



INSTITUTE FOR WOMEN'S HEALTH

TEXAS WOMAN'S UNIVERSITY

Be part of an important nutrition research study

Are you a female between 18 and 45 years of age?

If your answer is YES, you may be eligible to participate in a nutrition research study.

Purpose of study: To determine if an Iodine Supplement can improve thyroid function, to reduce body fat, and increase metabolic rate in women, 18-45 years of age

Required criteria: Generally healthy women between 18-45 years of age who are neither pregnant nor wanting to become pregnant for one year (or the duration of the study); have been diagnosed with elevated TSH levels; and a doctor's recommendation to participate

You will receive: An analysis of body fat and bone density, metabolic rate measurement, dietary assessment, thyroid function assessment, and multivitamins or iodine supplement

The study will be conducted at:
The Institute for Women's Health,
Human Development Building [HDB], 013
Texas Woman's University
Denton, TX 76204

*Please call Dr. Nancy DiMarco at (940) 898-2792 or email
ndimarco@mail.twu.edu for more information. Participation is voluntary.*