

# *Undergraduate Handbook*

**Department of Kinesiology  
Texas Woman's University  
2008 – 2009**

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## *Disclaimer*

The program, policies, statements, and procedures contained in this handbook are subject to change by the department without prior notice. Texas Woman's University reserves the right to withdraw courses at any time, change fees, the calendar, curriculum, degree programs, degree requirements and any other requirements affecting students. Changes will become effective whenever the appropriate authorities so determine and may apply to both prospective students and those already enrolled. Students should not construe this handbook as a contract, expressed or implied, between Texas Woman's University and any student, applicant, or faculty.

The Department of Kinesiology reserves the right to change policies contained within the handbook. For further information, students should consult the TWU General Catalog and information available on the following web site: <http://www.twu.edu>.

## *Introduction*

The undergraduate handbook has been developed to assist students in their educational experience. This handbook can assist students as follows:

- Serve as a directory of Kinesiology faculty
- Provide advising guidelines and degree plans
- Provide information needed for teacher education requirements
- Provide information needed for corporate fitness
- Provide recommendations for marketability in selected program tracks

This undergraduate handbook is to be used as a reference tool; it is the student's responsibility to fulfill the necessary requirements to earn a degree in Kinesiology.

For additional clarification of information related in the following pages and/or information regarding policies and procedures not delineated, please contact the appropriate faculty member or support person.

## *The Kinesiology Program*

The Department of Kinesiology offers two undergraduate degree programs in Kinesiology. Both lead to the Bachelor of Science Degree in Kinesiology. One program prepares students for teacher certification in the schools and the other for non-school careers in corporate fitness. There are two tracks in the teacher certification program. The All-Level Physical Education Teacher Certification Track's primary purpose is to prepare physical education teachers for public and/or private schools (EC-12). The second track, Adapted Physical Education Certification Track leads to Physical Education EC-12 teacher certification with a special emphasis in adapted physical education, for those interested in working with persons with disabilities.

The program of study available for those students who wish to pursue careers in non-school settings affords opportunities for careers in corporate fitness or graduate school opportunities in exercise science, physical therapy, or occupational therapy. The non-school program is designed to increase general knowledge of the broad field of Kinesiology, and to help students prepare themselves to contribute to a wellness life style. There are specialized tracks within the corporate fitness degree program designed for

those interested in meeting the prerequisites for a master's or doctorate in physical therapy or a master's degree in occupational therapy. For information on fast-track options see Dr. Sanborn or Ms. Robbie Reid.

The undergraduate Kinesiology program encompasses a wide variety of experiences that are planned for the development of outstanding professionals in the world of movement, exercise, and sport. Undergraduate Kinesiology students acquire a sound background in theory, methodology, and laboratory experiences in the movement sciences. Additionally each student develops competencies in working with diverse populations in a variety of settings. Throughout the curriculum the student will work to improve skills, knowledge, and attitudes in the area of *critical thinking, communication, professionalism, technology, citizenship, pluralism* (“a state of society in which members of diverse ethnic, racial, religious, or social groups maintain an autonomous participation in and development of their traditional culture or special interest within the confines of a common civilization”), *scientific foundation, and the application of theory to practice*. Each undergraduate Kinesiology major must fulfill the general university requirements for graduation, including a minimum total of 120-123 semester hours, dependent upon the program track selected. These requirements, along with the requirements for teaching certification can be found in the university general catalog.

There are additional certification-training programs available to our students – Certified Adapted Physical Educator (CAPE), and Ropes Course Facilitator. A certification program does not lead to a degree, but is often integral to the development of an effective professional. In most cases the certification can be combined in a degree plan within or close to the 120 to 123-hour requirement for graduation. Refer to the sections in this manual concerning certification programs for more details.

Students may also take advantage of working toward State of Texas Licensure in Athletic Training. This is different from NATA Certification, and currently we do not have a NATA accredited program. If you are interested gaining State of Texas Licensure in Athletic Training to compliment your degree track, please see Ms. Kris Ring, Athletic Trainer.

## *The Professional Student*

Candidates for the Kinesiology program at Texas Woman's University must demonstrate acceptable physical and intellectual competence, as well as desirable character traits and dispositions. The Kinesiology program seeks to develop the qualities of leadership and professional skills in undergraduate students, while fostering a desire to assist others in their professional growth.

The curricula in Kinesiology are designed to permit students the opportunity to develop:

1. Professional integrity and working standards of conduct
2. Understanding the body of knowledge of Kinesiology which is contained in (but not limited to) the following areas:
  - a. Science of movement, including exercise physiology and biomechanics
  - b. Motor learning and motor control
  - c. Measurement and evaluation
  - f. Pedagogy
  - g. Physical activity competence and leadership
3. Satisfactory levels of personal physical activity skill competence and fitness
4. Understanding of the importance of wellness in today's society
5. Competency in pedagogy, the art and science of instruction

6. Ability to describe, analyze, evaluate, and prescribe appropriate ways to approach wellness through exercise and sport
7. Critical thinking skills
8. Technology skills

The major outcome of the program is to empower future professionals to be positive agents of change.

### **Academic Dishonesty**

The Kinesiology faculty supports the University policy concerning Academic Dishonesty. This policy is found in its entirety in the TWU Student Handbook, and it is the strong recommendation of the faculty that each student review it in detail. The Kinesiology faculty advocates the pursuit of high levels of learning, and respects each student as an individual. However, the faculty is committed to the demands of the “maintenance of academic integrity” on the part of the student.

*“Academic dishonesty includes cheating, plagiarism, collusion, fabrication, falsification, and falsifying academic records, and other acts intentionally designed to provide unfair advantage to the student, and/or the attempt to commit such acts.”*

Please refer to Section 4, Student Conduct Policies, of the TWU Student Handbook for clarification pertaining to cheating, plagiarism, collusion, fabrication, falsification, and falsifying academic records.

The Kinesiology faculty will follow the guidelines stated in the TWU Student Handbook for sanctions in the event of Academic Dishonesty. The sanctions are based on the severity of the violation, and examples are the following: verbal reprimand, assignment of a lower grade with explanation from the instructor, expulsion from the course with either a passing grade (WP) or failing grade (WF), and possible expulsion from the University.

### **TWU Kinesiology Dress Code (approved February 8, 2007)**

Students should arrive early enough to change and be at the activity site on time. Students not properly attired will be asked to correct discrepancies; a tardy or absent mark may result.

#### **Representing the Department:**

All undergraduate students are expected to dress in appropriate professional physical activity attire when representing the department. TWU Kinesiology attire is required during departmental sponsored activities with the public including, but not limited to, student teaching, practica, and internships. Appropriate professional physical activity attire includes, but is not limited to, warm-ups, shorts, collared shirts, tennis shoes, socks, and a one piece bathing suit (no bikinis; female or male). Pants or shorts should be worn at the natural waistline and not below. Pants or shorts must be hemmed, shorts must be appropriate length (hem length at least length of arms extended), and no jeans of any color are permitted. The shirt must be tucked into the pants or shorts or a hemmed shirt with even length tails may be worn outside the pants or shorts. The collared shirt must have an approved TWU or department logo (see instructor for approval) or a collared shirt with a TWU/Department badge.

Student teachers are excused from the dress code for school sponsored attire days. Corporate fitness interns may be excused from the dress code if the site has an alternative dress code.

In addition, hats, caps, or head covers are not to be worn in any on or off departmental sponsored activities with the public (Note: exceptions may be made for outdoor activity for wearing appropriate hats for sunscreen, or cultural customs; see instructor for approval). For safety reasons, jewelry should be limited to stud earrings within the ears and be careful of necklaces, bracelets, and watches. Exposed tattoos and/or body piercing other than within the ears are not allowed.

TWU Kinesiology attire can be purchased through the department. Students wearing inappropriate attire will not be able to participate in the class activities, which may impact their grade. Any concerns or questions see the instructor.

### **Dress Code for Activity in Kinesiology Classes:**

Proper attire must be worn **at all times**. Students should wear supportive athletic footwear (e.g., tennis shoes) and clothing that does not restrict movement:

- Athletic shoes appropriate for the activity – running shoes, court shoes, etc...
- No undergarments showing.
- No jeans, slacks, or khaki's. The only acceptable long pants are sweat pants or wind suits.
- No skin showing at the waist.
- Gym shorts and t-shirts with short or long sleeves are preferred.

### **Dress Code for Physical Education Pedagogy Classes:**

Proper professional attire will be required. Specific guidelines will be outlined in the course syllabus.

### **Dress Code for Swimming Classes:**

Excessively revealing attire is inappropriate and may result in dismissal from class, at the instructor's discretion. In swimming, neither male nor female students will be allowed to wear bikini swim wear. Students will be dismissed from class in time for showering and pass time to next class.

### **Kinesiology Portfolio**

All undergraduate students will develop an e-portfolio throughout their undergraduate experience. The process will begin in KINS 1573/1583. The final product will be assessed by the faculty during the last semester of the senior year. The due dates will be posted each semester. This portfolio is an important document that showcases your abilities to master the competencies of each program track.

## *Kinesiology Faculty & Staff*

<b><u>Faculty Member</u></b>	<b><u>Office #</u></b>	<b><u>Phone #</u></b>
Dr. Jimmy Ishee, Dean	CFO 1208	(940) 898-2852
Dr. Charlotte (Barney) Sanborn, Chair	PH 208A	(940) 898-2576
<b>Professors</b>		
Dr. Vic Ben-Ezra	PH 116A	(940) 898-2597
Dr. Ron Davis	PH 119B	(940) 898-2589
Dr. Ron French	PH 208E	(940) 898-2582
Dr. Young-Hoo Kwon	PH 123A	(940) 898-2473
Dr. Bettye Myers	PH 208G	(940) 898-2577
<b>Associate Professors</b>		
Dr. Kyle Biggerstaff	PH 116B	(940) 898-2596
Dr. Kim Miloch	PH 208D	(940) 898-2592
Dr. David Nichols, Graduate Coordinator	PH 208L	(940) 898-2522
Dr. Terry Senne, Undergrad. Coordinator	PH 208F	(940) 898-2584
Dr. Lisa Silliman-French	PH 119A	(940) 898-2594
<b>Assistant Professor</b>		
Dr. Sally Ford	PH 208K	(940) 898-2578

**Lecturers**

Ms. Kathryn Brown	PH 208H	(940) 898-2851
Ms. Michelle Barberee, Volleyball Coach	PH 220D	(940) 898-2416
Ms. Fleur Benatar, Soccer Coach	PH 220K	(940) 898-2379
Ms. Beth Jillson, Basketball Coach	PH 220F	(940) 898-2388
Mr. Frank Kudlac, Gymnastics Coach	PH 220F	(940) 898-2384
Mr. Richard Bruister, Softball Coach	PH 220L	(940) 898-2629
Ms. Kris Ring, Athletic Trainer	PH 133A	(940) 898-2593

**Adjuncts**

Dr. Nancy Burkhalter	<a href="mailto:NBurkhalter@twu.edu">NBurkhalter@twu.edu</a>
Dr. Sandra Cravens	<a href="mailto:scravens@irvingisd.net">scravens@irvingisd.net</a>
Ms. Pam Trocki	<a href="mailto:PTables@twu.edu">PTables@twu.edu</a>

**Staff**

Ms. Robbie Reid, Administrative Asst.	PH 208B	(940) 898-2575
Mrs. Judy Melton, Secretary	PH 208N	(940) 898-2571
Mrs. Beth Palmer, Pioneer Hall Manager	PH 209	(940) 898-2585
Mrs. Janelle Davis, Academic Advisor	PH 211	(940) 898-2714

## *Advising Guidelines*

In order to assure that you are continuing to work toward your degree, you will be assigned an academic advisor in the Kinesiology Department. It is strongly recommended that you meet with your advisor prior to each registration period. The following guidelines should be helpful in completing this process:

1. Prior to early registration, sign-up on your advisor's Faculty Advisor Appointment Schedule form to schedule an appointment for advising. Some faculty advisors may choose to do "group" advising, while others may choose to conduct advising on an individual basis. Faculty Advisor Schedules will be available for you to sign-up in the Departmental Office approximately 3 weeks prior to the early registration periods. Additionally, the Department may hold some general advising sessions specific to different program tracks periodically before early registration begins. If you do not have an advisor assigned see Robbie Reid in Pioneer Hall 208C as soon as possible.
2. Before going to your advising appointment, develop a "Proposed Program of Study to Complete Degree" from the advising check sheet for your specified program track plan that illustrates what you will take each semester (logical sequence) in order to complete your Kinesiology degree at TWU. (This should be completed prior to the first time you register for classes at TWU, once admitted, and should be consulted as you work through your program of study.) You must consider pre- and co-requisites as you plan your academic program of study, in addition to when they are offered. Remember, it is a plan and there may be times when it will need to be modified based on course availability and other circumstances that arise. Typically, 1000 level courses should be taken prior to 2000 level courses and so on. A copy of the "Proposed Program of Study to Complete Degree" should be kept in your file, and you should also keep a copy of it. *Note that certain classes are offered only once a year, so it will be important for you to plan carefully, since they may later conflict with another course you are required to take.*
3. In order to determine what you need to register for during the upcoming semester, consult your completed "Proposed Program of Study to Complete Degree" plan and the course schedule to ensure that the courses are offered, and that they do not conflict with one another. Write down all of the

pertinent information: course prefix, course number, course section, meeting time and place, course code number, and instructor. In addition, select 2-3 alternative courses that you can take if the courses are not available when you register. Complete the “Registration Worksheet” located in the beginning pages of the course schedule book for the designated semester. Bring this form with you, along with alternative courses to your advising appointment. **You should not go into an advising appointment without having completed this step.**

4. **Be prepared and on time for your advising appointment. Failure to do so may result in the forfeiture of your scheduled appointment time.** Be sure to bring a current TWU transcript, your “Proposed Program of Study to Complete Degree”, and “Registration Worksheet”, along with selected alternative courses. It is your advisor’s job to monitor your progress and check sequencing and selection of courses during the registration process. It is **not** your advisor’s job to **create** your course schedule for the upcoming semester.
5. During your advising appointment, your faculty advisor will also check to make sure you are making adequate progress toward your degree. **Ultimately, however, this responsibility is yours.** Know your degree plan, course requirements, course rotation plan, and the catalog to ensure that you are fulfilling all requirements. When in doubt, ask your advisor and he/she will assist in finding the answer to your question. Additionally, students are able to access DARS (Degree Audit Reporting System) through their Portal accounts. This is a great tool to keep you up-to-date on your progress toward completing your degree.
6. All registration will occur online.
7. If you have any other problems or questions please contact Dr. Senne, Undergraduate Coordinator for Kinesiology.

During your tenure at TWU, you will keep an Advising Check Sheet form specific to your selected program track on file in the Kinesiology office. However, **at least one year before graduation, a Verification of a Degree Audit Form** must be completed by you and your advisor (those enrolled in a teacher certification track should complete this 3 semesters prior to graduation). Schedule an appointment with your advisor to complete the degree audit. Be sure to bring a current TWU transcript with you to assist in completing this process. The degree audit will verify what you must do to complete your program of study. It will verify that you’ve met (or will be meeting) all university core curriculum and core competency requirements, university graduation requirements, degree plan requirements, and any departmental requirements for graduation. Any deviations from the degree audit will need to be approved through the appropriate channels. The degree audit is a necessary step in the matriculation process (and replaces the former “Degree Plan”). Failure to file in a timely manner may delay your intended graduation date.

## *Texas Higher Education Assessment (THEA Test)*

The Texas Higher Education Assessment (THEA) Test provides information about the reading, mathematics, and writing skills of each student entering a Texas public college or university. New undergraduate students must take the THEA prior to enrolling at the University, unless they are exempt. See the General Catalog for details about exemptions and requirements concerning the THEA. All teacher certification majors must pass the THEA to be admitted into the certification program. See the Teacher Education Department for scores required for admission. Passing scores are as follows: Reading-260, Math-240, and Writing-240

## *Academic Core Requirements*

### Core Curriculum

In keeping with its mission and recommendations by the Texas Higher Education Coordination Board on Core Curricula, the Texas Woman's University has adopted a new Core Curriculum, to be implemented in fall 2007, consisting of at least 42 semester credit hours for all bachelor's degrees with appropriate inclusion of (1) basic intellectual competencies: reading, writing, speaking, listening, critical thinking, and computer literacy; (2) broad and multiple perspectives on the individual and the world; (3) responsibilities of living in a multicultural world; (4) contributions by and about women in various disciplines and issues/trends in women's studies; (5) skills, liberal studies, and insights into contemporary issues for leadership opportunities. *Note: When the TWU core curriculum changes, students enrolled at TWU before the change should complete the core in place when they first enrolled.*

Undergraduate students seeking any bachelor's degree who enter Texas Woman's University for the first time in the 2007 fall semester will be required to satisfy the New Core Curriculum comprising a minimum of 42 semester credit hours, as outlined in the 2007-2009 General Catalog. Students should consult with faculty advisors in the selection of university core courses. Below is an outline of the "old" core and the "new" core requirements.

#### **New Core Curriculum** (for students entering fall 2007 and thereafter)

##### **Course Requirements** (42 hours minimum)

- ◆ Communication – composition (6 hours)
- ◆ Mathematics (6 hours: Math 1013 + 3 hours in any core math course)
- ◆ Natural Sciences (6 hours + labs when co-requisites)
- ◆ Humanities & Visual and Performing Arts
  - Visual or Performing Arts (3 hours)
  - Humanities (3 hours)
- ◆ Social and Behavioral Sciences
  - U.S. History (6 hours)
  - Political Science (6 hours)
  - Social/Behavioral Science (3 hours)
- ◆ Multicultural Women's Studies (3 hours)

##### **Core Competencies**

- ◆ Computer Literacy: Approved computer science course or competency examination
- ◆ Oral Communication: Approved speech course or documentation of successful completion of 2 or more evaluated oral presentations using the Oral Communication Rubric as demonstrated in KINS 1573/KINS 1583.

##### **Global Perspectives Graduation Requirement**

Students must achieve global perspectives for graduation either through the core (6 hours of approved courses), through the major when approved, or through approved electives.

#### **Old Core Curriculum** (for students who entered fall 2005 through summer 2007)

##### **Core Requirements** (42 hours minimum)

- ◆ Communication – composition (6 hours)
- ◆ Mathematics (3 hours)

- ◆ Natural Sciences (6 hours + labs when co-requisites)
- ◆ Humanities & Visual and Performing Arts
  - Visual or Performing Arts (3 hours)
  - Humanities (3 hours)
- ◆ Social and Behavioral Sciences
  - U.S. History (6 hours)
  - Political Science (6 hours)
  - Social/Behavioral Science (3 hours)
- ◆ Women's Studies (3 hours)
- ◆ Multicultural Studies (3 hours)

### **Core Competencies**

- ◆ Computer Literacy: Approved computer science course or competency examination
- ◆ Oral Communication: Approved speech course or documentation of successful completion of two or more evaluated oral presentations using the Oral Communication Rubric as demonstrated in KINS 1573/1583.

**Note:** Please refer to the TWU Core Curriculum web site:

<http://www.twu.edu/academicaffairs/coreCurriculum.htm> for a current listing of approved courses in each area.

## *Certifications*

The Department of Kinesiology is the training site and/or testing site for the following certifications or licensure, in addition to teacher certification (Physical Education EC-12 Teacher Licensure) through the College of Professional Education:

- Adapted Physical Education Certification National Standards Exam (APENS)
- Texas State Licensure in Athletic Training
- Leadership and Ropes Course Facilitator Training
- American Association of Adapted Sports Programs (AAASP) Coaching Certification [forthcoming]

### ***Adapted Physical Education Certification National Standards Exam (APENS)***

In 1995 a national certification program was established for physical educators who provide instruction to individuals with disabilities. Texas Woman's University is a site for the APENS exam. The annual national certification examination is sponsored by the National Consortium for Physical Education and Recreation for Individuals with Disabilities (NCPERID). This certification allows physical educators the right to call themselves Certified Adapted Physical Educators (CAPE). The teacher education adapted physical education emphasis is designed to provide students with the knowledge and skills to sit for this examination. For information about the adapted physical education program contact Dr. Ron French.

### ***Athletic Training Licensure (State of Texas)***

The Athletic Training program of Texas Woman's University prepares undergraduate students for Texas Department of State Health Services (DSHS) Licensure in Athletic Training. Through this licensure, an individual may execute the practice of Athletic Training as directed by the Advisory Board of Athletic Trainers. To meet DSHS requirements, students must complete twenty-four (24) hours of combined academic credit from each of the following course areas: Human Anatomy, Health/Wellness, Biomechanics, Exercise Physiology, Athletic Training and Therapeutic Exercise/Modalities. In addition to the required coursework, students must complete an 1800-hour clinical internship under the supervision of a Licensed Athletic Trainer. This clinical experience must be completed in the Texas Woman's University Athletic Training program. The internship is based upon the academic calendar and must be completed during at least five fall and/or spring semesters while the student is enrolled at TWU. This is a minimum of three years. Upon the completion of the baccalaureate degree and the 1800-hour clinical internship, students are eligible to sit for the Texas DSHS State Licensure examination. For more information regarding Texas State Licensure, visit <http://www.dshs.state.tx/at/default.shtm>.

It is our goal to assist every student-athlete in staying healthy and injury-free. The Athletic Training Staff, in conjunction with our team of medical professionals, will coordinate the delivery of professional and comprehensive preventative, management and rehabilitation services to all Pioneer Athletes. Each of our athletic training students is an integral part of our athletic department. Upon acceptance into our program, all new athletic training students are required to complete a one-semester probationary period before being assigned to an athletic team. As the student progresses, we provide formal instruction based upon the National Athletic Trainers Association competencies for entry-level Athletic Trainers. Texas Woman's University provides its students with a thorough educational experience that will prepare them for a career in Athletic Training in the collegiate, secondary school or public sectors. For more information about our program, contact Ms. Kris Ring.

### ***Leadership and Ropes Course Facilitator Training***

The Department of Kinesiology is heavily involved in the development of leadership. One important area that has been instrumental in developing leadership skills is through participation in ropes courses. For students interested in working in this area the department offers facilitator training for undergraduate and graduate students. Students can become Certified Challenge Course Facilitators certified by National University Experiential Resources Association (NUERA) in low ropes courses. The Department through its collaborative and cross-disciplinary initiatives offers students unique opportunities to develop these skills. Students interested in becoming certified would enroll in KINS 4003.

The use of ropes/challenge courses and initiative games has gained tremendous popularity in the last 10-15 years, evolving from simple, low ropes elements, to the very safe and sophisticated high-impact challenge courses of today. The ropes/challenge course provides an invaluable set of tools not only for personal growth and change, but also for professional development, leadership and teambuilding. Treatment centers, corporations, hospitals, schools, churches, correction facilities, camps, and other organizations across the country have added ropes/challenge courses to enhance their services to youth and adults. This certification is open to all students in Kinesiology as well as students across the University. For further information about this program, contact Ms. Kathryn Brown.

### **American Association of Adapted Sports Programs (AAASP) Coaching Certification [forthcoming]**

Students will be provided the opportunity to sit for a Coaching Certification exam from AAASP (American Association of Adapted Sports Programs) at the completion of the Disability Sport and

Modified Games class offered in the Kinesiology track for Adapted Physical Education. This certification is granted by AAASP for the sports of wheelchair basketball, soccer, and football; in addition certification will be granted for beep baseball or power soccer. Additional practica experiences are required related to coursework.

## *Degree Plan Options*

### **General Degree Information & Departmental Graduation Requirements**

The Kinesiology Core courses for undergraduate Kinesiology majors are outlined on the Advising Check Sheet for your selected degree track. In addition to completion of course requirements, the following requirements must also be met to earn a B.S. in Kinesiology degree:

- ◆ All majors must complete a minimum of 120-123 hours to graduate (dependent upon the selected track), 36 of which must be advanced hours (3000-4000 level courses).
- ◆ A cumulative GPA of 2.75 is required.
- ◆ Students must earn a “C” or better in all Kinesiology courses.
- ◆ An overall GPA of 2.75 in Kinesiology is also required.
- ◆ Additionally, undergraduates in teacher certification tracks must earn a “C” or better in all Education courses.
- ◆ All majors must successfully complete the portfolio requirement (hard or electronic copy dependent upon when students entered TWU).

### **Techniques Classes**

One of the cornerstones of professional preparation for Kinesiology majors is competency in psychomotor and teaching skills in various physical activities. The opportunity to develop this expertise is offered in a series of 2000 level technique courses. Each 2000 level class is a professional class designed for majors. The purpose of these courses is to develop your ability to observe, analyze, and perform skills. These courses are not just skill classes, but rather courses that infuse specific sport skills with methodology, physiology, and biomechanics.

### **Kinesiology Program Track Options**

Undergraduates in Kinesiology may choose from the following track options:

#### ***Certification Options***

- ◆ All-Level Physical Education Teacher Certification Track
- ◆ Adapted Physical Education Certification Track

#### ***Non-Certification Options***

- ◆ Corporate Fitness Track
- ◆ Corporate Fitness PPT (Prerequisites for application to Physical Therapy School)
- ◆ Corporate Fitness DPT (Doctor of Physical Therapy) Fast-Track\*
- ◆ Corporate Fitness MOT (Masters Degree in Occupational Therapy) Fast-Track\*

## *Corporate Fitness – Kinesiology*

Graduates from the Department of Kinesiology earn a Bachelor of Science (B.S.) degree in Kinesiology (corporate fitness emphasis) and are prepared for careers in exercise physiology, corporate fitness, cardiac rehabilitation and physical therapy. The curricula in Kinesiology offer hands-on experiences both in the laboratory, and in the SilverHearts Program. Students in exercise physiology courses learn and apply information directly through lab experiences. Examples of laboratory experiences include measuring oxygen consumption, using a 12-lead ECG monitor, and collecting blood samples for analysis of lactic acid and glucose. The SilverHearts Program is a senior-adult fitness program. In this program Kinesiology students will work directly with the seniors through a supervised practicum experience.

Students pursuing careers in corporate fitness and cardiac rehabilitation are commonly expected to possess various certifications documenting mastery of knowledge, skills, and abilities pertaining to exercise testing and prescription. The American College of Sports Medicine (ACSM) has established certifications in the fitness field.

Prospective employers in corporate fitness and cardiac rehabilitation frequently desire the ACSM Health/Fitness Instructor certification. The Department of Kinesiology provides a series of courses to prepare students who wish to take the ACSM Health/Fitness Instructor Examination. Additionally on the Denton campus, the Department hosts one of the Health/Fitness Instructor certification examinations.

### *Corporate Fitness Specialization Guidelines:*

- ◆ Two internships are required. A grade point average of 2.75 overall and 2.75 in Kinesiology courses must be maintained to apply. You must earn a “C” or better in Exercise Physiology and Exercise Physiology Lab before taking any advanced physiology of exercise course. You must earn a “C” or better in Advanced Exercise Physiology lecture and lab, Senior Adult Fitness Practicum, Exercise Testing and Prescription lecture and lab before enrolling in any internship.
- ◆ The internship should be planned during the student’s junior year. Students must complete the application process by *no later than* mid-October for a spring semester placement, and by *no later than* mid-February for a summer or fall semester placement. A detailed outline of the internship should be reviewed and approved by Dr. Ben-Ezra.
- ◆ Students enrolling in internships must carry university sponsored liability insurance. A current CPR and First Aid card is required for all internship experiences.
- ◆ Read the General Catalog.
- ◆ A degree plan (or effective spring 2008: Degree Audit Reporting System, DARS verification form) must be filed within a year of graduation.
- ◆ KINS 4602/01 is a prerequisite to the cardiac rehabilitation internship and KINS 4702/01 is a prerequisite to the corporate fitness internship.

There are four different track options in the Corporate Fitness - Kinesiology program. The Corporate Fitness Track is appropriate for all non-school majors interested in working in the field of wellness. Those interested in meeting the prerequisites for a master’s degree in physical therapy should follow the Corporate Fitness PPT Track. Two fast-tracks are also available: Corporate Fitness DPT (Doctor of

Physical Therapy) Fast-Track and Corporate Fitness MOT (Masters Degree in Occupational Therapy) Fast-Track.

Fast-track programs are highly competitive, fast-paced, and rigorous. They are appropriately suited for only the best scholarly students. Please discuss with your faculty advisor if you have the necessary qualifications and competencies to be successful in one of the fast-tracks offered.

For any Kinesiology major applying to a PT or OT program at Texas Woman's University, you must apply in the *beginning of fall semester of your senior year* of college (one year in advance). There are various requirements for acceptance so it is very important to be sure you have completed these. Two important requirements are the completion of the GRE (DPT program) and volunteer clinical hours. Additionally, you must also complete all prerequisite courses before enrolling in these programs. If you are considering applying to another institution's graduate program in either PT or OT, you need to consult their prerequisites, additional criteria, and selection process well in advance.

### **Additional Corporate Fitness Advising Guidelines**

- ◆ Take anatomy and physiology (ZOOB courses) as soon as possible, because anatomy (or A&P I) is a prerequisite for KINS 3592/3591, and physiology (or A&P II) is a prerequisite for KINS 3602/3601.
- ◆ Take KINS 1573, 1583, and 1902 during the first year.
- ◆ For Pre-PT, take at least one science every semester.
- ◆ Take trigonometry before physics and biomechanics if at all possible.
- ◆ Take physics before biomechanics if possible. (Note: Not all Kinesiology tracks require physics.)
- ◆ Take exercise physiology at end of sophomore year (spring/summer), or fall of junior year at the latest, because it is a prerequisite for KINS 4602, 4702, and internships.
- ◆ Take KINS 3701 concurrently or one semester after exercise physiology.
- ◆ Take PYSC 3303 statistics or KINS 4003 Low Ropes to be sure you have 36 upper division credit hours.
- ◆ KINS 4593 Measurement & Evaluation, is ONLY for seniors (more than 90 hours) and KINS 3602/3601 and a statistics course are prerequisites.
- ◆ KINS 4573 Motor Learning & Development, is ONLY for seniors (more than 90 hours).
- ◆ Try to have 2 internships in the last semester without any other classes if possible. It is not a big deal to take one class during internships, but it is very difficult to schedule 2 internships while taking 2 or more classes in one semester.

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses for**  
**B.A./B.S. in Kinesiology, Corporate Fitness**  
**Department: Kinesiology**  
**First Year at Texas Woman's University**

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	MATH 1703 Elementary Statistics	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment	3	KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment	3
ZOOL 2043/2041 Anatomy and Lab or ZOOL 2013/2011	4	ZOOL 2052/2051 Animal Physiology or ZOOL 2023/2021	3-4
HS 1902/1901 Fitness & Health or CSCI 1403** 1 <sup>st</sup> Course in Computing	3	HS 1902/1901 Fitness & Health or CSCI 1403** 1 <sup>st</sup> Course in Computing	3
<b>Total Hours</b>	<b>16</b>	<b>Total Hours</b>	<b>15-16</b>

**Second Year at Texas Woman's University**

Hours		Hours	
GOV 2013 U.S. Government	3	GOV 2023 Texas Government	3
CHEM 1013/1011 Introductory Chemistry Or 1113/1111 Chemical Principles I	4	CHEM 1023/1021 Intro to Organ/Phys Chem or 1123/1121 Chemical Principles II or PHYS 1133/1131 Principles of Physics I	4
HIST 1013 U.S. History 1492-1865 Social/Behav Sci or Eng, Lang, Phil (Human.)	3	HIST 1023 U.S. History 1865-present	3
KINS 2622/2621 APE Service Delivery/Motor & Aquatic APE Instr. Lab or NFS 2323 Intro to Nutrition	3	KINS 2622/2621 APE Service Delivery/Motor & Aquatic APE Instr. Lab or NFS 2323 Intro to Nutrition	3
KINS 1581 Fitness through Selected Activities or KINS Technique Course	1	KINS 3592/3591 Kines & Biomechanics or 3602/3601 Physiology of Exercise KINS 1581 Fitness through Selected Activities Or KINS Technique Course	3
<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>17</b>

**Third Year at Texas Woman's University**

Hours		Hours	
KINS 3592/3591 Kinesiology & Biomechanics or KINS 3602/3601 Physiology of Exercise	3	KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exercise Test/Prescrip.	3
KINS 3701 Practicum in Sr. Adult Fitness Minor	1	Visual Perf Arts or Minor	3
Visual Perf Arts or Minor	3	KINS 4573 Motor Learning/Development or KINS 4593 Measurement/Eval in PE	3
Elective	2-3	Multi/Wom St (Global Pers) or Minor	3
KINS 4003 Low Ropes Experiential Activity	3	Social/Behav Sci or Eng, Lang, Phil (Human)	3
<b>Total Hours</b>	<b>15-16</b>	<b>Total Hours</b>	<b>15</b>

**Fourth Year at Texas Woman's University**

Hours		Hours	
KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exercise Test/Prescrip	3	KINS 4933 Corp/Cardiac	3
KINS 4573 Motor Learning/Development or KINS 4593 Measurement/Eval in PE	3	KINS 4933 Corp/Cardiac	3
Minor (upper div)	3	Minor (upper div)	3
Minor (upper div)	3		
Multi/Wom St (Global Persp) or Minor	3		
<b>Total Hours</b>	<b>15</b>	<b>Total Hours</b>	<b>9</b>

Total hours for major courses: 36

Total hours for minor (if used) courses: 18

Total all hours for degree: 120

[9/12/08 TAS]

Computer literacy competency\*\* (CSCI 1403)

Oral Communication competency\* (KINS 1573,1583)

Degree Plan and Course Rotation Attached

**Corporate Fitness Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
Transferred from: \_\_\_\_\_  
Catalog Year: \_\_\_\_\_  
Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
Classification: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [43 hrs; * Note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1703 Elementary Statistics			
ZOO 2043/2041 Anatomy or ZOO 2013/2011			
*ZOO 2052/2051 Animal Phys or ZOO 2023/2021			
Humanities (3 hrs) Lit., Philosophy, or Lang. [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs)			
Social & Behavioral Sciences (3 hrs) [Recommend SOCI 1013; also fulfills GP requirement]			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) CSCI 1403			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core or recommend ENG 2133; also fulfills Humanities requirement in university core			
Recommend SOCI 1013; also partially fulfills social & behavioral science requirement in university core			
<b>Kinesiology Core</b> [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
KINS 4593 Measurement & Eval. [prereqs KINS 3602/3601; statistics; Senior status] F/Sp/Sum			
<b>Corporate Fitness Kinesiology Track Sequence</b> [28 hrs.]			
<b>A. KINS Techniques Courses</b> [4 hrs.]			
KINS 4003 Low Ropes Experiential Activities F/Sp			
Select 1 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech MM			
KINS 2071 Racquet Sports Tech [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech Sp			
KINS 2111 Basketball & Volleyball Tech F			
KINS 2121 Softball & Soccer Tech Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>Corporate Fitness Kinesiology Track Sequence</b> [continued]			
<b>B. Support Courses</b> [11 hrs.]			
CHEM 1013/1011 Intro Chemistry or CHEM 1113/1111 Chemical Principles I			
CHEM 1023/1021 Intro Org/Phys Chem or CHEM 1123/1121 Chemical Principles II or PHYS 1133/1131 Principles of Physics I			
NFS 2323 Intro to Nutrition			
<b>C. Content Knowledge Sequence</b> [7 hrs.]			
KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum			
KINS 4602/4601 Advanced Exercise Physiology [pre-reqs KINS 3602/3601] F/Sp			
KINS 4702/4701 Exercise Testing & Prescription [pre-reqs successful completion of KINS 3602/3601] F/Sp			
<b>D. Internships</b> [6 hrs.]			
KINS 4933 Internship/Cardiac Rehabilitation [pre-reqs KINS 3701, 4602/4601; Current First Aid & CPR/AED certification] F/Sp/Sum			
KINS 4933 Internship/Corporate Fitness [pre-reqs KINS 3701, 4702/4701; Current First Aid & CPR/AED certification] F/Sp/Sum			
<b>* Electives</b> [2-3 hrs.]			
2 credit elective if take ZOOL 2023			
3 credit elective if take ZOOL 2052			
<b>Minor</b> [18 hrs. w/6 hrs. of upper division (3000 or 4000 level)]			

**Additional Requirements:**

- ◆ Required overall GPA of 2.75
- ◆ Required C or better in all KINS courses
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 120 hrs to graduate, 36 of which must be advanced hours (3000-4000).
- ◆ Portfolio must meet minimal passing score

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses for**  
**B.A./B.S. in Kinesiology, Corporate Fitness/PPT - Department: Kinesiology**  
**First Year at Texas Woman's University**

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	MATH 1303 Elementary Analysis I	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assess. or HS 1902/1901 Fitness and Health	3	KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment or HS 1902/1901 Fitness and Health	3
ZOOL 2043/2041 Anatomy and Lab or ZOOL 2013/2011	4 4	ZOOL 2052/2051 Animal Physiology or ZOOL 2023/2021	3-4 <sup>+</sup>
CHEM 1013/1011 Introductory Chemistry or 1113/1111 Chemical Principles I	4	CHEM 1023/1021 Intro to Organ/Phys Chem or 1123/1121 Chemical Principles II	4
<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>16-17</b>

**Second Year at Texas Woman's University**

Hours		Hours	
HIST 1013 U.S. History 1492-1865	3	HIST 1023 U.S. History 1865-present	3
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4
GOV 2013 U.S. Gov't or MATH 1313 Analysis II	3	NFS 2323 Intro to Nutrition	3
NFS 2323 Intro to Nutrition or CSCI 1403** 1 <sup>st</sup> Course in Computing	3	or CSCI 1403** 1 <sup>st</sup> Course in Computing	3
KINS 1573 Evolving Discipline or KINS 1583* Foundations of Assessment or KINS 1902/1901 Fitness and Health	3	GOV 2013 U.S. Gov't or Math 1313 Analy II	3
KINS 1581 Fitness through Selected Activities	1	KINS 3592/3591 Kines & Biomechanics or 3602/3601 Physiology of Exercise	3
<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>16</b>

**Third Year at Texas Woman's University**

Hours		Hours	
KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities)	3	GOV 2023 Texas Gov't	3
Multi/Wom St (Global Persp; upper div)	3	KINS 2622/2621 APE Serv Delivery/Lab or Eng, Phil, Lang (Humanities)	3
KINS 3592/3591 Kines & Biomechanics or KINS 3602/3601 Physiology of Exercise	3	KINS Technique Course	1
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	or KINS 3701 Practicum Sr Adult Fitness	3
HS 3032 Med Term or PSY 1013 Intro Psy	2-3	KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exer Test/Prescrip.	3
		PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4
		HS 3032 Med Term or PSY 1013 Intro Psy	2-3
<b>Total Hours</b>	<b>15-16</b>	<b>Total Hours</b>	<b>16-17</b>

**Fourth Year at Texas Woman's University**

Hours		Hours	
KINS 4602/4601 Adv Exercise Physiology or KINS 4702/4701 Exercise Test/Prescrip.	3	KINS 4933 Corp/Cardiac	3
KINS 4573 Motor Learning/Development or KINS 4593 Measurement/Eval in PE	3	KINS 4933 Corp/Cardiac	3
PSY (upper)	3	KINS 4573 Motor Learning/Development or KINS 4593 Measurement/Eval in PE	3
Vis/Perf Art (upper)	3		
KINS Technique Course or KINS 3701 Practicum Sr Adult Fitness	1		
PSY 3303 Applied Statistics	3		
<b>Total Hours</b>	<b>16</b>	<b>Total Hours</b>	<b>9</b>

Total hours for major courses: 36      x Computer literacy competency \*\*CSCI 1403  
Total hours for minor (if used) courses: NA      x Oral Communication competency \*KINS 1573,1583  
Total all hours for degree: 123      x Degree Plan and Course Rotation Attached  
+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan [9/12/08 TAS]

**Corporate Fitness/PPT Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
Transferred from: \_\_\_\_\_  
Catalog Year: \_\_\_\_\_  
Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
Classification: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [43 hrs; +Note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1303 Elementary Analysis I			
ZOOL 2043/2041 Anatomy or ZOOL 2013/ZOOL 2011			
+ZOOL 2052/2051 Animal Phys or ZOOL 2023/ZOOL 2021			
Humanities (3 hrs) Lit., Philosophy, or Lang. [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs – upper division) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs – upper division)			
Social & Behavioral Sciences (3 hrs) PSY 1013			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) CSCI 1403			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core			
Recommend ENG 2133; also fulfills Humanities requirement in university core or Soc 1013 for other PT programs			
<b>Kinesiology Core</b> [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
KINS 4593 Measurement & Eval. [prereqs KINS 3602/3601; statistics; Senior status] F/Sp/Sum			
<b>Corporate Fitness/PPT Kinesiology Track Sequence</b> [52 hrs.]			
<b>A. KINS Techniques Courses</b> [1 hr. min]			
Select 1 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech MM			
KINS 2071 Racquet Sports Tech [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech Sp			
KINS 2111 Basketball & Volleyball Tech F			
KINS 2121 Softball & Soccer Tech Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			
KINS 4003 Low Ropes Experiential Activity F/Sp			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>Corporate Fitness/PPT Kinesiology Track Sequence</b> [continued]			
<b>B. Support Courses</b> [38 hrs.]			
BIOL 1113/1111 Biology I			
BIOL 1123/1121 Biology II			
CHEM 1013/1011 Intro Chemistry or CHEM 1113/1111 Chemical Principles I			
CHEM 1023/1021 Intro Org/Phys Chem or CHEM 1123/1121 Chemical Principles II			
HS 3032 Medical Terminology			
PHYS 1133/1131 Physics I			
PHYS 1143/1141 Physics II			
MATH 1313 Elementary Analysis II [pre-req MATH 1303]			
NFS 2323 Intro to Nutrition			
PSY 3303 Applied Statistics [pre-reqs PSY 1013; 3 hrs. MATH]			
PSY (3 hrs – upper division) <u>Recommend</u> PSY 3023 or 3513 [pre-req PSY 1013]			
<b>C. Content Knowledge Sequence</b> [7 hrs.]			
KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum			
KINS 4602/4601 Advanced Exercise Physiology [pre-reqs KINS 3602/3601] F/Sp			
KINS 4702/4701 Exercise Testing & Prescription [pre-reqs successful completion of KINS 3602/3601] F/Sp			
<b>D. Internships</b> [6 hrs.]			
KINS 4933 Internship/Cardiac Rehabilitation [pre-reqs KINS 3701, 4602/4601; Current First Aid & CPR/AED certification] F/Sp/Sum			
KINS 4933 Internship/Corporate Fitness [pre-reqs KINS 3701, 4702/4701; Current First Aid & CPR/AED certification] F/Sp/Sum			

**+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan**

**Additional Requirements:**

- ◆ Required overall GPA of 2.75
- ◆ Required C or better in all KINS courses
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 123 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

## **DPT Information**

### **Requirements**

Baccalaureate degree in any major must be completed prior to beginning the program. (Note exception for Human Biology, Kinesiology and Psychology fast track students at TWU).

You must have successfully completed (C or above) these prerequisites:

- Two semesters of biology or zoology with laboratory
  - Not accepted are biology for non-science majors, anatomy, physiology, kinesiology, botany, and ecology
- Two semesters of chemistry with laboratory
- Two semesters of basic physics with laboratory
  - Not accepted is physics for non-science majors
- One semester of college algebra AND one semester of college trigonometry, OR One semester of pre-calculus, OR One semester of calculus.
- Six hours of psychology (excluding statistics)
- One three-hour course in statistics
- One semester of general physiology with laboratory (preferably human); OR Two semesters of anatomy and physiology with laboratory; OR One semester of anatomy and physiology with laboratory PLUS One semester of exercise physiology.
- **New for 2007:** Applicants must complete a course in medical terminology. We will no longer accept a test on the brainbench website.

### **Additional Requirements**

- Competitive score on the Verbal, Analytical, Writing and Mathematical Reasoning test of the Graduate Record Examination. (TWU institution code: R6826. PT code: 0619)
- International students must also submit acceptable TOEFL (Test of English as a Foreign Language) and TSE/Test A (Test of Spoken English) scores.
- Three (3) completed [Applicant Recommendation Forms](#) from two physical therapists (licensed to practice in the US) where you have observed/worked/volunteered for at least 20 hours with each therapist in two different settings, and one by a professor, supervisor or employer at another facility.
- A minimum GPA of 3.0 in last 60 hours of coursework.

### **Recommendations**

Applicants should know as much as possible about the profession in order to make sound decisions of their suitability for physical therapy. We recommend that applicants work or volunteer in several different types of physical therapy facilities to experience the wide range of practice options that are available. A strong background in anatomy facilitates success in the cadaver dissection anatomy which is taught in the program. If you have not taken an anatomy course we recommend an Internet course offered in the summer semester at TWU.

## **Entering Freshmen**

Degree plans are available in *kinesiology*, human biology, psychology, nutrition, and child development which enable freshmen to complete the courses necessary for the major and the prerequisites for the graduate program in physical therapy. Be sure to tell your advisor when registering for classes that you are interested in the pre-physical therapy degree plan.

**Special Fast Track** degree plans are available in *kinesiology*, human biology and psychology which prepare the student to apply to the graduate physical therapy program in the junior year. Students may be accepted into the graduate program after three years of baccalaureate work and then may complete the B.S. in kinesiology, human biology or psychology and the DPT in physical therapy in six years. It is recommended that a student only completes one year at a community college if interested in this Fast Track degree since upper level courses will need to be taken in the sophomore year. **Students must have a cumulative GPA of 3.00 in order to be accepted into the B.S. in Kinesiology DPT Fast-Track.** *Also note that if a student is not accepted into the DPT, he/she must complete one of the other B.S. in Kinesiology option tracks to graduate.*

Website for application Procedure information:

[http://www.twu.edu/pt/html/240\\_App\\_Procedure.htm](http://www.twu.edu/pt/html/240_App_Procedure.htm)

**For additional information:** Contact Ms. Mary Beth Daugherty, Sr. Administrative Assistant  
HDB 202

[MDaugherty@twu.edu](mailto:MDaugherty@twu.edu)

(940) 898-2460

## **BS – MOT Fast Track Information**

The **BS–MOT *Fast Track*** is a professional level program that moves the student from bachelors through the entry level Masters of Occupational Therapy in an average of 5.5 years. This program is designed for the individual without a bachelor's degree in place. The BS-MOT is on the Denton campus only. Transfer students can readily fit into this program.

### **How is the BS-MOT *Fast Track* organized?**

The School of Occupational Therapy is a professional program that is part of the TWU Graduate School. Students who want to become an occupational therapist enroll in an undergraduate major of Psychology, Child Development, Family Studies, Health Studies, or **Kinesiology**. Generally, the student will spend the first three years of undergraduate work completing core, pre-requisite and major courses. **Students must have a cumulative GPA of 3.00 in order to be accepted into the B.S. in Kinesiology MOT Fast-Track.** *Also note that if a student is not accepted into the MOT, he/she must complete one of the other B.S. in Kinesiology option tracks to graduate.*

### **Application Process**

Application to the School of Occupational Therapy is a process which includes a minimum GPA, an average GPA of Pre-requisite courses, and 20 hours of volunteer work with an OTR. The January prior to completing the core, pre-requisite and major courses; the student completes the application process with an interview and writing activity at the School of Occupational Therapy. Upon acceptance into the OT program, the student begins OT courses in the fall. The first year of OT courses is also the last year of the

bachelors program. Graduation with a degree in the chosen undergraduate major occurs at the end of the first year of OT coursework. Following the completion of the undergraduate degree, the student has one more year of OT coursework and six months of level II fieldwork. Upon successful completion of these requirements for the MOT, the student is ready to sit for the national exam required for licensure.

### **Prerequisites**

The prerequisites necessary for application/admission are embedded in the Corporate Fitness/MOT Fast-Track degree plan. However, you must meet with the School of Occupational Therapy so that you are entered into their database. The School of OT will not accept anything less than a “B” in prerequisite courses. All core courses, major courses, and prerequisites must be successfully completed prior to beginning OT courses, **without exception!** No more than 2 attempts are permissible on any prerequisite.

The BS-MOT is full time, face-to-face courses. Once in the program, a 3.0 in OT courses must be maintained semester to semester, and failure to make at least a “C” in any course will result in sitting out until the course is offered again.

**For additional information:** Contact Dr. Johnnie Aven, BS-MOT Coordinator

MCL 721

[JAven@twu.edu](mailto:JAven@twu.edu)

(940) 898-2823

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses for**  
**B.A./B.S. in Kinesiology, Corporate Fitness-DPT Fast-Track**  
**Department: Kinesiology**  
**First Year at Texas Woman's University**

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	MATH 1313 Elementary Analysis II	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assess. or HS 1902/1901 Fitness and Health	3	KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment or HS 1902/1901 Fitness and Health	3
ZOOL 2043/2041 Anatomy and Lab	4	ZOOL 2052/2051 Animal Physiology	3-4 <sup>+</sup>
or ZOOL 2013/2011	4	or ZOOL 2023/2021 <sup>+</sup>	
CHEM 1013/1011 Introductory Chemistry or 1113/1111 Chemical Principles I	3	CHEM 1023/1021 Intro to Organ/Phys Chem or 1123/1121 Chemical Principles II	4
MATH 1303 Elementary Analysis I		HIST 1013 U.S. History 1492-1865	3
<b>Total Hours</b>	<b>20</b>	<b>Total Hours</b>	<b>19-20</b>

**Second Year at Texas Woman's University**

Hours		Hours	
HIST 1023 U.S. History 1865-present	3	PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	KINS 3592/3591 Kines & Biomechanics	3
GOV 2013 U.S.	3	or 3602/3601 Physiology of Exercise	
NFS 2323 Intro to Nutrition	3	Visual/Perf Art (upper and meet Global)	3
KINS 1573 Evolving Discipline or KINS 1583* Foundations of Assessment or HS 1902/1901 Fitness and Health	3	HS 3032 Med Term or PSY 1013 Intro to Psy	2-3
KINS 1581 Fitness through Selected Activities	1	KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities)	3
KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities)	3	GOV 2023 Texas Gov't	3
<b>Total Hours</b>	<b>20</b>	<b>Total Hours</b>	<b>18-19</b>

**Third Year at Texas Woman's University**

Hours		Hours	
PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4	KINS Technique Course or KINS 3701 Practicum Sr Adult Fitness	1
Multicultural WS (upper and meet Global)	3	KINS 4602/4601 Adv Exercise Physiology	3
KINS 3592/3591 Kines & Biomechanics or KINS 3602/3601 Physiology of Exercise	3	PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4
HS 3032 Med Term or PSY 1013 Intro to Psy	2-3	Psy 3303 Applied Stats (if accepted DPT)	3
KINS Technique Course	1	KINS 4573 Motor Learning	3
or KINS 3701 Practicum Sr Adult Fitness		PSY (upper )	3
KINS 4593 Meas Eval PE	3	KINS 4933 Internship	3
<b>Total Hours</b>	<b>16-17</b>	<b>Total Hours</b>	<b>20</b>

**Fourth Year at Texas Woman's University (Accepted TWU DPT)**

Hours		Hours	
PT 5015 Gross Human Anatomy	5		
PT 5221 Ex Test/Prescription PT	1		
PT 5072 Dev Concepts: Adolescent to Geriatrics	2		
<b>Total Hours</b>	<b>8**</b>	<b>Total Hours</b>	

Total hours for major courses: 36

pass test Computer literacy competency

Total hours for minor (if used) courses: NA

x Oral Communication competency \*KINS 1573, 1583

Total all hours for degree: 122

x Degree Plan and Course Rotation Attached

**+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan** [9/12/08 TAS]

**\*\*Those students recommended for the Fast Track DPT program must also enroll in PT 5811, PT 5014, PT 5082**

**Corporate Fitness/DPT Fast-Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
 Transferred from: \_\_\_\_\_  
 Catalog Year: \_\_\_\_\_  
 Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
 Classification: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [43 hrs; + Note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1303 Elementary Analysis I			
ZOO 2043/2041 Anatomy or ZOO 2013/ 2011			
+ZOO 2052/2051 Animal Phys or ZOO 2023/2021			
Humanities (3 hrs) Lit., Philosophy, or Lang. [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs – upper division) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs – upper division & GP)			
Social & Behavioral Sciences (3 hrs) PSY 1013			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) Pass exam			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core			
Recommend ENG 2133; also fulfills Humanities requirement in university core or Soc 1013 for other PT programs			
<b>Kinesiology Core</b> [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
KINS 4593 Measurement & Eval. [prereq KINS 3602/3601; statistics; Senior status] F/Sp/Sum			
<b>Corporate Fitness/DPT Kinesiology Fast-Track Sequence</b> [54 hrs.]			
<b>A. KINS Techniques Courses</b> [1 hr. min]			
Select 1 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech MM			
KINS 2071 Racquet Sports Tech [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech Sp			
KINS 2111 Basketball & Volleyball Tech F			
KINS 2121 Softball & Soccer Tech Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			
KINS 4003 Low Ropes Experiential Activity F/Sp			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>Corporate Fitness/DPT Kinesiology Fast-Track Sequence</b> [continued]			
<b>B. Support Courses</b> [38 hrs.]			
BIOL 1113/1111 Principles of Biology I			
BIOL 1123/1121 Principles of Biology II			
CHEM 1013/1011 Intro Chemistry or CHEM 1113/1111 Chemical Principles I			
CHEM 1023/1021 Intro Org/Phys Chem or CHEM 1123/1121 Chemical Principles II			
HS 3032 Medical Terminology			
MATH 1313 Elementary Analysis II [pre-req MATH 1303]			
NFS 2323 Intro to Nutrition			
PHYS 1133/1131 Principles of Physics I			
PHYS 1143/1141 Principles of Physics II			
PSY 3303 Applied Statistics (if accepted DPT) [pre-reqs PSY 1013; 3 hrs. MATH]			
PSY (3 hrs – upper division) <u>Recommend</u> PSY 3023 or 3513 [pre-req PSY 1013]			
<b>C. Content Knowledge Sequence</b> [4 hrs.]			
KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum			
KINS 4602/4601 Advanced Exercise Physiology [pre-reqs KINS 3602/3601] F/Sp			
<b>D. Internships</b> [3 hrs.]			
KINS 4933 Internship [pre-reqs KINS 3701, 4602/4601; Current First Aid & CPR/AED certification] F/Sp/Sum			
<b>*E. Required PT Courses</b> (8 hrs if accepted into TWU DPT)			
PT 5015 Gross Human Anatomy			
PT 5072 Developmental Concepts: Adolescent to Geriatrics			
PT 5221 Ex Test/Prescription PT			

**+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan**

**Additional Requirements:**

- ◆ Required overall GPA of 3.00
- ◆ Required C or better in all KINS
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 122 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses for**  
**B.A./B.S. in Kinesiology, Corporate Fitness-MOT Fast-Track**  
**Department: Kinesiology**

**First Year at Texas Woman's University**

Hours		Hours	
English 1013 Composition I	3	English 1023 Composition II	3
Math 1013 Quantitative Literacy	3	Math 1703 Elementary Statistics	3
Kins 1573* Evolving Discipline	3	Kins 1581 Fitness through Selected Activities	1
Kins 1583* Foundations of Assessment	3	HS 1902/1901 Fitness & Health	3
Zool 2013/2011 Anatomy & Physiology I or Zool 2043/2041 Anatomy and Lab	4	+Zool 2023/2021 Anatomy & Physiology II or Zool 2052/2051	4
		Visual/Perf Arts (Global)	3
<b>Total Hours</b>		<b>Total Hours</b>	
16		17	

**Second Year at Texas Woman's University-suggested**

Hours		Hours	
Kins 2622/2621 APE Service Delivery/ Motor & Aquatic APE Instr. Lab	3	Phys 1133/1131 Principles of Physics I	4
Eng/Phil/Lang (Humanities, Global)	3	Kins 3602/3601 Physiology of Exercise	3
Hist 1013 U.S. History 1492-1865	3	Hist 1023 U.S. History 1865-present	3
Gov 2013 U.S. Gov't	3	Psy 1603 Developmental Psychology	3
Psy 1013 Intro to Psychology	3	NFS 2323 Intro to Nutrition	3
	3	Kins 3701 Practicum in Senior Adult Fitness	1
<b>Total Hours</b>		<b>Total Hours</b>	
15		17	

**Third Year at Texas Woman's University-suggested**

Hours		Hours	
Kins 3592/3591 Kinesiology & Biomechanics	3	Gov 2023 Texas Gov't	3
Zool 3123/3121 Neuroanatomy & Neurophysiology	4	Psy 3513 Abnormal Psychology	3
Kins 4602/4601 Adv. Exercise Physiology	3	Kins 4573 Motor Learning & Development	3
Kins 4702/4701 Exercise Testing/Prescription	3	Kins 4933 Practicum in Exercise Sci	3
Multicult WS	3	Kins 4933 Practicum in Exercise Sci	3
		Kins Technique Course	1
<b>Total Hours</b>		<b>Total Hours</b>	
16		16	

**Fourth Year at Texas Woman's University- required**

Hours		Hours	
OT 4013 Foundational Bases OT Processes	3	OT 5312 OT Practice Methods	2
OT 4022 Wellness through Adapt. & Occ.	2	OT5322 Infancy & Childhood Application	2
OT 4033 Analysis of Person, Tools, & Occ.	3	OT5324 Infancy & Childhood	4
OT 4041 Exploration of Scholarly Inquiry	1	OT 5332 Ways of Doing	2
OT 4352 Assessment In OT Processes	2	OT 5342 Qualitative Research Methods	2
OT 4061 Observation of Adapt. in the Comm.	1		
<b>Total Hours</b>		<b>Total Hours</b>	
12		12**	

Total hours for major courses: 33

Total hours for minor (if used) courses: NA

Total all hours for degree: 120

pass test Computer literacy competency

x Oral Communication competency \*KINS 1573,1583

x Degree Plan and Course Rotation Attached

**+Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan**

\*\*Those students recommended for the Fast Track MOT program must also enroll in OT 5911 & OT 5361  
 [9/12/08 TAS]

**Corporate Fitness/MOT Fast-Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
 Transferred from: \_\_\_\_\_  
 Catalog Year: \_\_\_\_\_  
 Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
 Classification: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [44 hrs; * note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1703 Elementary Statistics			
ZOOL 2013/2011 Anatomy & Physiology I or ZOO 2043/2041			
*ZOO 2023/2021 Anatomy & Physiology II or ZOO 2052/2051			
Humanities (3 hrs) Lit., Philosophy, or Lang. [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs)			
Social & Behavioral Sciences (3 hrs) PSY 1013			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) Pass exam			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core			
Recommend ENG 2133; also fulfills Humanities requirement in university core			
<b>Kinesiology Core</b> [22 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
<b>Corporate Fitness/MOT Kinesiology Fast-Track Sequence</b> [ 55 hrs.]			
<b>A. KINS Techniques Courses</b> [1 hr. min]			
Select 1 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech MM			
KINS 2071 Racquet Sports Tech [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech Sp			
KINS 2111 Basketball & Volleyball Tech F			
KINS 2121 Softball & Soccer Tech Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			
KINS 4003 Low Ropes Experiential Activity F/Sp			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>Corporate Fitness/MOT Kinesiology Fast-Track Sequence</b> [continued]			
<b>B. Support Courses</b> [17 hrs.]			
NFS 2323 Intro to Nutrition			
PHYS 1133/1131 Principles of Physics I			
PSY 1603 Developmental Psychology			
PSY 3513 Abnormal Psychology			
ZOOL 3123/3121 Neuroanatomy & Neurophysiology			
<b>C. Content Knowledge Sequence</b> [7 hrs.]			
KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum			
KINS 4602/4601 Advanced Exercise Physiology [pre-reqs KINS 3602/3601] F/Sp			
KINS 4702/4701 Exercise Testing & Prescription [pre-reqs successful completion of KINS 3602/3601] F/Sp			
<b>D. Internships</b> [6 hrs.]			
KINS 4933 Practicum in Exercise Science [pre-reqs KINS 3701, 4602/4601; Current First Aid & CPR/AED certification] F/Sp/Sum			
KINS 4933 Practicum in Exercise Science [pre-reqs KINS 3701, 4702/4701; Current First Aid & CPR/AED certification] F/Sp/Sum			
<b>E. Required OT Courses</b> (Take during senior/4 <sup>th</sup> year) [24 hrs.]			
OT 4013 Foundational Bases & OT Processes			
OT 4022 Wellness through Adaptation & Occupation			
OT 4033 Analysis of Person, Tools, & Occupations			
OT 4041 Exploration of Scholarly Inquiry			
OT 4061 Observation of Adaptation in the Community			
OT 4352 Assessment in OT Processes			
OT 5312 OT Practice Models			
OT 5322 Occupational Adaptation: Birth to Adolescence Lab			
OT 5324 Occupational Adaptation: Birth to Adolescence			
OT 5332 Ways of Doing: Self-Care, Work, Play/Leisure			
OT 5342 Qualitative Research Methods in OT			
<b>*F. Additional OT Courses</b> (must enroll in these courses if recommended for MOT Fast-Track) [2 hrs.]			
OT 5361 Occupational Adaptation Contexts of Childhood			
OT 5911 Individual Study			

\* **Note:** Taking ZOOL 2023 will add an additional one hour to the approved degree plan

**Additional Requirements:**

- ◆ Required overall GPA of 3.00
- ◆ Required C or better in all KINS
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 120 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

## *All-Level Physical Education Teacher Certification-Kinesiology*

Physical Education Teacher Certification is an area of emphasis in the Department of Kinesiology at Texas Woman's University leading to a B.S. in Kinesiology degree. Being a part of the teacher certification program opens many avenues of opportunity. Completion of the degree and certification through passing the TeXes (administered by the State of Texas) provides the certified physical educator the possibility of a career in elementary physical education, secondary physical education, and coaching.

Other leadership and employment opportunities for the certified teacher educator include sports camp employment, ropes facilitation, chairmanship of physical education departments at the local school level, physical education supervisory positions at district/county levels and director of athletics.

The professional organizations for educators in physical education are the Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) and the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD). Through membership and participation in these state and national organizations, physical educators are afforded many opportunities to impact the current and future status of physical education in public schools.

A student interested in becoming a physical educator has two choices within the all-level certification program. The All-Level Physical Education Teacher Certification-Kinesiology Track should be selected by those students who are interested in becoming an elementary or secondary physical educator and/or coach. If you are interested in working with students with disabilities, the appropriate program track is Adapted Physical Education Teacher Certification-Kinesiology. Please see Dr. Silliman-French for the specifics about this program.

All students must purchase approved liability insurance for all practica, professional education courses, and student teaching. All students must have a current First Aid and CPR/AED card during student teaching. No classes may be taken during the day when student teaching. All course work should be completed prior to the student teaching semester.

Students in the All-Level Physical Education Teacher Certification Track must complete a **practicum in coaching (KINS 3801)**. This is an internship in specialized athletic coaching fieldwork under the supervision of a secondary school coach. In this practicum students will develop skills and knowledge necessary to develop practice schedules, strength and conditioning plans, game day preparation, techniques and tactics for the specific sport. Students should complete all techniques courses and have junior status *prior to* enrolling this practicum. Students should get the official paper work to initiate the practicum from Ms. Brown during the early advising period after registering for the course. Please see Ms. Brown for further information.

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses for**  
**B.A./B.S. in Kinesiology, All-Level Physical Education Teacher Certification**  
**Department: Kinesiology**  
**First Year at Texas Woman's University**

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
HIST 1013 US History 1492-1865	3	HIST 1023 US History 1865-Present	3
MATH 1013 Quantitative Literacy	3	GOV 2013 American Government	3
KINS 1573* Evolving Discipline	3	KINS 1581 Fitness	1
KINS 1583* Foundations of Assessment	3	HS 1902/1901 Fitness & Health	3
		MATH 1703 Elementary Statistics	3
<b>Total Hours</b>		<b>Total Hours</b>	
15		16	

**Second Year at Texas Woman's University**

Hours		Hours	
ZOOL 2013/2011 Anatomy & Physiology I or ZOO 2043/2041	4	ZOOL 2023/2021 Anatomy & Physiology II or ZOO 2052/2051 and 1 hr elective	4
GOV 2023 Texas Government	3	KINS 2622/2621 APE Service Delivery/Motor & Aquatic APE Instr. Lab	3
Humanities (English literature)	3	KINS Technique Course	1
Social Behavioral Science	3	KINS Technique Course	1
EDUC 2003 Schools & Society	3	CSCI 3002** Advanced Computing Tech	2
KINS Technique Course	1	Multicultural Women's Studies	3
		Electives	3
<b>Total Hours</b>		<b>Total Hours</b>	
17		17	

**Third Year at Texas Woman's University**

Hours		Hours	
Visual/Performing Arts	3	EDUC 3001 Integ. Tech for Effective Learn	1
KINS 3592/3591 Kinesiology & Biomechanics	3	EDUC 3003 Learning Theory & Development	3
KINS 3633 Athletic Injuries	3	KINS 3573 Develop. Movement for Children	3
KINS 3801 Practicum in Coaching	1	KINS 3602/3601 Exercise Physiology	3
READ 3013 Literature across Curriculum	3	KINS 3643 Athletic & Fitness Program Mgt.	3
Electives	3	KINS 3811 Movement Activities for Children	1
		KINS 4003 Low Ropes Experiential Activity	3
<b>Total Hours</b>		<b>Total Hours</b>	
16		17	

**Fourth Year at Texas Woman's University**

Hours		Hours	
KINS 3102/3101 Secondary PE Pedagogy & Practicum	3	EDUC 4863 Student Teaching	3
KINS 4573 Motor Learning & Development	3	EDUC 4863 Student Teaching	3
KINS 4593 Measurement & Evaluation in PE	1		
EDUC 4001 Integ Tech into Instruction & Assess	3		
EDUC 4113 Design & Implem Instruct/Assess	3		
EDUC 4243 Classroom Environment & Mgt	3		
<b>Total Hours</b>		<b>Total Hours</b>	
16		6	

Total hours for major courses: 36

Total hours for minor (if used) courses: NA

Total all hours for degree: 120

[9/12/08 TAS]

x\*\*Computer literacy competency (CSCI 3002)

x\* Oral Communication competency (KINS 1573, 1583)

x Degree Plan and Course Rotation Attached

**All-Level Physical Education Teacher Certification Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
Transferred from: \_\_\_\_\_  
Catalog Year: \_\_\_\_\_  
Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
Classification: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [43 hrs; * Note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1703 Elementary Statistics			
ZOO 2013/2011 Anat & Phys I or 2043/2041 Anatomy			
*ZOO 2023/2021 Anat & Phys II or 2052/2051 Animal Phys			
Humanities (3 hrs) English Literature [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs)			
Social & Behavioral Sciences (3 hrs) [Recommend SOCI 1013; also fulfills GP requirement]			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) CSCI 3002			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core or recommend ENG 2133; also fulfills Humanities requirement in university core			
Recommend SOCI 1013; also partially fulfills social & behavioral science requirement in university core			
<b>Kinesiology Core</b> [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
KINS 4593 Measurement & Eval. [prereqs KINS 3602/3601; statistics; Senior status] F/Sp/Sum			
<b>All-Level Physical Education Kinesiology Track Sequence</b> [20 hrs.]			
<b>A. Techniques Courses</b> [6 hrs.]			
KINS 4003 Low Ropes Experiential Activities F/Sp			
Select 3 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech** MM			
KINS 2071 Racquet Sports Tech** [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech** Sp			
KINS 2111 Basketball & Volleyball Tech** F			
KINS 2121 Softball & Soccer Tech** Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			
**Recommended for All-Level Certification			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>All-Level Physical Education Kinesiology Track Sequence [continued]</b>			
<b>B. Content &amp; Pedagogical Knowledge Sequence [13 hrs]</b>			
KINS 3102/3101 Secondary PE Pedagogy & Practicum [prereqs KINS 1573, 1583, and 2 techniques courses] F			
KINS 3573 Developmental Movement for Children [co-req KINS 3811; pre-reqs KINS 1573,1583,3592/3591] Sp			
KINS 3633 Athletic Injuries [prereqs ZOOOL 2043/2041 & ZOOOL 2052/2051 or equivalent] F			
KINS 3643 Athletic & Fitness Program Management Sp			
KINS 3811 Movement Activities for Children Internship [co-req KINS 3573] Sp			
<b>C. Practicum [1 hr]</b>			
KINS 3801* Practicum in Coaching F/Sp			
Practicum in Coaching of			
Practicum in Coaching of			
Practicum in Coaching of			
*Multiple coaching practica are recommended			
<b>* Electives [6-7 hrs.]</b>			
6 hours electives if taken ZOOOL 2023/2021			
7 hours electives if taken ZOOOL 2052/2051			
<b>Pedagogy &amp; Professional Responsibility (PPR) Courses [23 hrs]</b>			
EDUC 2003 Schools & Society			
EDUC 3001 Integrating Technology for Effective Learning [co-req EDUC 3003; prereq - admission to Teacher Education]			
EDUC 3003 Learning Theory & Development [co-req EDUC 3001; prereqs EDUC 2003 (or co-req) & admission to Teacher Education]			
READ 3013 Literacy & Learning Across Curriculum			
EDUC 4001 Integrating Techn into Instruction & Assessment [co-reqs EDUC 4113 & EDUC 4243] F/Sp only			
EDUC 4113 Design & Implementation of Instruction & Assessment [co-reqs EDUC 4001 & EDUC 4243] F/Sp only			
EDUC 4243 Classroom Environment & Management [co-reqs EDUC 4001 & EDUC 4113]			
EDUC 4863 Student Teaching - Elementary Physical Education [Prereq: Current First Aid & CPR/AED certification]			
EDUC 4863 Student Teaching – Secondary Physical Education [Prereq: Current First Aid & CPR/AED certification]			

**Additional Requirements:**

- ◆ Required overall GPA of 2.75
- ◆ Required C or better in all KINS & EDUC courses
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 120 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

**THEA Scores:**

Read (260) \_\_\_\_\_  
 Math (240) \_\_\_\_\_  
 Writing (240) \_\_\_\_\_

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

## *Adapted Physical Education*

Today in the United States, it is estimated that 95 percent of school-aged students are being provided physical education instruction in some type of general physical education environment. These students include persons with disabilities. There is a clear need to prepare general physical educators to provide the appropriate services to all students.

Texas Woman's University is the only University in the state of Texas that prepares physical education majors with these specialized competencies to take the Adapted Physical Education National Exam. This certification allows physical educators the right to call themselves Certified Adapted Physical Educators (CAPE). In addition, these students graduate with a second teaching field in special education.

Most of the graduates of this program will teach and/or coach in the public schools. The average starting salary, depending on the school district is estimated between \$40,000 to \$45,000 for a 9/10-month period. During the summer many physical educators work at summer sports camps, teach summer school, or take graduate courses. This program provides a unique opportunity for physical educators to make themselves more employable and more capable to meet the needs of all children.

**Texas Woman's University**  
**Fall 2008 Suggested Sequence of Courses**  
**B.A./B.S. in Kinesiology, All-Level Physical Education Teacher APE Certification**  
**Department: Kinesiology**  
**First Year at Texas Woman's University**

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	KINS 1573* Evolving Discipline	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment	3	or KINS 1583* Foundation of Assessment	
HIST 1013 U.S. History 1492-1865	3	KINS 2141 Disability Sport & Mod Games	1
CSCI 3002 Advanced Computing Tech**	2	HS 1902/1901 Fitness & Health	3
MATH 1703 Elementary Statistics	3	HIST 1023 U.S. History 1865-present	3
		Vis/Perf Art	3
<b>Total Hours</b>	<b>17</b>	<b>Total Hours</b>	<b>16</b>

**Second Year at Texas Woman's University**

Hours		Hours	
GOV 2013 U.S. Gov't	3	ZOOL 2052/2051 Animal Physiology or	3-4 <sup>+</sup>
ZOOL 2043/2041 Anatomy and Lab or ZOOL 2013/2011	4	ZOOL 2023/2021	
Social Behavioral Science	3	GOV 2023 Texas Gov't	3
Kins Technique Course	1	EDUC 2003 Schools and Society	3
KINS 2622/2621 APE Service Delivery/ Motor & Aquatic APE Instr. Lab	3	Multicult/Women's St (GI Persp)	3
ENGLit (Humanities)	3	KINS Technique Course	1
KINS 1581 Fitness through Selected Activities	1	KINS Technique Course	1
		READ 3013 Lit. across Curriculum	3
<b>Total Hours</b>	<b>18</b>	<b>Total Hours</b>	<b>17-18</b>

**Third Year at Texas Woman's University**

Hours		Hours	
KINS 3102/3101 Secondary PE Pedagogy & Practicum	3	KINS 3573 Develop. Movement for Children/KINS 3811 Movement Activities For Children Internship	4
KINS 3592/3591 Kinesiology & Biomechanics or 3602/3601 Physiology of Exercise	3	KINS 3592/3591 Kines & Biomechanics or 3602/3601 Physiology of Exercise	3
KINS 4573 Motor Learning & Development	3	KINS 4003 Low Ropes Experiential Activities	3
KINS 4822/4821 Assessment in APE & Practicum	3	KINS 4801 Adapted Aquatics Sports Intern	1
EDUC 3003 Learning Theory & Development/ EDUC 3001 Integ. Technology for Effect. Learn	4	KINS 4811 Inclusion in PE Internship	1
		EDSP 4223 Char Lrn & Beh Disorders	3
		EDSP 4233 Char MR & MH Disorders	3
<b>Total Hours</b>	<b>16</b>	<b>Total Hours</b>	<b>18</b>

**Fourth Year at Texas Woman's University**

Hours		Hours	
KINS Technique course	1	EDUC 4863 Student Teaching	3
KINS 4593 Measurement & Evaluation in PE	3	EDUC 4863 Student Teaching	3
EDUC 4113 Design & Implem Assess/Instruc	3		
EDUC 4001 Integ. Tech Design/Implem Assess	1		
EDUC 4243 Classroom Envir & Management	3		
EDSP 4253 Instr. Strategies Stud w/Disabilities	3		
<b>Total Hours</b>	<b>14</b>	<b>Total Hours</b>	<b>6</b>

Total hours for major courses: 36

x\*\* Computer literacy competency (CSCI 3002)

Total hours for minor (if used) courses: NA

x\* Oral Communication competency (KINS 1573,1583)

Total all hours for degree: 122

x Degree Plan and Course Rotation Attached

**+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan**

[9/12/08 TAS]

**Adapted Physical Education Certification Track  
Bachelor of Science in Kinesiology  
Fall 2008 and Thereafter  
Advising Check Sheet**

Student: \_\_\_\_\_  
Transferred from: \_\_\_\_\_  
Catalog Year: \_\_\_\_\_  
Address: \_\_\_\_\_

TWU ID #: \_\_\_\_\_  
Classification: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>University Core Curriculum</b> [43 hrs; + Note ZOO 2023]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1703 Elementary Statistics			
ZOO 2043/2041 Anatomy or 2013/2011 Anat & Phys I			
+ZOO 2052/2051 Animal Phys or 2023/2021 Anat & Phys II			
Humanities (3 hrs) English Literature [Recommend ENG 2133; also fulfills GP requirement]			
Visual/Performing Arts (3 hrs) [Recommend ART 3053 or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs)			
Social & Behavioral Sciences (3 hrs) [Recommend SOCI 1013; also fulfills GP requirement]			
<b>Core Competencies</b> [effective Fall 2005]			
Computer Literacy (approved CS course or exam) CSCI 3002			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
<b>Global Perspectives [GP] Graduation Requirement</b> [effective Fall 2007; 6 hrs required; may double dip from Core]			
Recommend ART 3053 or MUS 3713; also fulfills visual/performing arts requirement in university core or recommend ENG 2133; also fulfills Humanities requirement in university core			
Recommend SOCI 1013; also partially fulfills social & behavioral science requirement in university core			
<b>Kinesiology Core</b> [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum			
KINS 1581 Fitness [prereq KINS major or consent] F/Sp			
KINS 1583 Foundations of Assessment F/Sp/Sum			
HS 1902/1901 Fitness & Health F/Sp			
KINS 2622/2621 Adapted PE [prereq for SPED specialization] F/Sp/SUM			
KINS 3592/3591 Kinesiology & Biomechanics [prereq ZOO 2043/2041 or equivalent] F/Sp/Sum			
KINS 3602/3601 Exercise Physiology [prereq ZOO 2052/2051] F/Sp/Sum			
KINS 4573 Motor Learning & Dev. [prereq Senior status] F/Sp/Sum			
KINS 4593 Measurement & Eval. [prereqs KINS 3602/3601; statistics; Senior status] F/Sp/Sum			
<b>APE Certification Kinesiology Track Sequence</b> [29 hrs.]			
<b>A. Techniques Courses</b> [8hrs.]			
KINS 2141 Disability Sport & Modified Games F/Sp/Sum			
KINS 4003 Low Ropes Experiential Activities F/Sp			
Select 4 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech** MM			
KINS 2071 Racquet Sports Tech** [prereq KINS 1581] F			
KINS 2101 Basic Dance & Dev Gymnastics Tech** Sp			
KINS 2111 Basketball & Volleyball Tech** F			
KINS 2121 Softball & Soccer Tech** Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			

COURSES (w/pre- & co-requisites)	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
<b>APE Certification Kinesiology Track Sequence</b> [continued]			
<b>B. Content &amp; Pedagogical Knowledge Sequence</b> [7 hrs]			
KINS 3102/3101 Secondary PE Pedagogy & Practicum [prereqs KINS 1573, 1583, and 2 techniques courses] F			
KINS 3573 Developmental Movement for Children [co-req KINS 3811; pre-reqs KINS 1573,1583,3592/3591] Sp			
KINS 3811 Movement Activities for Children Internship [co-req KINS 3573] Sp			
<b>C. Special Education/APE Concentration</b> [14 hrs.]			
<b>NOTE:</b> Must complete KINS 2622/2621 before taking the following EDSP coursework			
EDSP 4223 Char Lrn & Beh Disorders [recommend taking w/ EDSP 4233] Sp			
EDSP 4233 Char MR & MH Disorders [recommend taking w/EDSP 4223] Sp			
EDSP 4253 Instructional Strategies F			
KINS 4801 Adapted Aquatics & Sports Internship [prereqs KINS 2622 and 4593] F/Sp			
KINS 4811 Inclusion in Physical Education Internship [prereq KINS 2622] F/Sp			
KINS 4822/4821 Assessment in APE & Mtr & Phys Assess of Indiv w/Special Needs Internship [prereqs KINS 2622] F/Sp			
<b>Pedagogy &amp; Professional Responsibility (PPR) Courses</b> [23 hrs]			
<b>EDUC 2003 Schools &amp; Society Transferable from any institution</b>			
EDUC 3001 Integrating Technology for Effective Learning [co-req EDUC 3003; prereq - admission to Teacher Education]			
EDUC 3003 Learning Theory & Development [co-req EDUC 3001; prereqs EDUC 2003 (or co-req) & admission to Teacher Education]			
READ 3013 Literacy & Learning Across Curriculum			
EDUC 4001 Integrating Techn into Instruction & Assessment [co-reqs EDUC 4113 & EDUC 4243] F/Sp only			
EDUC 4113 Design & Implementation of Instruction & Assessment [co-reqs EDUC 4001 & EDUC 4243] F/Sp only			
EDUC 4243 Classroom Environment & Management [co-reqs EDUC 4001 & EDUC 4113]			
EDUC 4863 Student Teaching - Elementary Physical Education [Prereq: Current First Aid & CPR/AED certification]			
EDUC 4863 Student Teaching – Secondary Physical Education [Prereq: Current First Aid & CPR/AED certification]			
<b>Second Teaching Field Option</b> – You may complete a Special Education minor with the two additional courses listed below. These courses are helpful in passing the Special Education TExES Exam.			
EDSP 4263 Behavior Management & Intervention F only			
EDSP 4213 Transition F only			

**+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan**

**Additional Requirements:**

- ◆ Required overall GPA of 2.75
- ◆ Required C or better in all KINS & EDUC courses
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 122 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

**THEA Scores:**

Read (260) \_\_\_\_\_  
Math (240) \_\_\_\_\_  
Writing (240) \_\_\_\_\_

**Key:** F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[9/12/08 TAS]

## *General Requirements of Teacher Education Program*

*Regardless of which certification track you select (All Level or APE, there are specific requirements for all students pursuing licensure as established by the State and the College of Professional Education. It is extremely important to be sure to follow and adhere to the “Teacher Certification Advising Checklist” provided in this handbook. You and your faculty advisor should review your progress on fulfilling these requirements each time you are advised. Remember, you are ultimately responsible for completing all necessary requirements to gain teacher licensure in physical education.*

**TEACHER CERTIFICATION ADVISING CHECKLIST**  
**ALL-LEVEL PHYSICAL EDUCATION TEACHER CERTIFICATION**  
**Department of Kinesiology**

**Student Name:** \_\_\_\_\_ **Advisor:** \_\_\_\_\_

*The following requirements must be fulfilled in order to become eligible for Texas Teacher Certification (All-Level Physical Education). Failure to complete these in a timely fashion may delay progress toward your degree and licensure.*

<b>Completion Date</b>	<b>Action</b>
_____	Gain admission to Texas Woman's University.
_____	Choose an area of emphasis/specialization/track in All-Level Physical Education Certification (or APE) [no formal form to complete] in the B.S. in Kinesiology.
_____	Develop a proposed "Plan of Study" to complete your degree requirements with your Kinesiology advisor [see Appendix of Undergraduate Handbook].
_____	Pass all 3 sections of the THEA _____ Reading (260 required) _____ Math (240 required) _____ Writing (240 required)
_____	Successfully completed EDUC 2003 with a grade of C or better.
_____	Earn a grade of B or better in SPCH 1013 (or another approved course) or by passing 2 presentation evaluations on speech competency in KINS 1573 & 1583 w/associated speech competency rubric.
_____	Maintain or earn a cumulative 2.75 overall GPA.
_____	Earn a grade of C or better in all Kinesiology major courses and minor courses (for certification requirements).
_____	Meet computer literacy competency via approved course or by passing the competency exam [recommend completing by end of sophomore year].
_____	<b>Apply for admission to the Teacher Education Program</b> (this must be done prior to enrolling in EDUC 3003 & EDUC 3001—Stoddard 211
_____	File Degree Plan Verification for DARS Degree Audits during EDUC 3003 (at least 1 year prior to expected graduation date) with your advisor.
_____	Complete all EDUC courses (EDUC 3001, 3003, 4001, 4113, 4243) <u>except</u> student teaching (EDUC 4863) with a grade of C or better.
_____	Pass the TExES qualifying exam in Physical Education (80% needed)
_____	Pass the Pedagogy & Professional Responsibilities (PPR) qualifying exam (required in EDUC 4243) w/a score of 75 or better.
_____	<b>Apply for admission to Student Teaching</b> (during 1 <sup>st</sup> 2 weeks of semester before you plan to student teach)—Stoddard 202
_____	Complete all coursework <u>except</u> EDUC 4863 prior to student teaching
_____	<b>Apply for University Graduation</b> (by 12 <sup>th</sup> day of class during this semester that you expect to graduate)
_____	Complete all university & major degree requirements.
_____	Take and pass TExES exam in physical education & PPR for certification (register online once you pass your <i>qualifying</i> exams at <a href="http://www.texas.ets.org">http://www.texas.ets.org</a> ).

**Teacher Certification Advising Checklist – Page 2**

- \_\_\_\_\_ No more than 3 months before completing all certification requirements, apply online for Texas Teacher Certification at [www.sbec.state.tx.us](http://www.sbec.state.tx.us).
- \_\_\_\_\_ Pass a federal felony & misdemeanor fingerprinting background check. Visit <http://www.sbec.state.tx.us> for instructions and fees.
- \_\_\_\_\_ Successfully complete supervised student teaching.
- \_\_\_\_\_ Graduate with degree or complete deficiency plan.
- \_\_\_\_\_ TWU Student Support Office will submit recommendation for certification.

# Kinesiology Undergraduate Portfolio Template

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## Introduction

### ◆ Preface

Explain in your own words, just as an author explains in the preface of a book, what the reviewer is preparing to read in your portfolio. Start with why you entered this program and include your goals and objectives for your graduate degree. As you can see in this portfolio there are many sections. The general introduction should be an overview of the entire portfolio and give the reader insight into your reasoning in compiling the portfolio the way you did. You may want to include in this section a brief example of why you have selected particular works and artifacts, as well as the thought patterns that you used to design your portfolio.

Also include your expectations, goals and objectives that you had entering this program and how you feel you have reached them. Discuss the progress you have made thus far towards accomplishment of your goals and objectives. What did you anticipate prior to entering this program and how you feel you have progressed at this point? Also what do you expect to accomplish as you continue towards completion.

Remember you will write a final reflection as part of your portfolio that will express your entire journey throughout the program.

### ◆ Background Information

Name:

(Insert picture of self)

- Location (City, State, Country):
- Program (e.g., Certification only, M.S., etc):
- What is your current position? OR What is your projected position?
- Anticipated semester/date for program completion:
- Etc., etc.

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## Professional Resume

Insert your resume here. Do not insert your resume as an attachment but copy and paste it into this section. Make sure you keep it updated **regularly**.

For help in constructing your resume or to have someone evaluate your current resume, the *Career Services* department is on campus to help you. They are located in the Human Development Building, Suite 200. Contact them by phone at (940) 898-2950 to schedule an appointment.

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## Program Documentation

### Degree Plan

Complete the relevant degree plan as attached, removing the ones that do not apply to you using the content editor (attachments tab).

#### File Attachments:

[All-Level Physical Education Teacher Certification Degree Plan](#)

[Adapted PE Degree Plan](#)

[Corporate Fitness Degree Plan](#)

[Corporate Fitness/Pre-Physical Therapy Degree Plan](#)

[Corporate Fitness/DPT Fast Track Degree Plan](#)

[Corporate Fitness/MOT Fast Track Degree Plan](#)

### Undergraduate Program of Work (Checklist)

This form will eventually be found on the Kinesiology department website and you will then be directed to complete this section.

As a reminder, the semester that you will graduate, this will serve as the checklist for all the required materials that must be completed prior to the filing date.

### Professional Philosophy

1. Identify your beliefs with respect to the following aspects of your world. Begin each sentence with I believe:

the individual ...

the body ...

the source of truth ...

the mind ...

that reality ...

2. Explain why your personal philosophy (beliefs) can or can not be grounded under a particular label (idealism, existentialism, pragmatism, realism, naturalism, eclectic).

#### Part II: Professional Philosophy

1. Identify your beliefs with respect to the following aspects of education. Begin each paragraph with I believe:

the mission of education in a democratic society

the teacher ...

the student ...

that public/private education ...

values ...

2. Identify your beliefs with respect to your specialized career choice (profession). Begin with I believe:

my profession ...

my profession in the year 2010 ...  
ethically I ...

### Part III: Summary Evaluation

1. Identify how your professional philosophy is in agreement with or differs from your personal philosophy.
  2. What influences in your life have brought you to this philosophical orientation?
- 

#### Outcome 1 (In-Depth Knowledge, Skills and Professional Behaviors)

- ◆ **Demonstrate In-Depth Knowledge (for working effectively with all populations necessary to assume a full-time position)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
  - ◆ **Demonstrate Skills (for working effectively with all populations necessary to assume a full-time position)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
  - ◆ **Demonstrate Professional Behaviors (for working effectively with all populations necessary to assume a full-time position)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
- 

#### Outcome 2 (Critical Thinking, Technology and Communication)

- ◆ **Demonstrate an Ability to Think and Write Critically (in working with all populations within your area of specialization)**  
(Add applicable standard(s) here)
  - └ ◆ **Examples of Evidence that Address this Outcome**
  - └ ◆ **Justification/Reflection for Each Evidence Example**
- ◆ **Demonstrate an Ability to use Technology (in working with all populations to Promote your Role as a Professional in Kinesiology)**  
(Add applicable standard(s) here)
  - └ ◆ **Examples of Evidence that Address this Outcome**
  - └ ◆ **Justification/Reflection for Each Evidence Example**
- ◆ **Demonstrate an Ability to Communicate Effectively (in working with all populations within your area of specialization)**  
(Add applicable standard(s) here)
  - └ ◆ **Examples of Evidence that Address this Outcome**
  - └ ◆ **Justification/Reflection for Each Evidence Example**

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### Outcome 3 (Building a Fitness and Wellness Program for All Populations and For Yourself)

- ◆ **Demonstrate an Ability to Build a Fitness and Wellness Program (for all populations)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
  - ◆ **Demonstrate an Ability to Build your own Fitness and Wellness Program**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
- 

### Outcome 4 (Collaborative Skills & Professional Behaviors)

- ◆ **Demonstrate an Ability to Use Collaborative Skills (that enhance and support productive community partnerships)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
  - ◆ **Demonstrate Professional Behavior (that enhance and support productive community partnerships)**  
(Add applicable standard(s) here)
    - └ ◆ **Examples of Evidence that Address this Outcome**
    - └ ◆ **Justification/Reflection for Each Evidence Example**
- 

### Final Reflection

As a final graduating requirement, write at least a 2 page reflection that addresses your undergraduate experience at TWU. Reflect back on your experience at TWU and discuss how you will use this experience in your professional future.

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### Final Assessment (IE)

In this section, you will need to insert **ONE** standard and its accompanying artifact that you feel best fits with each of the corresponding outcome objectives 1-4.

You will want to insert your best piece of work to meet the specific criteria of that standard as an example. This could be one you have already used or a piece of work that you have done more recently.

- ◆ **1: In-Depth Knowledge, Skills and Professional Behaviors**  
(Add applicable standard(s) here)

- └─ ◆ **Examples of Evidence that Address this Outcome**
- └─ ◆ **Justification/Reflection for Each Evidence Example**
- ◆ **2: Critical Thinking, Technology and Communication**  
(Add applicable standard(s) here)
- └─ ◆ **Examples of Evidence that Address this Outcome**
- └─ ◆ **Justification/Reflection for Each Evidence Example**
- ◆ **3: Building a Fitness and Wellness Program for All Populations and for Yourself**  
(Add applicable standard(s) here)
- └─ ◆ **Examples of Evidence that Address this Outcome**
- └─ ◆ **Justification/Reflection for Each Evidence Example**
- ◆ **4: Collaborative Skills & Professional Behaviors**  
(Add applicable standard(s) here)
- └─ ◆ **Examples of Evidence that Address this Outcome**
- └─ ◆ **Justification/Reflection for Each Evidence Example**

## *The Kinesiology Majors Club*

All Kinesiology students are strongly encouraged to join the Kinesiology Majors Club. Through membership in this club both graduate and undergraduate students will enhance their personal, professional, and social well being through participation in community service, state and national professional organizations, and the on-campus activities. Meetings are held once each month, fall through spring semesters. Please contact Ms. Janelle Davis at (940) 898-2714 for more information.

## *Kinesiology Majors Recommendations for Marketability*

It is imperative that as a Kinesiology major you extend your efforts beyond the classroom to make yourself as marketable as possible. The following is a list of suggestions that the faculty recommends:

### Opportunities Available at TWU

- ◆ **Workshops:** Workshops with experts in each field will be held throughout the year that will assist in your preparation to coach, teach, and work in wellness. These workshops provide valuable information that may not be presented in the formal class setting.
- ◆ **Practica:** Wellness, teaching and coaching practica will be required within the formal course work required in your degree plan; additional hours are recommended to assure your readiness to teach and coach at the level you desire. These practica vary in hours per week, and may be done with a consenting faculty member. Check your catalog for course numbers, and number of clock hours required for each experience.
- ◆ **Graduate Courses:** Advanced Graduate Studies during the last semester of your undergraduate experience will also enhance your opportunities for job placement. Courses offered include Coaching Workshops, Conditioning the Female Athlete, Coaching the Female Athlete, Prevention and Care of Athletic Injuries, and others. Check with your advisor and your summer schedule to make it a priority to become more marketable in your chosen area of expertise.
- ◆ **Attendance at Professional Events or Meetings:** Each semester a number of events are sponsored by various organizations within the University. Your attendance is essential to ensure your growth as a professional. Examples: Handicapped Awareness Week Events, Jump Rope for Heart, Athletic Events, Kitty Magee Lectureship, Honors Banquets, Student Life Fun Runs and Activities, Kinesiology Club, etc.

### Certifications

At the beginning of this handbook, four certifications important to Kinesiology were listed (refer to pages 10-11):

- ◆ **Adapted Physical Education Certification National Standards Exam (APENS)**
- ◆ **Texas State Licensure in Athletic Training**

- ◆ **Leadership and Ropes Course Facilitator Training**
- ◆ **American Association of Adapted Sports Programs (AAASP) Coaching Certification**  
[forthcoming]

In order to make yourself more employable, it is important that you choose an area of expertise and expand your experiences in this area. Listed below are some additional certifications that may be required by school districts and corporate fitness sites. Take advantage of the opportunity to get these certifications during your experience at TWU.

- ◆ **ACE – American Council on Exercise** – ACE offers several fitness certifications including: personal trainer, group fitness instructor, lifestyle and weight management consultant, and clinical exercise specialist.
- ◆ **ACEP – American Coaches Effectiveness Program** – ACEP is a comprehensive educational program for coaches of young athletes. Areas of study include philosophy, psychology, pedagogy, physiology, and sport medicine. Certification can be obtained as part of the course requirements in Coaching Interscholastic Sports. See instructor for further details.
- ◆ **ACSM – American College of Sports Medicine** – Offers a variety of certifications specific to health and fitness.
- ◆ **American Red Cross – First Aid – Certification** can be obtained through the course requirements in Standard First Aid Courses. First Aid certification expires after three years from the date of certification. See instructor for further details. *This must be completed for all internships and student teaching.*
- ◆ **American Red Cross – CPR/AED – Certification** can be obtained through the course requirements in the Standard First Aid Course or the CPR/AED Course. Certification expires after one year from the date of certification. See instructor for further details. *This must be completed for all internships and student teaching.*
- ◆ **American Red Cross – WSI – Certification** can be obtained through courses taught by the American Red Cross. This certification is required of individuals teaching swimming. Call the local American Red Cross chapter for further details.
- ◆ **American Red Cross – Lifeguarding – Certification** can be obtained through courses taught by the Red Cross. This certification is required of individuals who work as guards at pools or water fronts. Please contact the local Red Cross for further details.
- ◆ **NSCA – National Strength and Conditioning Association** – has two certifications available: personal trainer and strength and conditioning specialist.

## **Professional Affiliations**

To keep you updated on current research and professional trends, membership in the following organizations can be quite beneficial:

- ◆ AAHPERD – American Alliance of Health, Physical Education, Recreation and Dance  
<http://www.aahperd.org/index.cfm>
  - NASPE – National Association for Sport and Physical Education
  - AAPAR – American Association for Physical Activity and Recreation
- ◆ TAHPERD – Texas Association of Health, Physical Education, Recreation and Dance  
<http://www.tahperd.org/>
- ◆ ACSM – American College of Sports Medicine  
[http://www.acsm.org//AM/Template.cfm?Section=Home\\_Page](http://www.acsm.org//AM/Template.cfm?Section=Home_Page)
- ◆ NSCA – National Strength and Conditioning Association  
<http://www.nasca-lift.org/>
- ◆ NATA – National Athletic Trainers Association  
<http://www.nata.org/>
- ◆ Association for Work Site Health Promotion  
60 Revere Dr. Suite 500  
Northbrook, IL 60062

## **Coaching Affiliations**

- ◆ Texas Girls Coaches Association  
<http://www.austintgca.com>
- ◆ Texas Association of Basketball Coaches  
<http://www.tabchoops.org>
- ◆ Texas High School Coaching Association  
<http://www.thsca.com>
- ◆ National Federation Interscholastic Coaches Association  
11724 Plaza Circle  
PO Box 20626  
Kansas City, MO 64195
- ◆ Women’s Basketball Coaches Association (WBCA)  
1687 Tullie Circle  
Suite 127  
Atlanta, GA 20329

- ◆ Gymnastic Association of Texas  
PO Box 50461  
Austin, TX 78763-0461  
(512) 441-9811  
Brain Schenk, State Executive Secretary
- ◆ United States Gymnastic Federation (USGF)  
Pam American Plaza  
Suite 300  
201 S. Capitol  
Indianapolis, IN 46225
- ◆ Texas High School Gymnastic Coaches Association  
Martha Mitchell-President  
Permian High School  
Box 3912  
Odessa, TX 78762  
(915) 336-3652
- ◆ United States Association of Independent Gymnastic Clubs  
235 Pinehurst Road  
Wilmington, Delaware 19803  
(302) 656-3706
- ◆ North American Soccer League  
1133 Avenue of the Americas, Suite 3500  
New York, NY 10036
- ◆ Soccer for Americans  
Box 836  
Manhattan Beach, CA 90266
- ◆ Amateur Softball Association  
2801 NE 50<sup>th</sup>  
Oklahoma City, OK 73111
- ◆ USTA – United States Tennis Association  
51 East 42<sup>nd</sup> Street  
New York, NY 10017
- ◆ Track Amateur Athletic Union  
3400 West 86<sup>th</sup> Street  
Indianapolis, IN 46268
- ◆ American Volleyball Coaches Association (AVCA)  
Sandra Vivas – Executive Director  
122 Second Ave.  
Suite 217  
San Mateo, CA 94401

- ◆ United States Volleyball Association (USVBA)  
1750 East Boulder Street  
Colorado Springs, CO 80909

### **After Graduation**

- ◆ TWU Alumni Association
- ◆ Pioneer Club – The foundation that raises the scholarship dollars for the Athletic Program at TWU. Contact the Athletic Director for further information.

PROPOSED PROGRAM OF STUDY TO COMPLETE DEGREE

Advisee: \_\_\_\_\_ TWU ID: \_\_\_\_\_

Entered TWU: \_\_\_\_\_ (semester/year) Advisor: \_\_\_\_\_

Degree: B.S. in Kinesiology

Track: \_\_\_\_\_

Semester/Year:	Semester/Year:	Semester/Year:
Semester/Year:	Semester/Year:	Semester/Year:
Semester/Year:	Semester/Year:	Semester/Year:
Semester/Year:	Semester/Year:	Semester/Year:

**UNDERGRADUATE ROTATION SCHEDULE (DRAFT)**

		MM	Su m	Fall	Sp	MM	Su m	Fall	Sp	MM	Su m	Fall	Sp	MM	Su m	Fall	Sp	Su m
		200 8	200 8	200 8	200 9	200 9	200 9	200 9	201 0	201 0	201 0	201 0	201 1	201 1	201 1	201 1	201 2	201 2
1321	Req PE Gymnastic			X				?				?				?		
1573	Kins: An Evolv Discip		X	X	X			X	X			?	X	X		?	X	X
1581	Fit Thru Sel Act	?		X	X			X	X				X	X		X	X	
1583	Introd Prac in Kines		X	X	X			X	X			?	X	X		?	X	X
1901/19 02	Fitness & Health		X	X	X			X	X			X	X	X				
2031	Lifetime Sport Tech		X									X						X
2071	Racquet Spts Tech			X				?				?				?		
2101	Basic Dance & Gym				X				?				?				?	
2111	BB and VB Tech			X				X				X				X		
2121	Softball & Soccer Tech				X				X								X	
2131	Intro to Outdoor Act						X									X		
2141	Dis Spt & Mod Games			X														
2593/25 91	Kines & Neuro/Lab			X	?			X	?			X	?			X	?	
2622/26 21	Adapted & Dev PE		X	X	X		X	X	X		X	X	X		X	X	X	
3103	Sec Pe Teach Methods			X				X				X				X		
3501	Prac in PE			X	X													
3503	Prac In PE			X	X													
3563	Guid Child Thru PE			X	X													
3573/38 11	Develop Movement for Child				X				X				X				X	
3591/35 92	Kines & Bio		X	X	X		X	X	X		X	X	X		X	X	X	
3601/36 02	Physiology of Exercise		X	X	X		X	X	X		X	X	X		X	X	X	
3633	Athletic Injuries						X					X				X		
3643	Athletic & Fit Prog Manage				X				X				X				X	
3663	Eval of Athletic Injuries				X				X				X				X	
3701	Senior Adult Fitness		X	X	X		X	X	X		X	X	X		X	X	X	
3801	Prac in Coaching			X	X			X	X			X	X			X	X	
3802	Prac In Coaching			X	X			X	X			X	X			X	X	

3803	Prac in Coaching			X	X			X	X			X	X			X	X	
4003	Low Ropes Exp Act			X	X			X	X			X	X			X	X	
4113	Contemporary APE Concepts																	
4573	Motor Learn & Development		X	X	X		X	X	X		X	X	X		X	X	X	
4593	Measure & Eval in PE		X	X	X		X	X	X		X	X	X		X	X	X	
4601/4602	Advanced Ex Phys			X	X			X	X			X	X			X	X	
4701/4702	Exercise Test & Pres			X	X		X	X	X			X	X		X	X	X	
4801	Adapted Aquatics & Spt Inter			X	X			X	X			X	X			X	X	
4811	Inclusion in PE Internship			X	X			X	X			X	X			X	X	
4821	Mtr & Phys Assess Of Ind with Spec Needs Internship																	
4933	Prac in Ex Science		X	X	X		X	X	X		X	X	X		X	X	X	



## 2007-2008 Kinesiology Courses with Prerequisites and/or Co-requisites

Course	Prerequisites	Co-requisites
KINS 1581	Kinesiology Dept. major or permission of instructor	
KINS 1901		KINS 1902
KINS 1902		KINS 1901
KINS 2593	ZOOL 2043 or BIOL 1013	
KINS 2621		KINS 2622
KINS 2622		KINS 2621
KINS 3103	KINS 1573, KINS 1583, and at least 2 techniques courses	
KINS 3501	KINS 2622/2621 or written permission of course instructor	
KINS 3563	Junior standing	
KINS 3573	KINS 1573, KINS 1583, KINS 3591, and KINS 3592	KINS 3811
KINS 3591		KINS 3592
KINS 3592	ZOOL 2041 and ZOOL 2043 or equivalent	KINS 3591
KINS 3601		KINS 3602
KINS 3602	ZOOL 2051 and ZOOL 2052	KINS 3601
KINS 3633	ZOOL 2041, ZOOL 2043, ZOOL 2051, and ZOOL 2052 or equivalent	
KINS 3663	KINS 3591, KINS 3592, KINS 3601, KINS 3602, and KINS 3633	
KINS 3701	May be taken concurrently with KINS 3601/3602	
KINS 3811		KINS 3573
KINS 4573	Senior status	
KINS 4593	KINS 3601, KINS 3602, statistics, and senior status	
KINS 4601		KINS 4602
KINS 4602	KINS 3601 and KINS 3602	KINS 4601
KINS 4701	Successful completion of KINS 3602/3601 May be taken concurrently with 4602/4601 Must be completed prior to internship registration & must achieve a C or better to begin internships	KINS 4702
KINS 4702	KINS 3602/3601 May be taken concurrently with 4602/4601 Must be completed prior to internship registration	KINS 4701
KINS 4801	KINS 3622 and KINS 4593	
KINS 4811	KINS 3622	
KINS 4822/21	KINS 2622	
KINS 4933	Corporate Fitness majors: KINS 3701 and KINS 4702/4701 Cardiac Rehab majors: KINS 3701 and KINS 4602/4601	

## Texas Physical Therapy Schools

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### Angelo State University

Department of Physical Therapy  
2601 West Avenue N  
ASU Station #10923  
San Angelo, Texas 76909  
[PTDept@angelo.edu](mailto:PTDept@angelo.edu)

Dr. Scott M. Hasson, PT, EdD, Director  
(325) 942-2545

### Hardin-Simmons University

Department of Physical Therapy  
Box 16065  
Abilene, TX 79698-6065  
[ptoffice@hsutx.edu](mailto:ptoffice@hsutx.edu)

Janelle O'Connell, PT, PhD, Director [joconnel@hsutx.edu](mailto:joconnel@hsutx.edu)  
(325) 670-5860 Voice  
(325) 670-5868 Fax  
(888) 820-0218 Toll Free

### Texas State University - San Marcos

Department of Physical Therapy  
College of Health Professions  
601 University Drive  
San Marcos, TX 78666  
[phystherapy@txstate.edu](mailto:phystherapy@txstate.edu)

Barbara Sanders, PhD, PT, SCS, Director  
(512) 245-8351  
[BS04@txstate.edu](mailto:BS04@txstate.edu)

### Texas Tech University Health Sciences Center

Department of Physical Therapy  
School of Allied Health Sciences  
3601 4th Street  
Lubbock, TX 79430

Department Chair  
Steven Sawyer, Ph.D., PT  
806-743-4525

Email question to:

Master Program  
Email Kerry Gilbert at  
[kerry.gilbert@ttuhsc.edu](mailto:kerry.gilbert@ttuhsc.edu)

Doctorial Program  
Email Phil Sizer  
[phil.sizer@ttuhsc.edu](mailto:phil.sizer@ttuhsc.edu)

### Texas Woman's University at Dallas Presbyterian Campus

School of Physical Therapy  
8194 Walnut Hill Lane  
Dallas, TX 75231-4365

Dr. Venita Lovelace-Chandler, Associate Director  
[vlovelacechandler@twu.edu](mailto:vlovelacechandler@twu.edu)

Admissions Questions: [pt@twu.edu](mailto:pt@twu.edu)

### Texas Woman's University at Houston Campus

School of Physical Therapy  
1130 John Freeman Blvd.

Dr. Sharon Olson, PT, PhD, Director  
(713) 794-2090

Houston, TX 77030-2897

[solson@twu.edu](mailto:solson@twu.edu)

Admissions Questions: [pt@twu.edu](mailto:pt@twu.edu)

### University of Texas Health Science Center at San Antonio

School of Allied Health Sciences  
Department of Physical Therapy (MC 6247)  
7703 Floyd Curl Drive  
San Antonio, TX 78229-3900

Giovanni DeDomenico, PhD, Chairman  
(210) 567-8750  
[dedomenico@uthscsa.edu](mailto:dedomenico@uthscsa.edu)

### University of Texas at El Paso

College of Health Sciences  
Physical Therapy Department  
1101 North Campbell  
El Paso, TX 79902-0581

Mary Carlson, PT, PhD, Director  
915-747-7248  
[mcarlson@utep.edu](mailto:mcarlson@utep.edu)

### University of Texas Medical Branch at Galveston

School of Allied Health Sciences  
Department of Physical Therapy (J28)  
301 University Blvd.  
Galveston, TX 77555-1028

Elizabeth Protas  
[ejprotas@utmb.edu](mailto:ejprotas@utmb.edu)

### University of Texas Southwestern Medical Center at Dallas

Department of Physical Therapy  
School of Allied Health Sciences  
5323 Harry Hines Blvd  
Dallas, TX 75235-8876

Patricia Winchester, PhD, PT, Chair  
(214) 648-1551  
[pt.sahss@utsouthwestern.edu](mailto:pt.sahss@utsouthwestern.edu)

### US Army-Baylor University

Graduate Program in Physical Therapy  
Department of Medical Science  
Academy of Health Sciences  
3151 Scott Road, Suite 1303  
Fort Sam Houston, TX 78234-6138

LTC Josef H. Moore  
(210) 221-8410  
[josef.moore@cen.amedd.army.mil](mailto:josef.moore@cen.amedd.army.mil)

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TEXAS PHYSICAL THERAPY ASSOCIATION  
701 Brazos Street, Suite 440  
Austin, Texas 78701  
Phone: 512-477-1818 | Fax: 512-477-1434

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### Degree Plan Verification for DARS Degree Audits

Student Name: \_\_\_\_\_ ID# \_\_\_\_\_

Permanent Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

TWU Semester Start Date: \_\_\_\_\_ Catalog Year: \_\_\_\_\_

Anticipated Graduation Date: \_\_\_\_\_ Date of DARS Audit: \_\_\_\_\_

Degree: \_\_\_\_\_ Major: \_\_\_\_\_  
(BA, BBA, BFA, BGS, BS, BSW) (Do **not** include concentrations in your majors)

2nd Major: (if applicable) \_\_\_\_\_

Minor: (if applicable) \_\_\_\_\_

Core Complete at another school? YES NO

If YES, School: \_\_\_\_\_ Date core completed: \_\_\_\_\_  
(Core complete **must be posted** on the TWU transcript in order for it to be considered.)

By signing this form the student and advisor acknowledge the terms and requirements needed to complete the DARS audit viewed on the date listed above. The student and advisor agree that the unfulfilled requirements on the DARS audit will be completed by the graduation date. All Substitution Forms must be submitted to the Registrar's Office before the date of graduation. If requirements are not met the student will be responsible for reapplying for graduation and paying the appropriate fee.

Student signature: \_\_\_\_\_ Date: \_\_\_\_\_

Major (1) Advisor signature: \_\_\_\_\_ Date: \_\_\_\_\_

Major (2) Advisor signature: \_\_\_\_\_ Date: \_\_\_\_\_

Minor Advisor signature: \_\_\_\_\_ Date: \_\_\_\_\_

Filed in department file by \_\_\_\_\_ Date: \_\_\_\_\_

Graduation Application deadline dates can be viewed on the Academic Calendars' page:

<http://www.twu.edu/academics/catalogs.html>