

**Exercise Science/Pre-OT Fast-Track
Bachelor of Science in Kinesiology
Fall 2009 – Summer 2010
Advising Check Sheet**

Student: _____
 Transferred from: _____
 Catalog Year: _____
 Address: _____

TWU ID #: _____
 Classification: _____
 Email: _____
 Phone: _____

| COURSES | PROPOSED SEMESTER | GRADE | SUBSTITUTION/ COMMENT |
|--|-------------------|-------|-----------------------|
| University Core Curriculum [43-44 hrs] | | | |
| ENG 1013 Composition I | | | |
| ENG 1023 Composition II [pre-req ENG 1013] | | | |
| HIST 1013 US History 1492-1865 | | | |
| HIST 1023 US History 1865-Present | | | |
| GOV 2013 American Government | | | |
| GOV 2023 Texas Government | | | |
| MATH 1013 Quantitative Literacy | | | |
| MATH 1703 Elementary Statistics | | | |
| ZOOL 2013/2011 Anat & Phys I or ZOOL 2043/2041 Anatomy | | | |
| *ZOOL 2023/2021 Anat & Phys II or ZOOL 2052/2051 Animal Phys | | | |
| Humanities (3 hrs) Lit., Philosophy, or Lang. [Recommend ENG 2133; also fulfills GP requirement] | | | |
| Visual/Performing Arts (3 hrs) [Recommend ART 3053, DNCE 3143, or MUS 3713; also fulfills GP requirement] | | | |
| Multicultural Women's Studies (3 hrs) [Recommend WS 2013; also fulfills GP requirement] | | | |
| Social & Behavioral Sciences (3 hrs) PSY 1013 | | | |
| Core Competencies | | | |
| Computer Literacy (approved CS course or exam) Pass exam | | | |
| Oral Communication [Recommend KINS 1573/1583 documentation of passing oral presentations w/rubric] or approved speech course: SPCH 1013 or BUS 3513 | | | |
| Global Perspectives [GP] Graduation Requirement [effective Fall 2007; 6 hrs; may double dip from Core] | | | |
| Recommend ART 3053, DNCE 3143, or MUS 3713; also fulfills visual/performing arts requirement in university core | | | |
| Recommend SOCI 1013—also partially fulfills social & behavioral science requirement in university core or WS 2013—also fulfills multicultural women's studies requirement in university core] | | | |
| Kinesiology Core [22 hrs] | | | |
| KINS 1573 Kinesiology-Evolving Discipline F/Sp/Sum | | | |
| KINS 1581 Fitness F/Sp | | | |
| KINS 1583 Foundations of Assessment F/Sp/Sum | | | |
| HS 1902/1901 Fitness & Health F/Sp | | | |
| KINS 2622/2621 Adapted PE F/Sp/Sum | | | |
| KINS 3592/3591 Kinesiology & Biomechanics F/Sp/Sum | | | |
| KINS 3602/3601 Exercise Physiology F/Sp/Sum | | | |
| KINS 4573 Motor Learning & Development F/Sp/Sum | | | |
| Exercise Science/Pre-OT Kinesiology Fast-Track Sequence [55 hrs.] | | | |
| A. KINS Techniques Courses [1 hr. min] | | | |
| Select 1 of the following courses w/advisor approval: | | | |
| KINS 2031 Lifetime Sports Tech MM | | | |
| KINS 2071 Racquet Sports Tech F | | | |
| KINS 2101 Basic Dance & Dev Gymnastics Tech Sp | | | |
| KINS 2111 Basketball & Volleyball Tech F | | | |
| KINS 2121 Softball & Soccer Tech Sp | | | |
| KINS 2131 Intro to Outdoor Activities Tech MM | | | |
| KINS 2141 Disability Sport & Modified Games F/Sp | | | |
| KINS 4003 Low Ropes Experiential Activity F/Sp | | | |

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| Exercise Science/Pre-OT Kinesiology Fast-Track Sequence [continued] | | | |
| B. Support Courses [17 hrs.] | | | |
| NFS 2323 Intro to Nutrition | | | |
| PHYS 1133/1131 Principles of Physics I | | | |
| PSY 1603 Developmental Psychology | | | |
| PSY 3513 Abnormal Psychology | | | |
| ZOOL 3123/3121 Neuroanatomy & Neurophysiology | | | |
| C. Content Knowledge Sequence [7 hrs.] | | | |
| KINS 3701 Practicum in Senior Adult Fitness F/Sp/Sum | | | |
| KINS 4602/4601 Advanced Exercise Physiology F/Sp | | | |
| KINS 4702/4701 Exercise Testing & Prescription F/Sp | | | |
| D. Internships [6 hrs.] | | | |
| KINS 4933 Cardiac Rehabilitation Internship [Current First Aid & CPR/AED certification required] F/Sp/Sum | | | |
| KINS 4943 Corporate Fitness Internship [Current First Aid & CPR/AED certification required] F/Sp/Sum | | | |
| E. Required OT Courses (Take during senior/4 th year) [24 hrs.] | | | |
| OT 4013 Foundational Bases & OT Processes | | | |
| OT 4022 Wellness through Adaptation & Occupation | | | |
| OT 4033 Analysis of Person, Tools, & Occupations | | | |
| OT 4041 Exploration of Scholarly Inquiry | | | |
| OT 4061 Observation of Adaptation in the Community | | | |
| OT 4332 OT Performance Areas | | | |
| OT 5312 OT Practice Models | | | |
| OT 5322 Occupational Adaptation: Birth to Adolescence Lab | | | |
| OT 5324 Occupational Adaptation: Birth to Adolescence | | | |
| OT 5352 Assessment in OT Processes | | | |
| OT 5542 Qualitative Research Methods in OT | | | |
| *F. Additional OT Courses (must enroll in these courses if recommended for MOT Fast-Track) [2 hrs.] | | | |
| OT 5012 Systematic Inquiry in OT | | | |
| OT 5361 Occupational Adaptation Contexts of Childhood | | | |

* **Note:** Taking ZOO 20232021 will add an additional one hour to the approved degree plan

Additional Requirements:

- ◆ Required overall GPA of 3.00
- ◆ Required C or better in all KINS
- ◆ Required overall GPA of 2.75 in Kinesiology
- ◆ Minimum of 120 hrs to graduate, 36 of which must be advanced hours (3000-4000)
- ◆ Portfolio must meet minimal passing score

Key: F = Fall; Sp = Spring; Sum = Summer; MM = Minimester

[06/11/09 TAS]