

**Exercise Science/Pre-OT Fast-Track
Bachelor of Science in Kinesiology
Fall 2011 – Summer 2012
Advising Check Sheet**

Student: _____
 Transferred from: _____
 Catalog Year: _____
 Address: _____

TWU ID #: _____
 Classification: _____
 Email: _____
 Phone: _____

COURSES	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
University Core Curriculum [44 hrs]			
ENG 1013 Composition I			
ENG 1023 Composition II [pre-req ENG 1013]			
HIST 1013 US History 1492-1865			
HIST 1023 US History 1865-Present			
GOV 2013 American Government			
GOV 2023 Texas Government			
MATH 1013 Quantitative Literacy			
MATH 1703 Elementary Statistics			
ZOOL 2013/2011 Anatomy & Physiology I			
ZOOL 2023/2021 Anatomy & Physiology II			
Humanities (3 hrs) Lit., Philosophy, or Lang.			
Visual/Performing Arts (3 hrs) [Recommend ART 3053, DNCE 3143, FL 2013, or MUS 3713; also fulfills GP requirement]			
Multicultural Women's Studies (3 hrs) [Recommend WS 2013; also fulfills GP requirement]			
Social & Behavioral Sciences (3 hrs) PSY 1013			
Core Competencies			
Computer Literacy (approved CS course or exam) Pass exam			
Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513			
Global Perspectives [GP] Graduation Requirement [6 hrs; may double dip from Core]			
Recommend ART 3053, DNCE 3143, or MUS 3713; also fulfills visual/performing arts requirement in university core			
Recommend SOCI 1013—also partially fulfills social & behavioral science requirement in university core or WS 2013—also fulfills multicultural women's studies requirement in university core]			
Kinesiology Core [25 hrs]			
KINS 1573 Kinesiology-Evolving Discipline F/Sp			
KINS 1581 Fitness F/Sp			
KINS 1583 Foundations of Assessment F/Sp			
KINS 1902/1901 Fitness & Health F/Sp/Sum			
KINS 2622/2621 Adapted PE F/Sp/Sum			
KINS 3592/3591 Kinesiology & Biomechanics F/Sp/Sum			
KINS 3602/3601 Exercise Physiology F/Sp/Sum			
KINS 4573 Motor Learning & Development F/Sp/Sum			
KINS 4593 Measurement & Evaluation F/Sp/Sum			
Exercise Science/Pre-OT Kinesiology Fast-Track Sequence [50 hrs.]			
A. KINS Techniques Courses [4 hr. min]			
KINS 4003 Low Ropes Experiential Activities F/Sp			
Select 1 of the following courses w/advisor approval:			
KINS 2031 Lifetime Sports Tech MM			
KINS 2071 Racquet Sports Tech F			
KINS 2101 Basic Dance & Dev Gymnastics Tech Sp			
KINS 2111 Basketball & Volleyball Tech F			
KINS 2121 Softball & Soccer Tech Sp			
KINS 2131 Intro to Outdoor Activities Tech MM			
KINS 2141 Disability Sport & Modified Games Sp			

COURSES	PROPOSED SEMESTER	GRADE	SUBSTITUTION/ COMMENT
Exercise Science/Pre-OT Kinesiology Fast-Track Sequence [continued]			
B. Support Courses [21 hrs.]			
NFS 2323 Intro to Nutrition			
CHEM 1113/1111 Chemical Principles or CHEM 1013/1011 Intro to Chemistry			
PHYS 1133/1131 Principles of Physics I			
PSY 1603 Developmental Psychology			
PSY 2513 Abnormal Psychology			
ZOOL 3123/3121 Neuroanatomy & Neurophysiology			
C. Content Knowledge Sequence [7 hrs.]			
KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum			
KINS 4602/4601 Advanced Exercise Physiology F/Sp			
KINS 4702/4701 Exercise Testing & Prescription F/Sp			
D. Internships [6 hrs.]			
KINS 4933 Cardiac Rehabilitation Internship [Current First Aid & CPR/AED certification required] F/Sp/Sum			
KINS 4943 Corporate Fitness Internship [Current First Aid & CPR/AED certification required] F/Sp/Sum			
E. Required OT Courses (Take during senior/4 th year) [12 hrs.]			
OT 4013 Foundational Bases & OT Processes			
OT 4022 Wellness through Adaptation & Occupation			
OT 4033 Analysis of Person, Tools, & Occupations			
OT 4041 Exploration of Scholarly Inquiry			
OT 4061 Observation of Adaptation in the Community			
OT 4332 OT Performance Areas			
Elective [1 hr.]			

Additional Requirements:

- ◆ Required overall GPA of 3.00
- ◆ Required C or better in all KINS
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of **120 hrs** to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

Key: F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[July 2011 TAS & JLD]