

Texas Woman's University
Suggested Sequence of Courses for
B.A./B.S. in Kinesiology, All-Level Physical Education Teacher Certification
Department: Kinesiology
First Year at Texas Woman's University

Hours		Hours		
ENG 1013 Composition I	3	ENG 1023 Composition II	3	
HIST 1013 US History 1492-1865	3	HIST 1023 US History 1865-Present	3	
MATH 1013 Quantitative Literacy	3	GOV 2013 American Government	3	
KINS 1573* Evolving Discipline	3	KINS 1581 Fitness	1	
KINS 1583* Foundations of Assessment	3	HS 1902/1901 Fitness & Health	3	
		MATH 1703 Elementary Statistics	3	
Total Hours		15	Total Hours	
			16	

Second Year at Texas Woman's University

Hours		Hours		
ZOOL 2013/2011 Anatomy & Physiology I or ZOOL 2043/2041	4	ZOOL 2023/2021 Anatomy & Physiology II or ZOOL 2052/2051 and 1 hr elective	4	
GOV 2023 Texas Government	3	KINS 2622/2621 APE Service Delivery/Motor & Aquatic APE Instr. Lab	3	
Humanities (English literature)	3	KINS Technique Course	1	
Social Behavioral Science	3	KINS Technique Course	1	
EDUC 2003 Schools & Society	3	CSCI 3002** Advanced Computing Tech	2	
KINS Technique Course	1	Multicultural Women's Studies	3	
		Electives	3	
Total Hours		17	Total Hours	
			17	

Third Year at Texas Woman's University

Hours		Hours		
Visual/Performing Arts	3	EDUC 3001 Integ. Tech for Effective Learn	1	
KINS 3592/3591 Kinesiology & Biomechanics	3	EDUC 3003 Learning Theory & Development	3	
KINS 3633 Athletic Injuries	3	KINS 3573 Develop. Movement for Children	3	
KINS 3801 Practicum in Coaching	1	KINS 3602/3601 Exercise Physiology	3	
READ 3013 Literature across Curriculum	3	KINS 3643 Athletic & Fitness Program Mgt.	3	
KINS 4003 Low Ropes Experiential Activity	3	KINS 3811 Movement Activities for Children	1	
		Electives	3	
Total Hours		16	Total Hours	
			17	

Fourth Year at Texas Woman's University

Hours		Hours		
KINS 3103 Secondary PE Teaching Methods	3	Educ 4863 Student Teaching	3	
KINS 4573 Motor Learning & Development	3	Educ 4863 Student Teaching	3	
KINS 4593 Measurement & Evaluation in PE	3			
EDUC 4001 Integ Tech into Instruction & Assess	1			
EDUC 4113 Design & Implem Instruct/Assess	3			
EDUC 4243 Classroom Environment & Mgt	3			
Total Hours		16	Total Hours	
			6	

Total hours for major courses: 36

Total hours for minor (if used) courses: NA

Total all hours for degree: 120

x**Computer literacy competency (CSCI 3002)

x* Oral Communication competency (KINS 1573, 1583)

x Degree Plan and Course Rotation Attached