

Kinesiology Undergraduate Portfolio Template

Introduction

◆ Preface

Explain in your own words, just as an author explains in the preface of a book, what the reviewer is preparing to read in your portfolio. Start with why you entered this program and include your goals and objectives for your graduate degree. As you can see in this portfolio there are many sections. The general introduction should be an overview of the entire portfolio and give the reader insight into your reasoning in compiling the portfolio the way you did. You may want to include in this section a brief example of why you have selected particular works and artifacts, as well as the thought patterns that you used to design your portfolio.

Also include your expectations, goals and objectives that you had entering this program and how you feel you have reached them. Discuss the progress you have made thus far towards accomplishment of your goals and objectives. What did you anticipate prior to entering this program and how you feel you have progressed at this point? Also what do you expect to accomplish as you continue towards completion.

Remember you will write a final reflection as part of your portfolio that will express your entire journey throughout the program.

◆ Background Information

Name:

(Insert picture of self)

- Location (City, State, Country):
- Program (e.g., Certification only, M.S., etc):
- What is your current position? OR What is your projected position?
- Anticipated semester/date for program completion:
- Etc., etc.

Professional Resume

Insert your resume here. Do not insert your resume as an attachment but copy and paste it into this section. Make sure you keep it updated **regularly**.

For help in constructing your resume or to have someone evaluate your current resume, the **Career Services** department is on campus to help you. They are located in the Human Development Building, Suite 200. Contact them by phone at (940) 898-2950 to schedule an appointment.

Program Documentation

◆ Degree Plan

Complete the relevant degree plan as attached, removing the ones that do not apply to you using the content editor (attachments tab).

◆ Undergraduate Program of Work (Checklist)

This form will eventually be found on the Kinesiology department website and you will then be directed to complete this section.

As a reminder, the semester that you will graduate, this will serve as the checklist for all the required materials that must be completed prior to the filing date.

◆ Professional Philosophy

Outcome 1 (In-Depth Knowledge, Skills and Professional Behaviors)

◆ Demonstrate In-Depth Knowledge (for working effectively with all populations necessary to assume a full-time position)

(Add applicable standard(s) here)

└◆ Examples of Evidence that Address this Outcome

└◆ Justification/Reflection for Each Evidence Example

◆ Demonstrate Skills (for working effectively with all populations necessary to assume a full-time position)

(Add applicable standard(s) here)

└◆ Examples of Evidence that Address this Outcome

└◆ Justification/Reflection for Each Evidence Example

◆ Demonstrate Professional Behaviors (for working effectively with all populations necessary to assume a full-time position)

(Add applicable standard(s) here)

└◆ Examples of Evidence that Address this Outcome

└◆ Justification/Reflection for Each Evidence Example

Outcome 2 (Critical Thinking, Technology and Communication)

◆ Demonstrate an Ability to Think and Write Critically (in working with all populations within your area of specialization)

(Add applicable standard(s) here)

└◆ Examples of Evidence that Address this Outcome

└◆ Justification/Reflection for Each Evidence Example

- ◇ **Demonstrate an Ability to use Technology (in working with all populations to Promote your Role as a Professional in Kinesiology)**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
 - ◇ **Demonstrate an Ability to Communicate Effectively (in working with all populations within your area of specialization)**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
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Outcome 3 (Building a Fitness and Wellness Program for All Populations and For Yourself)

- ◇ **Demonstrate an Ability to Build a Fitness and Wellness Program (for all populations)**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
 - ◇ **Demonstrate an Ability to Build your own Fitness and Wellness Program**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
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Outcome 4 (Collaborative Skills & Professional Behaviors)

- ◇ **Demonstrate an Ability to Use Collaborative Skills (that enhance and support productive community partnerships)**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
 - ◇ **Demonstrate Professional Behavior (that enhance and support productive community partnerships)**
(Add applicable standard(s) here)
 - └◇ **Examples of Evidence that Address this Outcome**
 - └◇ **Justification/Reflection for Each Evidence Example**
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Final Reflection

As a final graduating requirement, write at least a 2 page reflection that

addresses your undergraduate experience at TWU. Reflect back on your experience at TWU and discuss how you will use this experience in your professional future.
