of only five sites in Texas and select locations in the United States participating in a new multinational, landmark study that has been launched to investigate whether lowering "bad cholesterol" (LDL) to levels below current clinical practice can further reduce the chances of death or heart attack in patients who have coronary heart disease. Dr. John Duncan (Center for Research on Women's Health) is directing the study at TWU.

The study -- titled "Treating to New Targets" (or TNT) -- is designed to resolve an important issue in the science of lowering cholesterol: whether additional benefit exists in cardiovascular risk reduction by treating patients using more aggressive LDL-cholesterol goals. Patients participating in the study will be treated with the cholesterol-lowering medication Lipitor (atorvastatin calcium) tablets. Because the effect of Lipitor on cardiovascular morbidity and mortality is not known, this study represents one of several efforts under way to determine its effect. "We look forward to being part of this study," said Duncan. "Preliminary research has suggested that if we lower LDL-cholesterol beyond current clinical practice, then we can achieve even greater cardiovascular benefits. TNT will help us determine the benefits of significantly reducing LDL levels."

The five-year trial will involve approximately 8,600 patients at about 250 sites in the United States, Canada, Europe, South Africa and Australia -- making it one of the largest cardiovascular outcomes trials ever conducted with a cholesterol-lowering medication, according to Duncan. Men and women between 35 and 75 years of age who have heart disease or who previously have experienced a heart attack, bypass surgery or angioplasty are eligible to participate in the study.

Previously, regional guidelines for treating high cholesterol were developed on the basis of large epidemiologic studies which established that low cholesterol levels correlate with a reduced risk of cardiovascular morbidity and mortality. The Joint European Society of Cardiology/ European Atherosclerosis Society established its guidelines in 1998, while the National Cholesterol Education Program in the U.S. released an update in 1993 of its original 1988 guidelines (which recommended a target LDL-cholesterol of 100 milligrams per deciliter or less for patients who had established coronary

heart disease).

"The results of TNT could have important implications for the estimated 33 million people in the United States and Europe who suffer from heart disease," said Duncan. The TNT trial is sponsored by Parke-Davis, a division of Warner-Lambert Company, and Pfizer Inc. Lipitor, which was discovered and developed by Parke-Davis, is marketed globally in collaboration with Pfizer. Parke-Davis and Pfizer also are sponsoring several other studies to address additional important issues in lipid lowering, including investigations of the clinical benefits of LDL-cholesterol reduction in patients with acute unstable angina; patients referred for revascularization procedures; and those with type II diabetes.

Lipitor is approved for marketing in 35 countries and usually is prescribed in conjunction with diet and lifestyle changes to reduce elevated total cholesterol and other areas. To participate in the study, call Jonnie Feller at 8-1-2798; for other information, call Duncan at 8-1-2794.

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FOUNDERS' AWARD, EVENT SET

During its first 100 years, TWU has grown, prospered and marked a trail in education as the nation's largest university primarily for women. Many friends have helped along the way, and three will be honored in February when TWU presents its second Founders' Day Award, recognizing contributions that have made the university's achievements possible.

Representatives from the Denton Chamber of Commerce, GTE and the Texas Federation of Women's Clubs will receive the TWU Founders' Award -- presented by both the university and the TWU National Alumnae Association -- during a banquet on Fri., Feb. 5, during the annual Founders' Day celebration in Denton. Tickets for the event are \$20 per person; reservations are required by Feb. 1; call the TWU office of institutional advancement at 8-1-3863. Activities include a reception at 5:30 p.m. in the Blagg-Huey Library, followed by dinner at 6:30 p.m. in Hubbard Hall.

- The Denton Chamber of Commerce -- From its early days to recent growth to future expansion, TWU has joined with the Denton Chamber of Commerce to promote the city, educate its citizens and serve the community. The chamber has and will continue to share the good news with prospective businesses and residents about the city and its educational resources -- including TWU -- and individual members have partnered with the university over the years for the good of both the city and the area. That partnership will continue to grow and to serve its citizens well.
- GTE -- Corporate support of initiatives in education, literacy and athletics marks the longstanding

partnership between GTE and TWU. As an active supporter of TWU's Pioneer Athletic Scholarship Campaign since its inception and as a member of the President's Council, GTE consistently has demonstrated its dedication to both TWU and higher education. By its commitment to current and future literacy initiatives with the College of Education and Human Ecology, GTE looks to the future with TWU.

- The Texas Federation of Women's Clubs -- TFWC has been involved with and supportive of educational efforts and projects at TWU since the turn of the century. With TFWC's help, the establishment of a college for women -- the Girls Industrial College (now TWU) -- became a reality. The organization has selected the TWU Blagg-Huey Library as the official repository of its archives, and two of its own groups, the Woman's Shakespeare Club and Ariel Club of Denton, were inaugural Founders' Award winners.

Begun in 1924 by the Ex-Students Association, Founders' Day originally was known as Pancake Night. In 1936, when the school (previously known as the College of Industrial Arts) was renamed Texas State College for Women, the event was given its present name. Observance of Founders' Day was discontinued from 1955 to 1978, at which point former TWU President Mary Evelyn Blagg-Huey asked the NAA to assume responsibility for planning the event.

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LEARN TO SWIM -- ALL YEAR LONG!

Swimming lessons now are offered year-round through TWU wellness services, and registration has started for sessions in February, March and April. Lessons are held at the indoor pool in Pioneer Hall, and the cost is \$40 per child per session (Monday/Wednesday or Tuesday/ Thursday from 4:15 to 5 p. m.). To enroll, stop by the indoor pool either Monday through Thursday from noon to 1 p.m. or 4 to 8 p. m.; or Saturday and Sunday from 2 to 4 p.m. Payment must be included with registration. For details, call 8-1-2900 or 8-1-2561.

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WEIGHT LOSS CHALLENGE BEGINS SOON

Don't let those New Year's resolutions slowly slip away...and don't get discouraged if weight loss and

exercise today aren't producing the desired results. TWU's Wellness Center will offer a weight loss challenge beginning Mon., Jan. 25, and each Monday through Feb. 22nd, from 6:30 to 8:30 p.m. for interested persons. "If you are tired of diet plans, this well-balanced program is for you," said Andrea Biering (wellness services). The cost to participate is \$60 for non-members, \$50 for members of wellness services and \$40 for TWU students. For details, call the Wellness Center at 8-1-2900.

"This weight loss program serves as an educational tool to inform participants about the basics of physical fitness and nutrition -- and how they relate to weight loss," explained Biering. "Each class will start with a lecture on nutrition, provide information about physical fitness and conclude with an interactive fitness activity. We will teach you how to incorporate exercise and healthy eating into your daily lifestyle, and the program also includes a fitness assessment." Some of the topics scheduled will include: benefits of physical fitness and wellness; principles of weight loss; development of personal nutrition strategies for weight loss; and tracking progress.

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MLK ACTIVITIES ANNOUNCED

TWU has a dream: sharing the principles of Dr. Martin Luther King Jr. -- renowned civil rights activist, Noble Peace Prize winner and proponent of non-violent social change -- with its students, faculty and staff and the greater Denton community. "Too often, Martin Luther King Jr. Day is not seen for what it really is: a celebration of the struggle for civil rights, and people tend to immediately dismiss it as an African-American holiday," said Patrick Vasquez (student life). "Martin Luther King Jr. was a leader of civil rights and democracy, and many other cultural groups and movements have been a part of that effort."

With King's broader influence in mind, TWU is hosting an extended video series on civil rights running Tues. through Thurs., Jan. 19 to 21, and Mon. and Tues., Jan. 25 and 26. Each movie, which will feature the civil rights efforts of groups such as Hispanics, Native Americans, Asian Americans and African Americans, will be shown in various areas on campus, including the SC Underground and Garden Room eating areas, ADM and ASB. On Wed., Jan. 20, five videos will be shown from 11 a.m. to 4 p.m., SC 207. All events are free and open to the public. "We're going to present the videos in informal, heavily-trafficked settings so that we can reach a greater number of people," Vasquez added. "It's an effort to explain what civil rights and democracy really mean, and we'd like to thank Dr. King for the strides he made toward equality."

Because King's holiday falls during TWU's first week of classes, the office of intercultural services also plans a one-hour Unity March for Thurs., Jan. 28, from noon to 1 p.m. "It's easy for students to overlook the importance of the Martin Luther King Jr. celebration when they're distracted by the first week of classes, so we've scheduled a later event to reiterate King's contributions to civil rights," said Vasquez. All members of the TWU and Denton communities are invited to attend, and the marchers will assemble on the lawn between CFO and ASB. After a brief presentation, the marchers will walk past the Pioneer Woman statue, turn on Administration Drive and finish next to the Free Speech Area, where a light lunch will be served for the participants. For details, contact Vasquez at 8-1-3673.

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GEORGIA SEA ISLAND SINGERS COMING

The Georgia Sea Island Singers, an internationally-acclaimed husband-and-wife duo, will perform a free concert at TWU on Mon., Feb. 8, in Margo Jones Performance Hall, beginning at 7:30 p.m. The campus community and general public are invited to attend. The duo -- Doug and Frankie Quimby -- use songs, games, dances and storytelling to spread awareness of the African-American culture that has been preserved in the isolated island communities off the southern coast of the United States. In addition to performing, they will conduct free master classes at 9:30 a.m. and 1 p.m. on Tues., Feb. 9, in MCL auditorium.

Karen Mongo (English, speech and foreign languages) said that Black History Month makes February the perfect time for the Quimbys to visit TWU. "I think it's a good idea to look at this particular culture," Mongo said, "because it's the best representation of traditional African culture that we have in America. The fact that the people who inhabit these islands have been so set apart from the mainland really gives us insight, I think, into the history and customs of Africa. They are the last link left between African Americans and Africans on the continent of Africa."

The people of the Golden Isles of Georgia have become known as members of the Gullah culture because of their unique language. The islands were a first stop for slave ships and, as a result, the English spoken there retained more touches of various African dialects than its counterpart on the mainland. The Gullah dialect is found in many of the songs the Quimbys learned from Bessie Smith, founder of the Georgia Sea Island Singers. Originally numbering as many as 40, the Georgia Sea Island Singers performed for tourists in the islands until 1954, when renowned musicologist Alan Lomax discovered them and they began performing throughout the United States. Today, the Quimbys, who joined the group in the late '60s, are all that remains.

In concert, the Quimbys don traditional African dress and perform many of the games, work songs and spirituals originally sung by African-American slaves. The couple also gives workshops and master classes to groups ranging from preschoolers to seniors. They have traveled extensively over the last 30 years, touring throughout the 50 states, as well as in Europe and West Africa. In addition, they represented the U.S. at the Winter Olympics in Lillehammer, Norway, and have appeared at the White House, the Smithsonian Institution and Carnegie Hall.

According to Mongo, the Georgia Sea Island Singers perform an invaluable service for African Americans, in particular. "When we look at the heritage of song, dance and storytelling, we can see the similarities between the cultures and also see what's been passed down from our generation to the next," she said. "The Quimbys show us how, as African Americans, we still relate to Africa." For more information, call Mongo at 8-1-2327.

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DANCE PRESENTS MICHAEL FOLEY IN RESIDENCE AT TWU

Internationally-recognized dancer and choreographer Michael Foley will stop by TWU from Feb. 1 to 12 to lend his expertise to dance students in the form of workshops and lectures. While on campus, Foley also will take time to stage a performance. Foley, with longtime duet partner Bethany Formica, Mary Williford-Shade (performing arts, dance), and Pamela Pietro, faculty member at the New World School of the Arts in Miami, will perform at 8 p.m. on Sat., Feb. 6, in TWU's Margo Jones Performance Hall. Tickets are \$5 for TWU students; \$7 for TWU faculty and staff, senior citizens and non-TWU students; and \$10 for the general public.

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FOLEY/DANCE, *continued*

Dr. Penny Hanstein (performing arts, dance) said she is excited about Foley's imminent arrival. "What's really wonderful about having an artist like Michael Foley on campus is that he's such an excellent teacher," she said, "not to mention the fact that his work successfully brings together popular dance and concert dance."

Hailed by the *Village Voice* as having "an appealing style that combines a jazzy pulse with postmodern quirkiness," Foley maintains a 13-member dance company and serves on the faculty at Dance Space Inc. and Steps in New York City. While he has performed the work of more than two dozen choreographers, Foley's own choreography has been commissioned and performed throughout the United States and Europe.

For his concert at TWU, Foley will stage works ranging from *Well the Night Came Undone*, a bittersweet ode to wallflowers and forlorn country lovers set against the backdrop of Gillian Welch's bluegrass-infused songs, to *Saint Joan*, a solo for Foley based upon the final hours of Joan of Arc. In addition, Williford-Shade will perform her widely-acclaimed solo *Lo and Behold*, which is set to the

music of Monteverdi, Sweet Honey in the Rock and rapper Mary J. Blige, while five TWU dance students will premiere Foley's *Quasar*, a work set to a score by French composer Henri Torque.

Hanstein said that Foley's appeal is based on his knack for recognizing beauty in the ordinary. "What he excels at is taking everyday kinds of movements and turning them into exciting, vibrant works," she said. "He takes a lot of his ideas from culturally-based dances such as Irish step dancing and hip-hop -- the kinds of dances people do in their everyday lives." For more information, contact Hanstein 8-1-2086.

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TWU GROUP SEEKS TO STRENGTHEN SOUTH TEXAS TIES

A delegation from TWU to Laredo Community College on Jan. 29 and 30 is one example of the university's efforts to strengthen its ties in south Texas -- particularly Laredo. Representatives from academic areas, enrollment management, institutional advancement, and community relations and diversity will speak with area legislators, school officials, alumni and LCC students about TWU and the opportunities that the university can offer in higher education.

"We are excited about reaching out to LCC, its students, the faculty and administration, and to our own alumni in the Laredo area. We want to encourage students to consider TWU for their college education, and we will establish articulation agreements, particularly in nursing and education," said Dr. Rudy Rodriguez (community relations and diversity).

On Fri., Jan. 29, TWU representatives will meet with Dr. Ramon Dovalina, president of LCC, and others from the college to discuss the articulation agreements. Student outreach representatives from enrollment management also will visit with LCC students that day in the Student Center, where they will provide information and talk to students about transferring to TWU. On Sat., Jan. 30, the TWU National Alumnae Association will host a coffee for alumni and friends from 10 to 11:30 a.m. in room 101 of the De La Garza Building at LCC. Rodriguez and Dr. Wilkes Berry (academic and cultural affairs) will be the featured speakers, and Dovalina will be a special guest. For more information, call Rodriguez at 8-1-3991.

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NEWBRIEFS

Information and news about activities, programs or TWU people may be sent to Ann Hatch (public information), editor, either through campus mail or by e-mail to s_hatch@twu.edu. The

weekly deadline to receive information is Tuesday at 5 p.m. for the following week. Student information for the "People" section is not published unless it is submitted by or in conjunction with a faculty member and that faculty member's related activities.

Reminder: Members of the TWU department of performing arts program in music will join forces with members of the Wichita Falls Symphony and Midwestern State University for a free musical performance on Tues., Jan. 26, at 8 p.m. in Margo Jones Performance Hall. The Zephyr Winds is a chamber group that specializes in traditional and contemporary music; they perform regularly at TWU. For details, call the TWU department of performing arts at 8-1-2500.

Reminder: The consulting firm of Arthur Anderson LLP is conducting a staff compensation/ job evaluation system review, which began with a project initiation meeting on Dec. 17, 1998. The consultants will meet with employees -- regular staff, department chairs and deans -- based on the schedule provided below. For more information, call human resources at 8-1-3555.

- *Denton* -- Tues., Jan. 26, 9 to 10:30 a.m., ACT 601; Wed., Jan. 27, 12:30 to 2 p.m. or 2:30 to 4 p.m., ACT 601 (*please note*: the Jan. 26 date is correct, NOT Jan. 25);
- *Dallas* -- Tues, Jan. 26, 12:30 to 2 p.m., FPH 2nd-floor faculty conference room; and
- *Houston* -- Thurs., Jan. 28, 10 to 11:30 a.m., HMJ 724.

Reminder: Student health services, in conjunction with the Denton County Health Department and AIDS Services of North Texas, will offer free HIV testing to all faculty, staff and members of the community on the first or third Wednesday of each month, from 3 to 5 p.m. Just stop by SHS on those days, during those hours, and ask for the free screening. Because of time constraints, a limited number of persons requesting the service will be screened. Testing is confidential and anonymous -- no name will be requested. For details, call SHS at 8-1-3826.

Reminder: Students from TWU and the University of North Texas are invited to attend a special Valentine's event -- the Red and White Ball -- at TWU on Thurs., Feb. 11, at 7 p.m. The ball -- a semi-formal dinner featuring swing dance and lessons -- is \$15 per couple and will be held in the Student Center (*not* Hubbard Hall). TWU students without a date may contact the Student Center office and -- for \$7 -- then will be paired with a UNT student. *Reservations are* required by Feb. 8. For more information, call the TWU Student Center office at 8-1-3641.

Reminder: A Saturday visit to welcome prospective students to TWU will be held on Jan. 23 from 9 a.m. to noon. The free half-day program for students and family members begins with a campus welcome and overview at 9 a.m.; information about financial aid from 9:30 to 10 a.m.; and campus tours from 10:30 to 11:30 a.m. To register by phone: call 8-1-3014.

Reminder: Application materials for TWU's 1999-2000 Research Enhancement Program now are available from the office of research and grants administration in Denton and Houston. Eligible applicants must have an appointment for 1999-2000 as a full-time faculty member at TWU -- continuing faculty -- with instructional responsibilities in the classroom. Interested faculty may apply for up to \$6,000, and awards will be made for the budget period of Sept. 1, 1999, to Aug. 31, 2000. Applications

must be received by Mon., April 12, 1999. For more information, call 8-1-3375 in Denton or 8-4-2480 in Houston.

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NEWSBRIEFS, *continued*

Reminder: The TWU department of performing arts will break new ground when five components take music, dance and theatre on the road to Houston for performances at the TWU Institute of Health Sciences Houston Center, plus three high schools and one community college. The shows, scheduled Jan. 26-28, are free. For details, call 8-1-2086; the schedule is listed below:

- *Tues., Jan. 26* -- TWU Institute of Health Sciences Houston Center, 1130 M.D. Anderson Blvd., noon; Klein Oaks High School, 5 p.m.
- *Wed. Jan. 27* -- Conroe High School, 9 a.m.
- *Thurs., Jan. 28* -- Houston High School for the Performing and Visual Arts, 9 a.m.; San Jacinto College-Central Campus, 2 p.m.

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UPDATE ON TWU PEOPLE

Please submit "People" items (faculty and staff only) to Ann Hatch in public information by campus mail or by e-mail to s_hatch@twu.edu! Include first and last names (no initials, please) and appropriate titles (ie. Dr.).

Dr. **Linda Sluder Schertz** (early childhood education) presented her work, "From Apartheid to Democracy: A Longitudinal Research Study of Early Childhood Programs in South Africa," to participants at the National Association for the Education of Young Children International Conference held in Toronto, Canada.

Systems engineer **Robert Martin** (information technology services) will present a program titled "Case Study of an Enterprise-Wide Solution" during the 1999 Optika winter summit in Colorado Springs, Colo. on Jan. 27. TWU's presentation by Martin will be part of the customer focus track, which will be presented by Optika users for Optika users. Martin will discuss how TWU is integrating imaging, COLD and workflow into a complete, enterprise-wide solution.

Dr. **Carol Surles** (president's office) has been invited to serve on a President's panel to discuss the challenges that black women face as they move through the academic process. Titled "Black Women in the Academy II," the "international conversation" is planned by Howard University and the Massachusetts Institute of Technology, with the support of the White House, the Ford Foundation and the National Science Foundation.

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THIS WEEK AT TWU: JANUARY 19-24, 1999

Jan. 19-21

- Library open 7:30 a.m.-midnight; bookstore open 8 a.m.-5 p.m.; Wellness Center open 6 a.m.-10 p.m.

Tues., Jan. 19

- Classes begin for spring semester; late registration starts.

Jan. 21-25

- Continuing education: conflict resolution workshop/40-hour civil mediation, ACT/Stoddard.

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CALENDAR, *continued*

Wed., Jan. 20

- HR: "Resolving Disputes in the Workplace," Houston, MGJ 928, 1-4 p.m.
- MLK celebration: five videos on civil rights, SC 207, free, 11 a.m.-4 p.m.

Thurs., Jan. 21

- HR: "Equal Employment Opportunity," Dallas-Parkland, FPH faculty conference room (2nd floor), 1-3 p.m.

Fri., Jan. 22

- Library open 7:30 a.m.-9 p.m.; bookstore open 8 a.m.-5 p.m.; Wellness Center open 6 a.m.-10 p.m.
- Basketball: Pioneers vs. Abilene Christian, PH arena, 7 p.m.
- Last day to register or add a class.

Sat., Jan. 23

- Blagg-Huey Library open 9 a.m.-6 p.m.; bookstore closed; Wellness Center open 8 a.m.-6 p.m.
- Gymnastics: Pioneers at Rocky Mountain Open (Denver, Colo.).
- Saturday Visit for prospective students, ADM, 9 a.m.-noon.

Sun., Jan. 24

- Blagg-Huey Library open 2 p.m.-midnight; bookstore closed; Wellness Center open 1-6 p.m.
- Gymnastics: Pioneers at Rocky Mountain Open (Denver, Colo.).

WELCOME BACK FOR THE SPRING SEMESTER!

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