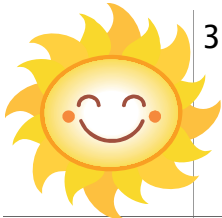












































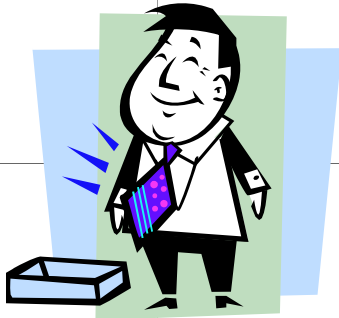


SEPTEMBER 2009

SUN	MON	TUE	WED	THU	FRI	SAT	
	31  	1  	2  	3  	4  	5	
6	7 LABOR DAY NO LEAD UP	8  	9  	10  	11  	12	
13	14  	15  	16  	17  	18  	19	
20	21  	22  	23  	24  	25  	26	
27	28  	29  	30 Nutr. Workshop PH Rm. 203  				

TWU LEAD-UP WELLNESS PROGRAM CALENDAR

HOURS:
MON.-THURS:
 6:30 - 8 AM
 11 AM-1 PM
5:30 -7:30 PM

**FRIDAY
 ONLY 11-1 PM**

DATES:
9/24: **RSVP
 FOR NUTRITION
 WORKSHOP**

9/30:
**NUTRITION
 WORKSHOP
 6 P.M. PIONEER
 HALL RM. 203**