

Texas Woman's University
Suggested Sequence of Courses for
B.A./B.S. in Kinesiology, Corporate Fitness-DPT Fast-Track
Department: Kinesiology
First Year at Texas Woman's University

Hours		Hours	
ENG 1013 Composition I	3	ENG 1023 Composition II	3
MATH 1013 Quantitative Literacy	3	MATH 1313 Elementary Analysis II	3
KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assess. or HS 1902/1901 Fitness and Health	3	KINS 1573* Evolving Discipline or KINS 1583* Foundations of Assessment or HS 1902/1901 Fitness and Health	3
ZOOL 2043/2041 Anatomy and Lab	4	ZOOL 2052/2051 Animal Physiology	3-4 ⁺
or ZOOL 2013/2011	4	or ZOOL 2023/2021 ⁺	
CHEM 1013/1011 Introductory Chemistry or 1113/1111 Chemical Principles I	3	CHEM 1023/1021 Intro to Organ/Phys Chem or 1123/1121 Chemical Principles II	4
MATH 1303 Elementary Analysis I		HIST 1013 U.S. History 1492-1865	3
Total Hours	20	Total Hours	19-20

Second Year at Texas Woman's University

Hours		Hours	
HIST 1023 U.S. History 1865-present	3	PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4
PHYS 1133/1131 Principles of Physics I or BIOL 1113/1111 Principles of Biol I	4	KINS 3592/3591 Kines & Biomechanics or 3602/3601 Physiology of Exercise	3
GOV 2013 U.S.	3	Visual/Perf Art (upper and meet Global)	3
NFS 2323 Intro to Nutrition	3	HS 3032 Med Term or PSY 1013 Intro to Psy	2-3
KINS 1573 Evolving Discipline or KINS 1583* Foundations of Assessment or HS 1902/1901 Fitness and Health	3	KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities)	3
KINS 1581 Fitness through Selected Activities	1	GOV 2023 Texas Gov't	3
KINS 2622/2621 APE Service Delivery/ Lab or Eng, Phil, Lang (Humanities)	3		
Total Hours	20	Total Hours	18-19

Third Year at Texas Woman's University

Hours		Hours	
PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4	KINS Technique Course or KINS3701 Practicum Sr Adult Fitness	1
Multicultural WS (upper and meet Global)	3	KINS 4602/4601 Adv Exercise Physiology	3
KINS 3592/3591 Kines & Biomechanics or KINS 3602/3601 Physiology of Exercise	3	PHYS 1143/1141 Principles of Physics II or BIOL 1123/1121 Principles of Biol II	4
HS 3032 Med Term or PSY 1013 Intro to Psy	2-3	Psy 3303 Applied Stats (if accepted DPT)	3
KINS Technique Course or KINS 3701 Practicum Sr Adult Fitness	1	KINS 4573 Motor Learning	3
KINS 4593 Meas Eval PE	3	PSY (upper)	3
		KINS 4933 Internship	3
Total Hours	16-17	Total Hours	20

Fourth Year at Texas Woman's University (Accepted TWU DPT)

Hours		Hours	
PT 5015 Gross Human Anatomy	5		
PT 5221 Ex Test/Prescription PT	1		
PT 5072 Dev Concepts: Adolescent to Geriatrics	2		
Total Hours	8**	Total Hours	

Total hours for major courses: 36

Total hours for minor (if used) courses: NA

Total all hours for degree: 122

+ Note: Taking ZOOL 2023 will add an additional one hour to the approved degree plan

****Those students recommended for the Fast Track DPT program must also enroll in PT 5811, PT 5014, PT 5082**

pass test Computer literacy competency

x Oral Communication competency *KINS 1573, 1583

x Degree Plan and Course Rotation Attached